



WYO-BRASKA AREA SERVICE COMMITTEE

P.O. Box 4263
Cheyenne, WY 82003



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WBASC Business Virtual Meeting 4.13.24

Meeting started at: 12:07 pm

Abby opened the meeting with the Service Prayer.

Service Prayer

“GOD, grant us knowledge that we may serve according to Your Divine precepts. Instill in us a sense of Your purpose. Make us servants of your will and grant us a bond of selflessness that this may truly be your work, not ours, in order that no addict, anywhere, need die from the horrors of addiction.”

Readings:

The Twelve Traditions read by Kristi.

The Twelve Concepts read by Shifa.

Roll Call Executive Committee:

Chair: Abby, present

Vice Chair: Gail, present

Secretary: Vacant

Treasurer: Vacant

RCM 1: Derrick, not present

RCM 2: Vacant

Web Servant: Vacant

Roll Call Project Leaders:

Activities Project Leader: Scott, not present, report sent.

H&I Projects Volunteers:

Amanda, Kristi

School Panel Project Leader: Eve, present

Unity Days Project Leader: Fox, present

GSR's:

Anchors Away: Samantha homegroup volunteer present.

Live from Laramie: Not present, report sent.

Not Alone: Kristi GSR present.

On Life's Terms: Fox GSRA present.

Recovery and Chill: Shifa GSR, present.

Serenity Seekers: Not present, No report.

Tried and True: Abby GSRA present.

Guests: None

NA Birthdays: Kristi – 6 months

New Groups: None

Opening Treasury Balance: \$2,367.49

Approval of Previous Minutes: **Forgot to approve, will need to next month.**

Executive Committee Reports:

Chair: Abby

Hello,

I was able to pass on the school panel tote to Eve. Kristi let me know she would be taking her meeting to Scottsbluff, I am eager to hear how it's going. It looks like my term as Area Chair will be up in June. I want to focus my efforts on the upcoming activities we have planned. I'm still in contact with Elliott from Denver about presenting a workshop about healthy boundaries. I would like to talk with one of the groups in Cheyenne about hosting the event, I think we can get better attendance that way. I would also like it to serve some food and create a comfortable environment where members can sit, eat and focus on listening. I think this topic can be uncomfortable and I want to make sure we keep an atmosphere of recovery where all are welcome and nobody is singled out. I have heard some particular concerns from members not just about inappropriate sexual behaviors but financial boundaries and what to do when members are asking for money from each other. I also have concerns about how to handle communication with addicts that have relapsed and want to reach out while they're high. Obviously this can be very hurtful and harmful and we can always use some guidance on these issues. I want to help make unity day a success and look forward to hearing about the event Gail and Karen mentioned.

I love you all Abby L

Questions: term ends September

Vice Chair: Gail

WBASC Vice Chair Report 4.13.24

Hello Wyo-Braska Area Committee Members,

I am still covering the Web Servant and Treasurer and will provide separate reports for these positions.

School Panel Projects:

Cheyenne - We have a new School Panel Project Leader, Eve, who took a panel in last week, from what I hear it went very well. Eve took up the responsibilities readily and has made contact with all the schools we interact with and has advised them she is the new contact person. I look forward to her report when she gets a chance to send one.

H&I Projects:

Laramie – there is a new contact person there who is in training now, it is unclear if that person is willing to be a Project leader, but we do get reporting from the Live from Laramie GSR.

Nebraska – Kristi – she has requested white booklets, I need to clarify with her that we will be purchasing the Intro to NA instead due to the staples in the white booklets. Once she approves that change, I will order them.

Cheyenne – Men – Mike has stepped down from H&I Project Leader but will still be taking meetings into the Laramie County Jail, we appreciate all his service and just asked if he could let us know if they need anything from Area. There are currently only 2 men who are taking meetings in, I believe they go

in twice on Tuesdays, and they are going into the pods. Please announce that they need more volunteers for the men's side.

Cheyenne – Women – we do not currently have a Project Leader for the women, but Kathy W has generously stepped up and started communications with the program person, they are currently negotiating a time that works for everyone. We have 3 volunteers for the women's side at this time. Please announce that we need more female volunteers.

Activities Projects:

Project Leader – Scott – has sent an email of his report, two members have requested an activity to celebrate 40 years of NA in Cheyenne.

I am so grateful for all of you that show up, suit up and are ready to serve Narcotics Anonymous. Your commitment and sacrifices do not go un-noticed. Thank you all for your service!

ILS Gail W. WBASC Vice Chair

Questions: none

Treasurer: Gail

Treasury Report 4.13.24

Hello Wyo-Braska Area Committee Members!

The online banking for today shows an available balance of \$2,367.49.

Attached to the email is the spreadsheet and statement from last month.

General Funds had expenses in the following:

Operating Costs:

TracFone for Venmo:	\$19.63
PO Box:	\$0.00
Zoom Account:	\$0.45 Will renew on May 14th for \$135.91.
Bank Service Fee:	\$0.00
Storage:	\$240.00
Service Material:	\$100.00 GSR Assembly attendance assistance.

