



WYO-BRASKA AREA SERVICE COMMITTEE



P.O. Box 4263
Cheyenne, WY 82003

1-866-4NO-DOPE
(1-866-466-3673)

www.wyo-braskana.org
help@wyo-braskana.org

9/10/22 12:00 Noon WBASC Business Meeting Minutes

KEY: Tabled Items: Highlighted in **Green**, Items to Be Brought back to groups in **Red**, Items in Need of Clarification in **Yellow**

*Opened with Service Reading read by Nile
The Twelve Traditions read by Abby
The Twelve Concepts, read by Abby*

Roll Call Executive Committee:

Chair: Abby

- Absent
- Present

Treasurer: Gail, interim

- Absent
- Present

Vice Chair: Nile C.

- Absent
- Present

RCM 1: Jeremy

- Absent
- Present

Secretary: Tom G

- Absent
- Present

RCM 2: **vacant**

- Absent
- Present

Roll Call Sub-Committees:

Activities Chair: **vacant**

- Absent
- Present

PR Chair: **vacant**

- Absent
- Present

Ad Hoc, Unity Days: Abby

- Absent
- Present

Web Servant: Abby

- Absent
- Present

GSR's and Guest

- Anchors Away: alt-GSR Nile-present
- Live from Laramie: GSR Chris-present
- No Matter What: alt-GSR PJ- present
- On Life's Terms: GSR Derek- present
- Recovery and Chill: GSR Shiffa-absent
- Serenity Seekers: GSR Tom G-present
- Guest: Scott
- Guest: Quinton
- Guest: Rhonda
- Guest: Mark: alt-GSR Live from Laramie
- Guest:

GUIDING PRINCIPLES STUDY-Tradition 7: Discussed Question 9

NA Birthdays:

Jason K: 12 years

Derek: 6 years

New Groups: none

Opening Treasury Balance: \$2543.38

Approval of Previous Minutes: December minutes

Executive Committee Reports:

Chair: Abby

Hello family,

This is my first area as chair. I am grateful for the opportunity to serve and hope I can be effective in this new role. I'm still learning as always. So far I have put the PO Box in my name and Dave gave me his key as well as some PR materials. I will be adding my name to the bank account soon.

In loving service,

Abby

Vice Chair: Nile

All is well.

Treasurer: Gail (interim)

Hello!

Opening Balance per the bank statement for December 11th, 2022: **\$3,001.43.**

Opening Balance per the bank statement for January 11th, 2023: **\$2,543.38.**

The online banking for today shows an available balance of \$2,543.38

The Freedom Voice account has been deactivated and will no longer be a line item for PR.

Transactions that have been recorded:

General Funds had expenses in the following:

Transfer of funds:

To PR: **\$154.58 x 2 = \$309.16 (December and January)**

Operating Costs:

Meeting space: **\$20.00 November (question) \$40.00 December**

TracFone for Venmo: **\$19.58**

PO Box: **\$0.00**

Zoom Account: **\$0.00**

RCM travel expenses: \$0.00

PR expenses:

Fellowship Development: **\$0.00**

H&I **\$174.97**

Meeting Lists: **\$0.00**

Website: **\$0.00**

PR received their monthly transfer of funds of \$154.58 x 2 = \$309.16

Unity Days expenses: \$0.00

Activities: \$0.00

Budgets:

The balance for each committee is below as of today:

Prudent Reserve: \$300.00

General Funds: \$74.45

Chair: \$100.00

Vice Chair: \$0.00

RCM: \$500.00

Secretary: \$49.26

Treasurer: \$0.00

Activities: \$300.00

PR: \$681.13

Unity Days: \$500.00

Total: \$2,505.14

Difference from spreadsheet to bank online balance is a **positive \$38.24**

This is still the same as reported in November, and I still have no clue, somewhere between the spreadsheet and the bank account we have an extra \$38.24, I will continue to try to reconcile this in my spare time!

Venmo:

Nov 21 From Group Donations **\$250.00**

Dec 13 To Tom for Area Storage **\$240.00**

Dec 13 To Tom for meeting space **\$40.00**

Dec 20 To Tom for Area Stamp **\$23.08**

Dec 20 From Group Donations **\$20.00**

Venmo Transfers (In and Out): \$553.08

Cash Deposits: \$0.00
 Group Donation Deposits: \$270.00

Anchors Away	
Live from Laramie	
No Matter What Group	\$20.00
On Life's Terms	\$150.00
Serenity Seekers	\$100.00

There is a question on how the \$20.00 rent was paid to Live from Laramie for the meeting in November. The \$20.00 from the No Matter What Group was sent via Venmo by Dave and is recorded in the December transactions.

All Bank Transactions:

Date	Description	Type	Debit	Credit	Balance
11/21/2022	VENMO DEPOSIT	DIRECTDEP		\$250.00	\$3,021.01
11/28/2022	TRACFONE	POS	(\$19.58)		\$3,001.43
12/13/2022	VENMO PAYMENT	DIRECTDEBIT	(\$240.00)		\$2,721.43
12/13/2022	VENMO PAYMENT	DIRECTDEBIT	(\$40.00)		\$2,961.43
12/20/2022	VENMO PAYMENT	DIRECTDEBIT	(\$23.08)		\$2,718.35
12/20/2022	VENMO DEPOSIT	DIRECTDEP		\$20.00	\$2,741.43
12/27/2022	POS 014974 NAWS	POS	(\$174.97)		\$2,543.38

*** Just a reminder that the opening balance is from the bank statement, and the balance from the spreadsheet may be different due to how we report. ***

On a side note, I went into the Zoom account to send out the invite this morning and the storage was over capacity and recording was going to be disabled as of the 18th. I downloaded all the available recordings and will keep them in a folder on my computer for anyone who needs them and deleted everything up to the last two recorded area meetings. I also had to get a verification code to log on and went into the help@wyo-braskana.org email to get the code and saw quite a few emails (over 130) in the inbox. I created folders for Bank of the West, Zoom and Venmo and moved the emails from them to their folders, deleted junk irrelevant emails. I made sure there were no emails from members that needed a response. Right now, there are two emails in the inbox, one for the convention committee that had also been sent to convention committee email, and one that is a hacker trying to get bitcoins from us (dumbass). I left them there for the committee to decide to delete or save.

RCM 1: Jeremy

Hello Area

I don't really have much to put in to a report. I attended the Car Workshop in December. I then went to OLT and Serenity seekers with the tally sheet to give out to members. I hope to go to more meeting in our area this month as I have more time and ability to do so. Abby, Gal and myself also read the CAR at the business meeting last night at serenity seekers and answered questions.

I also attended the New Years party for the convention fundraiser and think it went well. We were able to contribute to the upcoming State Convention.

I am excited to start to visit more groups in and out of our area. Thanks for allowing me to serve the WyoBraska area.

Jeremy W

RCM 2: Vacant

Group Reports:

Anchors Away: Nile

Switched some formatting of the group so they use SPAD now. Its going very well. Its allowed them to dig into all of the different literature.

Live From Laramie: Chris

Things are going well. Their New Years event went well but disappointed that no one showed up from Cheyenne for their New Years even event. They'd like to see more people come. They have some stuff happening in Feb.

On Life's Terms: Derek

Hi family,

Hope all is well. Our group has been doing good. Our attendance has dropped just a bit. With an average of 12. And only a few new comers. We meet every Monday at 6pm, Wednesday at 7pm, and Thursday at 7pm. Our group conscience is every first Monday of the month following the meeting. Every second Wednesday is our speaker party with food and drinks. We will be going over the CAR stuff at our next group conscience meeting. We currently have no donation.

Thank you ILS

OLT (Derrick T)

No Matter What: Angie

Sorry I am unable to attend today, but please give PJ a warm welcome to area again! Show him service work is fun cuz I need help here lol. I was reading the minutes from last month and saw that Gail is wondering about \$20 from our group. Is this regarding the donation from September? That is the last time we were able to donate to area according to our treasury report as well as our area reports. Unless I have missed something in my reports. The only other amount of money discussed was what was found in the items donated by the other groups that we were told our group could keep, was that correct? Our meeting continues to remain consistent with 5-10 people. We have one consistent member on zoom. Our meetings are Thursdays 7pm at First Christian Church in Wheatland or over zoom. I am really trying to push for others to step up especially during this time of the year.. We have been successful in our group with adding things that have been helpful and just new idea's, I am hoping that begins more service work in other area's as well, but who knows. Some are uncomfortable with the changes and aren't really pleased, but that's when people should come to businesses meetings and step up for service work in my opinion. Least we got PJ here stepping up today! Also change is inevitable and growth is optional so.... We have no new business and no concerns at this time. Our donation to area this month is \$20.

ILS

Angie T GSR

Tab M Treasurer

-Area is refusing their group donation in lu of rental space for Area held in their space on 1/14/2023

Serenity Seekers: Abby

260 members in attendance in December. Laramie has out flag. We have a \$200 donation that was sent last night.

Recovery and Chill Virtual Meeting: Shiffa

Hi,

Unfortunately, I will be unable to attend Area tomorrow as GSR. Hopefully our co-chair Yoshi may be in attendance.

Please see below for our group's report. Should I add this to the Google Group as well or instead?

Wyo-Braska NA virtual meeting Recovery and Chill, continues to meet every Tuesday 6-7pm on Zoom.

GSR Report:

1. Meeting attendance remains consistent between 5-12 people; average group attendance is about 7.
2. No new matters were brought up at the group conscious.
3. We have no monetary donations to report, and continue to direct folks to the Area's Venmo account.
4. We will not be representing ourselves as a group at the convention in May, as being a virtual meeting, it is difficult to gain home group members to participate in this convention.

Thank you,

Shifa

Sub-Committee Reports:

Activities Chair: Vacant

Ad Hoc Unity Days: Abby

Hello, tomorrow will be our first Unity Days planning meeting. This will take place after convention planning around 3pm at Harvey's home. Please join us!

Abby

Ad Hoc Laramie H&I: Mark

Thank you for the books. He has been dropping off phone lists at the hospital, jail and a few other places.

PR Chair: Vacant

Web Servant: Abby

Hello,

I am still having trouble getting our meeting list current on NA.org. I will continue trying to fix that. Removed Area phone number from the phone list and also added the Area guidelines to the website. I am looking to train a new web servant. I added the area guidelines to the website.

Abby

-Gail: please add the World ID to the website and update the PO Box online

Serenity Break: 1:05PM-1:15PM

Sharing Session:

1. Capture the flag
 - a. The game started 1/01/2023
2. Stamping any literature distributed by Area
 - a. Jeremy brought up a lack of information about our Area while in and then after he was incarcerated.
 - b. The secretary used some of his allotted funds to purchase a stamper with our email address and website on it so that any disbursed literature will have our contact information in it
 - i. This is a "good practice" as per the H&I handbook.