RCM Travel Expenses: **\$0.00**

Web Servant Expenses: **\$0.00**

Projects Expenses:

Activities Projects expenses:	\$0.00
H&I Projects expenses:	\$0.00
Learning Day Projects expenses:	\$40.00

Merchandise Projects expenses: \$0.00
School Panel Expenses: \$93.75
Unity Day Project expenses: \$0.00
Unity Day Project Income: \$0.00

Budgets:

The balance for each committee is below as of today:

Prudent Reserve: \$300.00
 General Funds: \$573.40
 RCM: \$250.00
 Web Servant: \$50.00
 H&I Projects: \$23.50
 School Panel Projects: \$6.25
 Activities Projects: \$200.00
 Learning Days Projects: \$200.00
 Merchandise Projects: \$389.34
 Unity Days Projects: \$375.00
 Total: \$2,367.49 **matches online balance**

Venmo:

Venmo Transfers (In): \$131.00
Venmo Transfers (Out): \$484.39
Cash Deposits: \$0.00

Group Donation Deposits: \$131.00

Anchors Away	
Clean and Serene	
Live from Laramie	
No Matter What Group	
Not Alone	
On Life's Terms	\$50.00
Recovery and Chill	\$1.00
Serenity Seekers	\$50.00
The Tried and True Group	\$30.00

Bank Transactions:

POSTED DATE	DESCRIPTION	AMOUNT	CREDIT/DEBIT	SOURCE
4/10/2024	VENMO DEPOSIT	\$1.00	Credit	RECOVERY AND CHILL
4/8/2024	VENMO DEPOSIT	\$30.00	Credit	TRIED AND TRUE
3/18/2024	VENMO PAYMENT	(\$104.39)	Debit	NAWS DONATION
3/14/2024	TRACFONE	(\$19.63)	Debit	PHONE PAYMENT
3/13/2024	ZOOM	(\$0.45)	Debit	ZOOM
3/13/2024	VENMO DEPOSIT	\$50.00	Credit	OLT
3/12/2024	DEBIT NAWS	(\$93.75)	Debit	LIT FOR SCHOOL PROJECTS
3/11/2024	VENMO PAYMENT	(\$280.00)	Debit	TOM - CHURCH STORAGE AND LEARNING DAY
3/11/2024	VENMO PAYMENT	(\$100.00)	Debit	ABBY-GSR ASSEMBLY
3/11/2024	VENMO DEPOSIT	\$50.00	Credit	SERENITY SEEKERS

The Region donation for \$100.00 has not cleared the bank yet.

Thank you for allowing me to be of service, Gail W

Questions: none

RCM 1: Derek

RCM REPORT TO REGION:

RCM REPORT TO AREA:

No report

Questions:

RCM 2: vacant

Questions:

Web Servant:

Web Servant Report 4.13.24

Hello Wyo-Braska Area Committee Members,

The website has been updated with the new meeting place for the Not Alone Group, added the flyer to the group flyer page, removed old flyers, added the regional convention to the events page, removed the guidelines until they have been updated and approved. Also the date of the next area meeting was updated.

The area archive page has been created and is in draft status. I have been formatting all the minutes I have to be able to upload the to the page. We cannot create actual folders on our site, so I am combining each year into one document. For example: all of 2023 will be in one pdf.

Some of the files are secured with a password, so I am unable to convert the at this time, but fortunately, I do know who created those minutes and I sent them to her, and she will convert them for us.

I am also missing some minutes and will put out a call for anyone who may have them saved from previous trusted servants.

In the last 30 days we have had:

Users ?	New users ?	Average engagement time ?
275	389	5m 27s

The top 3 pages visited are:

Meeting List - Wyo-Braska Area of Narcotics Anonymous	517
Home - Wyo-Braska Area of Narcotics Anonymous	188
Events - Wyo-Braska Area of Narcotics Anonymous	43

ILS, Gail W. Interim Web Servant

Questions: none

Group Reports:

Anchors Away:

Dear peeps in service:

Anchors Away is doing fine. We have an average attendance of 6-7, and we remain financially self-supporting.

Love, Nile Acting Alternate Substitute Assistant GSR Anchors Away

More info from Samantha – attendance is good looking for chairs to open eve currently chairs Sunday, \$100.00 donation.

Questions: is Samantha the GSR? Samantha is volunteering to stay in contact with area.

Live from Laramie:

From Chris:

I will not be attending area today and neither will Mark. I will catch up with you guys next month. Our group continues to grow. H&I is going well. We are willing to do the pizza party here in Laramie on the 20th of April. We are sending you a donation to area through the mail so watch the post office box. Thank you for letting me be of service.

Questions: none

No Matter What Group: Not participating currently, keeping on roll call.