-each jail will have different rules and regulations and procedures so it will be a case-by-case basis. A stack of meeting lists with all the other literature would work too.

-all the groups expressed they want to stamp their own literature with the stamper too.

3. Groups donating literature to the Regional Convention
 - a. Not Area business since it's a Regional issue

Old Business:

1. Scottsbluff Letter
 - a. We talked about sending Scottsbluff a letter letting them know that it is fine if they do not want to participate at the Area letter but, internally, we will discuss renaming ourselves since we have no participation from Nebraska.
 - b. Abby and Tom drafted the letter and are ready to present it for review

-we may need to make it a little clearer that we want to separate from Nebraska if we continue to have no participation from Nebraska groups.

2. Removing the 12 Values reading from the Area Intro and making it a Trusted Servant Oath for each trusted servant.
 - a. Secretary realized that there have been a multitude of changes since the last guideline update in July of 2022 and would appreciate if everyone would take the time to review the changes.

-will try and get everything pushed out and fixed by the time I send out January minutes

3. PO Box Update
 - a. Dave's key?
 - b. Chair still needs to switch the PO Box to the Chair's name
 - i. payment due 4/20/2023

-Abby has the price on the PO box. Will include that when I push out the guidelines in January

4. (REVIEW in June 2023) The questions of "What is Area doing for Us Now," was brought up by two different groups.
 - a. Many folks suggest reviewing the minutes for better detail about what Area does.
 - b. We will revisit the idea of an Area inventory in 6 months

5. Bring up guideline' responsibilities.
 - a. Who's responsibility is it to monitor the help@wyo-braska.com email? Not stated in the Guidelines.
 - i. Probably web servant or secretary.
 1. Consensus decision to add the responsibility of checking the email

New Business:

1. What does H&I need?
 - a. Meeting lists
 - b. Stamper
 - c. Other literature?
 - i. Use PR funds for this stuff
 - d. Gail has a tote of PR stuff and we need to order more stuff.
 - i. Have the Ad Hoc committees take an inventory of what they need and let us know next month
2. Jason wants to get the school panels back up and running in at least the Cheyenne Area.
 - a. Ad-Hoc committee for the school panels. Mark would be interested and wants to try and make some stuff happen in Laramie too.
 - i. We can form an Ad-Hoc committee to tackle this.
3. Issues with groups not having bank accounts so they have a hard time taking checked directly for the groups.
 - a. We will double pay live from Laramie in February for the last time we used their meeting space
4. Donation to World and Region
 - a. We are unable to donate at this time since we only have \$70.00 in our bank account.
 - i. We will revisit in July

Elections:

Activities Chair: Scott, lets revisit in April. We want to see him around for a few months and get a year clean.

PR Chair:

RCM 2:

Treasurer:

Disbursement:

Rent: Not applicable because we refused their \$20.00 in lu of meeting rental space.

Next area meeting: 12:00PM 02/11/2023; Laramie



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2/11/2023 12:00 Noon WBASC Business Meeting Minutes

KEY: Tabled Items: Highlighted in **Green**, Items to Be Brought back to groups in **Red**, Items in Need of Clarification in **Yellow**

*Opened with Service Reading read by Abby
The Twelve Traditions read by Jeremy
The Twelve Concepts, read by Abby*

Roll Call Executive Committee:

Chair: Abby

Absent

Present

Treasurer: Gail, interim

Absent

Present

Vice Chair: Nile C.

Absent

Present

RCM 1: Jeremy

Absent

Present

Secretary: Tom G

Absent

Present

RCM 2: **vacant**

Absent

Present

Roll Call Sub-Committees:

Activities Chair: **vacant**

Absent

Present

PR Chair: **vacant**

Absent

Present

Ad Hoc, Unity Days: Abby

Absent

Present

Web Servant: Nile

Absent

Present

GSR's and Guest

- Anchors Away: Nile
- Live from Laramie: Chris
- No Matter What: PJ
- On Life's Terms: Rhonda
- Recovery and Chill: absent, report submitted
- Serenity Seekers: GSR Quinton present
- Guest: Jay
- Guest: Kendall
- Guest: Wallace

GUIDING PRINCIPLES STUDY-Tradition 8: Discussed Question 3

NA Birthdays:

Abby: 3 years

Jay: 18 months

Gail: 26 years

Wallace: 6 months

New Groups:

Kendall: new group in Torrington. No name yet.

Opening Treasury Balance: \$2,743.38

Approval of Previous Minutes: January minutes approved

Executive Committee Reports:

Chair: Abby

Hello WABASC,

It has been an eventful month. I had the great pleasure of attending a new meeting in Torrington and meeting with the lovely Kendall. She is very passionate about recovery and I know we will all welcome her and support the new meeting in Torrington. I have added myself to the area bank account and will have a debit card in my name and can sign checks.

Dave has removed himself and now Gail and I are the two signers on the account. I'm checking the PO box Friday evening and will report what I find. I am excited to hear reports from Jason, Mark and Jeremy about their H&I efforts. I hope everyone has my phone number, if not it is 307-221-5224. Contact me anytime.

In Loving Service,

Abby L

Vice Chair: Nile

Starting to investigate working on the webpage and is feeling more confident while working on it. He has a few things he wants to target to work on.

Treasurer: Gail (interim)

Hello!

The statement does not come out until the 12th.

The online banking for today shows an available balance of \$2,743.38

Transactions that have been recorded:

General Funds had expenses in the following:

Transfer of funds:

To PR: **\$154.58**

Operating Costs:

Meeting space: **\$0.00**

TracFone for Venmo: **\$0.00**

PO Box: **\$0.00**

Zoom Account: **\$0.00**

RCM travel expenses: **\$0.00**

PR expenses:

Fellowship Development: **\$0.00**

H&I **\$0.00**

Meeting Lists: **\$0.00**

Website: **\$0.00**

PR received their monthly transfer of funds of \$154.58

Unity Days expenses: **\$0.00**

Activities: **\$0.00**

Venmo:

Jan 17 From Group Donations **\$200.00**

Venmo Transfers (In and Out): **\$200.00**

Cash Deposits: **\$0.00**

Group Donation Deposits: **\$270.00**

Anchors Away	
Live from Laramie	
No Matter What Group	
On Life's Terms	
Serenity Seekers	\$200.00

The spreadsheet is a mess, I have no idea what is going on with it and to be completely honest, I don't know when I will have the bandwidth to figure it out. So, I am not providing budget numbers or the spreadsheet at this time. Basically, we have money...

Thank you for allowing me to be of service,

Gail W

RCM 1: Jeremy

Hello Wyo-Braska service community.

On the 4th of February I attended the URMRNA service committee meeting in Casper Wy. A lot happened in this meeting. Frist I would like to share that a new Alternative Delegate was elected, Shawn S. He also agreed to continue as regions Treasurer until a new one is elected. This service body also decided to order literature, to be taken to DOC facilities around the state. This literature was purchased with funds already put aside. Due to a detailed report presented by Reno and Jenny who has been going in to the DOC Facilities already they were able to get the right materials to the facilities that needed them. This body also voted to appoint Rollo to be the representatives and contact between the state DOC to the regional body. It was asked if the RCMs would again bring it back to the areas. To see if they thought it would be beneficial or needed to have a Regional PR or H&I chair to help assist and train areas in H&I efforts and to be a line of communication between the different area.

The gray book came up and it was agreed upon that only approved NA material should be distributed and presented to the NA fellowship.

We were also presented with a program called P3 or Project Primary Purpose. This program is out of Nebraska, with the intent to get Basic Text to inmates. They achieve this goal by selling Hoodies and T-Shirts. With the sale of these items they are able to send a book at no cost to inmates behind the walls. Once they were reached out they said they would be able to absorb this region in to their program as this state is so small in its needs. The URMRNA agreed this would help with getting materials in to the facilities and that it would be in our interest to work with this already established body. Even with the region adopting this it is still up to the individual area if they would like to include it in their individual H&I efforts for local jails.

The expense of this regions Delegates travel expenses were also voted upon and accepted. As usual this region will be sending its Delegates to the World Serves Conference without accepting any money from the World Board.

On February 3rd I was also able to talk with the assist director of the halfway house in Cheyenne, CTC after this meeting we were able to work on a solution that both protects our traditions and anonymity while also getting more of their residents to attend meeting in a timely fashion. It was agreed by the individual meetings and the facility that stamps would be the best way to sign the attendance sheets. With many members in this area volunteering to put their name on contact lists and to give rides this was able to happen. The Cheyenne Transition center did as if there would be any way to get a meeting in the facility for the residents that cannot leave. That offered the conference room so that it would be private and off of audio, they also asked for three basic text. One for the females, one for the males and one for visitation.

I would also like to say just how excited I am with the forming of a new meeting in Torrington. I was gifted to be able to attend one of their meeting and was excited on just how much inspiration and hope that it awarded me. I wish that this body do everything possible to support and help in the effort to see this meeting both grow and sustain for future.

In Loving Service

Jeremy W. RCM

RCM 2: Vacant

Group Reports:

Anchors Away: Nile

Good attendance 6-10 people per meeting. 2-3 of the folks are usually new. Good 7th traditions. Finally got a new coffee pot. Got their stamp. No more church restrictions.

Live From Laramie: Chris

Tonight is the Valentines day like event. Their group attendance is up. They had 29 people the other night. They have the BBQ coming up in July, Camp Out in Aug usually the 2nd week (11, 12, & 13). Average 10-12

On Life's Terms: Derek, absent

Hey Wyo-Braska,

I will not be in attendance today due to a cold. Our group is doing well, attendance is a little bit down this last month. With a total attendance of 128 addicts for January and an average of 10 per meeting. At our last group conscience, we went over the CAR motions. I would like to thank our RCM Jeremy, for attending and answering any questions.

Thank you,

Derrick T OLT

No Matter What: PJ

Hello NA Family,

Hey I'm PJ a Recovering Addict and I'm filling in for Angie today. Our meeting continues to remain consistent with 5-10 people. We have one consistent member on zoom. Our meetings are Tuesdays @ 7 pm & Thursdays 7pm at First Christian Church in Wheatland or over zoom. Our new Tuesday meeting is a SPAD meeting, we are hoping it continues to grow and attracts people to another night of recovery. People are starting to step up and new formats are going well. We have no new business and no concerns currently. We have no donations this month.

ILS

Angie T GSR

Tab M Treasurer

Serenity Seekers: Quinton

243 in attendance with 5 new comers with an average of 20 people per meeting. Still Tom is the new secretary.

Recovery and Chill Virtual Meeting: Shifa

Hi all,

I am in Denver this weekend so I won't be at Area tomorrow unfortunately, but I'll try to log on to Zoom as GSR. Maybe our co-chair Yoshi will be in attendance as alternate. Please see below for our group's report. Wyo-Braska NA virtual meeting Recovery and Chill, continues to meet every Tuesday 6-7pm on Zoom.