Questions:

Not Alone:

Good afternoon,

For March, we had a total of 7 attendees. Giving us an average of 2 per meeting. The group has officially made the move as of Sunday March 31st to the First United Methodist Church 2002 4th Avenue Scottsbluff, NE. The meeting remains an open meeting of NA every Sunday at 4:00 pm. I will attach our updated flyer. The group would also like to ask area if they would arrange for 20 of the small white NA booklets to be sent to the Scottsbluff Detention Center 2522 7th St. Gering, NE. I was informed they do need to come from the supplier rather than brought in or mailed from the group. We do not have a donation to area this month.

Kindest Regards, Kristi Not Alone GSR

Questions: had a conversation with Clean and Serene, the group is looking for different options as they are not able to fulfill some financial responsibilities.

On Life's Terms:

Hello humans,

In April we had a total number of 239 humans in attendance and 4 newcomers. At this time we do not have a monetary donation. On Life's Terms is hosting a bowling night on April 13th from 8:30 to 10:30 pm. Apologies for the short notice. It could not be booked until the Thursday before.

In Loving Service, Fox 🦊

Questions: web servant did not put flyer on site due to event is today

Recovery and Chill:

Hi all,

We had a total of 47 attendees for the month of March. We had \$1.00 donation to the Area venmo. Our group conscious is the second Tuesday of every month following the meeting, I forgot to do this in March and April, unfortunately. Fox is no longer co-chair or alternate GSR, thank you for your service.

Angela has just started as co-chair, along with Wayne, and myself. I'm excited for the Area events/projects we have coming up in the Chair's report.

ILS, Shifa

Questions: none

Serenity Seekers: No report

Questions:

Tried and True:

We continue to have steady attendance even though the group remains small. We have had one newcomer, with an average of about 4 or 5 addicts in attendance each week.

We are a study group, focusing on the 12 Steps, 12 Traditions and 12 Concepts with open discussion. April we will be discussing Step 5, Tradition 5 and Concept 5.

We meet Thursdays at 6:00 PM at the Grace United Methodist Church in the library.

We now have completed purchases for supplies and books for members to reference, have paid our rent forward 3 months and have an area donation of \$30.00.

Our GSR has resigned due to moving to another state, we currently have an alternate GSR, and are in need of a new GSR, a treasurer and a secretary.

ILS, Home Group Member Gail W.

Questions: none

Project Leader Reports:

Activities Project Leader: Scott

Hello all, and happy April. I will be out of town this weekend and unable to be on the zoom meeting. I did get an email from Gail and Karen about wanting to do an event in July for the 40th anniversary of NA. They would like to do an event in a local park with food and beverages provided by Area, like burgers and dogs, or brauts. There would be only one weekend in July that I would be able to help out with, and that would be the afternoon of the 13th if we have it on a Saturday. I'll get with Gail and Karen to see when they plan on doing it. Thanks to everyone for their continued service!! ILS Scott!

Questions:

H&I Projects:

Cheyenne Women's - Amanda – waiting on the programs person to get back for scheduling for the women.

Nebraska – Kristi – okay with sending Intro to NA booklets instead of the white booklets.

Questions: none

School Panel Project Leader: Eve

Went into Johnson Jr High last week with 3 panel members.

Carey Jr High trying to get re-scheduled before the end of the school year.

Central wanted to schedule but there is a scheduling conflict.

Questions: none

Unity Days Project Leader: Fox

Hello humans,

I have no updates on Unity Days at this time. Still in search of a speaker and working on merchandise for the silent auction. Stay tuned for more info.

In Loving Service, Fox 🦊

Questions: when will there be a flyer? They are working on it, Abby offered to assist, still need to look at merchandise.

Sharing Session:

Boundary Panel – bringing a person from outside our area to present the material have someone from the Mile High Area and she is available and would like to do this. Abby would like to start planning this – Abby will be the Learning Day Project Leader June being the possible month to have this.

Moving funds to H&I – putting the reimbursement of GSR assembly funds into H&I for lit purchases

Where is the region donation? Abby is going to see if it got returned.

6 shirts left over – donating 3 to OLT and 3 to Laramie

Old Business:

Pizza party for the Capture the flag winners – in Laramie on the 20th they will order and pay for the pizza with the debit card. Possible budget 250.00 ugh

New Business:

None

Elections:

Annual Elections: No Nominations at this time

January No Election

February RCM and RCM2 (two-year position each) Derrick elected: June 2023

March Activities Project Leader (two-year position each) Scott elected March 2023

June Secretary (two-year position each) Open since: July 2023

July Treasurer (two-year position each) Open since 2021

August Unity Days Project Leader (1-year position) – Appointed only: Fox Jan 2024

September Chair and Vice Chair (two-year position each)

Chair was elected December 2022 – next election for Chair will be September 2024

Vice Chair was elected November 2023, next election for Vice Chair September 2025.

October No Election

November No Election

December No Election

Open positions RCM 2, Secretary, Treasurer, Web Servant

Disbursements: \$0.00

Next area meeting:

May 11th 2024 Close meeting with prayer. Ended at 1:15 pm