GSR Report:

1. Meeting attendance remains consistent between 4-10 people, average group attendance is about 7.
2. Group conscious will be held this coming Tuesday, instead of it's usually time on the first Tuesday of the month.
3. We have no monetary donations to report, and continue to direct folks to the Area's venmo account.

Thank you,

Shifa

Sub-Committee Reports:

Activities Chair: Vacant

Ad Hoc Unity Days: Abby

We will meet at Harvey's right after Convention Planning committee meeting.

Ad Hoc Laramie H&I: Mark

Tom the Laramie ACDC detention center update I have got 2 people approved 2 waiting for approval the meeting time is every Tuesday at 6-9 pm we were supposed to have our first meeting last week however upon arrival they were told it might take a while cause lawyers were using the room after waiting 1 1/2 hours there were told that it was not going to happen come back next week.

The books that area donated to the jail here has been taken in and they keep one for the meeting and put 1 in each pod they were greatly appreciated thank you WyoNeb for the books, next I'm going to try and make progress with the jail in wheatland.

Thanks Mark P Holaday H&I Adhoc

PR Chair: Vacant

Web Servant: Nile

It needs some work but Nile is intimidated and taking the time to make sure it all goes well.

Serenity Break: 1:25-1:36

Sharing Session:

1. Guideline revisions
 - a. Voting on changes
 - b. Adding "Must put the PO Box under the name of the acting Chair" to the responsibilities of the Chair in the Guidelines
 - c. No objections to any of it. Changes pass
2. We will owe storage space rent in March to the church
 - a. Everyone is ok with and understands that. We will provide that number.
3. Reiterating why we require NA Steps and NA Sponsor to be in service
 - a. A member wants us to review that and consider waiving that for members with 25 years or more. When they were in treatment, they could only do AA steps.
 - i. Area wants to know why he wouldn't do NA steps with an NA sponsor.
 - ii. Chris: maybe we think about a case-by-case basis
 - iii. Nile: did AA steps but when he started NA meetings he switched over.
 - iv. In Summary: we want folks to be working and living an NA program of recovery which means NA steps, NA sponsor, NA traditions, etc...
4. Vote to take money out of PR budget to reimburse Torrington Meeting for their literature
 - a. It was purchased by a non-NA member who only had good intentions.
 - b. Any opposition to reimbursing this person: none, consensus pass
5. Need a report from Jason on school panels, report from Mark, and anything from Jeremy that he has uncovered while looking into H&I related activities.
 - a. Jason School Panels: nothing is happening yet. Going to two places on Wednesday to start getting his contacts back to start these panels.
 - i. Mark: please reach out once you do
 - b. Already hear from other folks

Old Business:

1. Scottsbluff Letter
 - a. We have not worked on it. Revisit in March.
2. What does H&I need?
 - a. Meeting lists
 - b. Stamper
 - c. Other literature?
 - d. Use PR funds for this stuff
 - e. Gail has a tote of PR stuff and we need to order more stuff.
 - i. Have the Ad Hoc committees take an inventory of what they need and let us know next month
 - f. MARK: needs Area meeting lists, just stocked the Jails with books,
 - g. Jeremy: (3) basic texts for CTC
 - i. Consensus passes for dispersion
 - ii. More fiscally responsible or the white books
 - h. Jason: needs everything
 - i. Please get us a list

3. Getting Area to buy each item of literature so we can read through all the literature
 - a. We need an itemized list of the books that we want to be purchased
 - i. Guide to local services, Guiding Principles, 12 Concepts, Group Booklet
 1. Need to reimburse Serenity Seekers for the (2) Guiding Principals
 - ii. Consensus pass
 - b. Why is Amazon stuff priced so high?
 - i. Abby: make sure you're buying it from NAWS on amazon otherwise the 3rd party sellers will jack up the price
 - ii. Jeremy: this is why World is against 3rd party sellers
 - iii. Rhonda: she is getting stuff from the faster than they were
 - iv. Ask some of the other groups if you can purchase literature from them

New Business:

1. Region is still pushing for H&I and PR at the regional level.
 - a. The DOC is a gov body and is getting tired of the confusion. There should be only one point of contact that dictates days and times where H&I can go in.
 - b. Need to get with Big Steve about this
 - c. We utilize P3 to help fund this and region has set aside from last year \$3700.00 for the budget. They did just get a lot more money.
 - i. The regional bodies like this idea.
 - d. Do the groups/Areas want to work with the Region H&I chair?
 - i. How can the Region H&I Chair assist with H&I at the more local level?
 - ii. If we are interested how do the groups want to see this work?
 - e. Getting contact info to Jay about groups in Thermopolis

Elections:

Activities Chair: Scott, lets revisit in April. We want to see him around for a few months and get a year clean.

PR Chair: Mark has 11months so we will revisit PR Chair next month.

RCM 2:

Treasurer:

Disbursement:

Rent: double pay Laramie for their meeting space (\$40.00). We owe them for November of 2023 and now February of 2023

Reimburse Serenity Seekers for guiding Principles:

Next area meeting: 12:00PM 03/11/2023; Cheyenne, 2950 Spruce Dr, Cheyenne, WY 82001



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Cheyenne, WY 82003

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www.wyo-braskana.org
help@wyo-braskana.org

3/11/2023 12:00 Noon WBASC Business Meeting Minutes

KEY: Tabled Items: Highlighted in **Green**, Items to Be Brought back to groups in **Red**, Items in Need of Clarification in **Yellow**

*Opened with Service Reading read by Abby
The Twelve Traditions read by Nile
The Twelve Concepts, read by Derek*

Roll Call Executive Committee:

Chair: Abby

Absent

Present

Treasurer: Gail, interim

Absent

Present

Vice Chair: Nile C.

Absent

Present

RCM 1: Jeremy

Absent

Present

Secretary: Tom G

Absent

Present

RCM 2: **vacant**

Absent

Present

Roll Call Sub-Committees:

Activities Chair: **vacant**

Absent

Present

PR Chair: **vacant**

Absent

Present

Ad Hoc, Unity Days: Nile

Absent

Present

Web Servant: Nile

Absent

Present

GSR's and Guest

- Anchors Away: Nile
- Live from Laramie: Chris and Mark
- No Matter What: Angie
- On Life's Terms: Derek
- Recovery and Chill: Shifa
- Serenity Seekers: Quinton
- Guest: Scott
- Guest: Kendall
- Guest: PJ
- Guest:
- Guest:

GUIDING PRINCIPLES STUDY-Tradition 9: Discussed Question

NA Birthdays:

Mark: 1 year 3/4/2023

Quinton: 1 year 3/4/2023

New Groups:

The Torrington Meeting

Opening Treasury Balance: \$2,693.38

Approval of Previous Minutes: February minutes approved

Executive Committee Reports:

Chair: Abby

Things are going well it seems. I look forward to adding members to fill service positions this month. Jason K has stepped up to take informational panels into Cheyenne schools. I anticipate he will have a better idea this month of the kind of literature he will need to take with him and how many addicts he will need to be of service. Tom and I have continued to revise the letter we wish to send to Clean and Serene in Scottsbluff. I am grateful for the new meeting in Torrington. I know some Scottsbluff members have attended this new meeting. This will be another resource to Scottsbluff members, should they need additional support. Jeremy has embraced his new role as RCM and is doing an amazing job at reporting information and learning how to connect our area to ongoing PR efforts at region. I'm grateful for all the participation at area and all of your support as I get comfortable in this position. It is always a joy to meet with you and share our love for recovery. Please don't hesitate to reach out to me.

In Loving Service,

Abby L

307-221-5224

Vice Chair: Nile

Several groups have asked me for schedules. I can get some printed, but it would be swell to be financially compensated.

Treasurer: Gail (interim)

The online banking for today shows an available balance of \$2,693.38

Transactions that have been recorded:

General Funds had expenses in the following:

Transfer of funds:

To PR:	\$154.58
Operating Costs:	
Meeting space:	\$40.00
TracFone for Venmo:	\$0.00
PO Box:	\$0.00
Zoom Account:	\$0.00
Bank Service	\$10.00
RCM travel expenses:	\$0.00
PR expenses:	
Fellowship Development:	\$0.00
H&I	\$0.00
Meeting Lists:	\$0.00
Website:	\$0.00
PR received their monthly transfer	\$154.58
Unity Days expenses:	\$0.00
Activities:	\$0.00

Budgets:

The balance for each committee is below as of today:

Prudent Reserve:	\$300.00
General Funds:	\$108.11
Chair:	\$100.00
Vice Chair:	\$0.00
RCM:	\$500.00
Secretary:	\$49.26
Treasurer:	\$0.00
Activities:	\$300.00
PR:	\$836.01
Unity Days:	\$500.00
Total:	\$2,693.38

Venmo:

Venmo Transfers (In and Out):	\$0.00
Cash Deposits:	\$0.00
Group Donation Deposits:	\$0.00
Anchors Away	
Live from Laramie	
No Matter What Group	
On Life's Terms	
Serenity Seekers	

Eureka!!! The spreadsheet and bank statements match!!! I had to fix a few formulas, go back check minutes, statements and transactions, but after reviewing it all and making the corrections needed (a deposit was missing and some transactions off by a few cents) I was finally able to reconcile everything, and we have no discrepancies.

Please move to sharing discussion on PR monthly transfer of funds, TracPhone payment, changing auto withdrawals to new debit card, donations to region and world (guidelines?)

RCM 1: Jeremy

I would like to start off by saying, I am excited that the Torrington meeting is still going strong with a steady attendance. They are still interested in becoming an active participant at the area level. As well as hoping to notify NAWS of their group formation. This group has asked for formats for organization of the Torrington meeting and I would like to ask if the different groups in this area could help. I have reached out to groups in Wheatland and Cheyenne to try and organize some volunteers in visiting Torrington so that we could give Kandle all the assistance that she may need. This has been productive so far with many of our fellowship excited at the chance to visit this new meeting.

I have also been announcing the GSR assembly and the importance it holds this year. Again I would like to say that we are able to give out tally sheets for the Car if needed and encourage the GSR to make them available to the Wyo-Braska fellowship as this input will be added to the votes that our Regional Delegate will be taking to the World Conference.

My contact with CoreCivic has continued this last month. The director of Cheyenne Transitional Center has made it easier for the individuals there to attend meetings. They now are allowed to attend when needed and do not have to put it on their weekly schedule. She did ask about the text and was excited when she was told that it was approved and would be ordered in the coming month. This facility was also provided with an updated meeting list and have posted it for their residents.

In closing I would also like to ask if the GSR would please take it back to the groups that The Upper Rocky Mountain Regional Convention of Narcotics Anonymous is coming up May 26th-28th. The convention planning committee could use some more help as we get closer, and would like to make this opportunity available to all of the Wyo-Braska fellowship. Further information is available on the Upper Rocky Mountain website.

RCM 2: Vacant

Group Reports:

Anchors Away: Nile

Attendance is good, generally 5-9 people per meeting. We are financially self-supporting. We are not making a financial contribution to area currently. Out of meeting lists. Talked about regional H&I Chair. Enthusiastically excited about this.

Live From Laramie: Chris

February event went well. In the process of planning July 4 BBQ (July 1) and additional campout (8/11-8/13). They are tabling the Regional H&I Chair for the following month. No donation.

On Life's Terms: Derek

Hey Wyo-Braska, our group is doing decently well. With 106 attendees in February and an average of 9 per meeting. Which is down from our previous months. Please come join us every Monday at 6, as well as Wednesday and Thursday at 7. We had 5 newcomers last month and are handing out packets to each newcomer. With several IP's, meeting list and little White book. Our group conscience is every 1st Monday of the month following the meeting. We currently have no donation.

No Matter What: Angie

Hello NA Family,

Our group continues to use the new format we have created with different meeting topics. Most meetings are going well. We hold a consistent 5 to 10 in person and 0 to 2 on zoom. We have had 1 new member, 2 new members from out of town meeting (thanks for visiting), and some people return to the rooms, Yeay!! The new Tuesday night meeting is still kicking off, just a little slow to get more members in. We have no new business at this time and no donation this month. Our meeting location is First Christian Church 95 19th St. You go to the back of the building where the parking lot is and then head to the end of the building by the fence. We are on the SW side. We do have people stepping up more who are interested in service positions, I am just holding off for now. A couple people in our meeting need more clean time or need to find a sponsor and work steps. Needs meeting lists. That's all I have this month I believe!

ILS

Angie T GSR

Tab M Treasurer

Serenity Seekers: Quinton

Lots of attendance. 9 new comers last month. \$100 donation.

The Torrington Group of NA: Kendall

Hi, Everyone.. I would like to start out with a huge Thank You for driving miles away to attend Torrington's NA meetings. I have had five at the most attending the meetings. My group will have a name by this Wednesday, also a flag. I will be attending GSR conference in Riverton. I will be going with Abby. I'm super excited to extend my NA family. Again thank you for all the support that has been given for the Torrington NA.

Recovery and Chill Virtual Meeting: Shiffa

Wyo-Braska NA virtual meeting "Recovery and Chill", continues to meet every Tuesday 6-7pm on Zoom.

1. Meeting attendance remains consistent between 5-12 people, average group attendance is about 6, we continue to have at least one new member each week. SPAD is part of the readings, in place of JFT and it seems to be enjoyed by the attendees. We have not had any Zoom interrupters in a while. We gained one new homegroup member!
2. Group conscious had no new matters to report for February.
3. We have no monetary donations to report, and continue to direct folks to the Area's venmo account.

Sub-Committee Reports:

Activities Chair: Vacant

Ad Hoc Unity Days: Abby

Our committee has decided we would like to have a campout the weekend of August 4-6th. We are still working on location details and should have a decision next month so we can start promoting. Rhonda has offered her logo submission from the convention contest for us to use as the Unity Days logo. She has also offered to take on the task of collecting pre-orders for Unity Days merchandise. Our subcommittee members have many ideas for recreational opportunities including some golfing fun. I anticipate we will be discussing what kind of speakers we would like to have. We could always use more help and input in planning a fun and relaxing event that can be enjoyed by many. We will meet again Sunday at Harvey's home (3500 Amherst in Cheyenne) in the late afternoon around 3:30 or 4. If anyone cannot make this meeting in person, there will be a Zoom option available.

In Loving Service,

Abby L

307-221-5224

Ad Hoc Laramie H&I: Mark

Getting into the jails has been going well. Have had some issues filling all the meetings but they are working at getting more applications through so more people are available to fill the slots. Need more literature.

Ad Hoc School Panels:

Setting up a meeting about brining it back in. He wants a bunch of literature and a few of the smaller books.

PR Chair: Vacant

Web Servant: Nile

Having some friggin' problems. Our PHP version (currently 7.3.2) needs to be updated to at least 7.4 in order to assure continued functionality. I have updated it, and the website is still functional but there are issues accessing the back end. I can change back and forth between the PHP versions to access the back end, but this isn't a practical long term solution. I'm grateful for the opportunity my higher power is presenting me to learn something new. I have received an email from an addict stating that the Scottsbluff group wasn't open at a 10:00 AM meeting. I told them we were out of communication, and suggested they try the 8 pm meeting.

Serenity Break: 1:18-1:30

Sharing Session:

1. PR monthly transfer of funds
 - a. PR has a large budget that hasn't been utilized and it feels like we are sitting on it. We even took money back last fiscal year. Are we being prudent with our money.
 - i. Nile: we have PR expenses incoming not a good idea to take money away
 1. Tom and Abby agree
 - ii. Tom and Abby to inventory PR literature
2. Trac-Phone payment, changing auto withdrawals to new debit card
 - a. We need to setup the new payment system so that we don't have a lapse in phone services
 - i. Abby will go in and get a new debit card
3. Donations to region and world, guidelines
 - a. Fairly sure we have guidelines or at least a plan of when we donate to region and to world (page 4 of area guidelines)
 - i. We did not donate last time because we did not have the funds

Old Business:

1. Scottsbluff Letter
 - a. Are we just dropping Clean and Serene or are we talking about the whole of the NE panhandle?
 - i. If it's dropping the whole panhandle, it's a whole new conversation
 1. We will mail and email the letter to folks
2. What does H&I need?
 - a. Tom and Abby to inventory what we have
3. Do the groups want to work with the Region H&I chair?
 - a. Is the 7th tradition respected
 - i. Project Primary Purpose: the project gets funding through selling shirts. The inmates write to the project that they want a book and they are sent literature.
 - ii. The merch is only purchased by members of NA so our 7th tradition is respected
 - iii. Gail has fliers that the Secretary will push out to the groups.
 - b. Region has decided to implement Project Primary Purpose and they will cover WY prisons for literature
 - c. Will the Areas want to use project Primary Purpose. Do they want to work with Reno (a human)?
 - d. How can the Region H&I Chair assist with H&I at the more local level?
 - e. If we are interested how do the groups want to see this work?
4. Moving Area to a different weekend in Aug due to Live from Laramie's Campout
 - a. Aug 19th is when Area will meet

New Business:

1. OLT needs some feedback. A member who did not work the NA steps wants a service role but there are concerns.
 - a. A member wants us to review that and consider waiving for members with 25 years or more. When they were in treatment, they could only do AA steps.
 - i. Area wants to know why he would not do NA steps with an NA sponsor.
 - ii. Chris: maybe we think about a case-by-case basis
 - iii. Nile: did AA steps but when he started NA meetings he switched over.
 - iv. In Summary: we want folks to be working and living an NA program of recovery which means NA steps, NA sponsor, NA traditions, etc...
 - b. Only if the member wants to hold an Area service position would the person be required to fulfill the guidelines for area. They would be a GSR since we don't dictate the group guidelines.
2. School Panels (Nile): Should this be a priority for PR?
 - a. Abby: has letters from students thanking NA. Some were very heartfelt. The other idea behind the panels is that there is a resource if they need it. Many of them deal with family members who are in addiction.
3. Wheatland has folks who want to be in service but they may not have the clean time or have the clean time but aren't working the steps.

- a. Give them the opportunity but the group should take it on a case-by-case basis.
- b. Service helps keep folks clean but moderation is also key
- c. After a few months it will be clear who is and is not serious

Elections:

Activities Chair: Scott

PR Chair:

RCM 2:

Treasurer:

Web Servant:

Disbursement:

Rent for storage space: \$240.00

Meeting Room: \$40.00

Next area meeting: 12:00PM 04/08/2023; 95 19th St, Wheatland, WY 82201



WYO-BRASKA AREA SERVICE COMMITTEE



P.O. Box 4263
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04/08/2023 12:00 Noon WBASC Business Meeting Minutes

KEY: Tabled Items: Highlighted in **Green**, Items to Be Brought back to groups in **Red**, Items in Need of Clarification in **Yellow**

*Opened with Service Reading read by Abby
The Twelve Traditions read by Nile
The Twelve Concepts, read by Derek*

Roll Call Executive Committee:

Chair: Abby

- Absent
- Present

Treasurer: Gail, interim

- Absent
- Present

Vice Chair: Nile C.

- Absent
- Present

RCM 1: **vacant**

- Absent
- Present

Secretary: Tom G

- Absent
- Present

RCM 2: **vacant**

- Absent
- Present

Roll Call Sub-Committees:

Activities Chair: Scott

- Absent
- Present

PR Chair: **vacant**

- Absent
- Present

Ad Hoc, Unity Days: Abby

- Absent
- Present

Web Servant: Nile

- Absent
- Present

GSR's and Guest

- Anchors Away: Nile, present
- Live from Laramie: Chris and Mark, present
- No Matter What: Angie, present
- On Life's Terms: Derek, absent
- Recovery and Chill: Shifa, present
- Serenity Seekers: Quinton, absent
- Guest:
- Guest:
- Guest:
- Guest:
- Guest:

GUIDING PRINCIPLES STUDY-Tradition 10: Discussed Question 5

NA Birthdays:

New Groups:

Opening Treasury Balance:

Approval of Previous Minutes: March minutes approved

Executive Committee Reports:

Chair: Abby

Dear Wyo-Braska Family,

I won't be in attendance Saturday but I know Nile will step in and do a great job. I attended the GSR assembly in Riverton and had a great time with other members in our Region. Kendall went with me and represented her new group. The group has chosen the name Nine Lives and I hope to see it added to the meeting list soon. I have also written a check to the woman that initially purchased all the literature for that group. This will reimburse her keeping our fellowship in tradition of self-support. I have also written a check for rental of today's meeting space in Wheatland. I received our literature order and the area now has several readings at their disposal. This order also includes some material for Jason to use in his upcoming school panels. I also purchased a tablecloth for PR that is still on the way. The PO Box has been updated with the new debit card information. There was just junk mail this month. I mailed the Scottsbluff letter. I guess we will see if we get a response. I'm hoping we can touch base with Mark from Laramie and see how he is feeling about continuing his PR service. I'll see you all next month in Laramie.

ILS,

Abby

Vice Chair: Nile

Treasurer: Gail (interim)

The online banking for today shows an available balance of \$2,387.51.

Transactions that have been recorded:

General Funds had expenses in the following:

Transfer of funds:

To PR: \$0.00

Operating Costs:

Meeting space: \$40.00

TracFone for Venmo: \$19.62

PO Box: \$0.00

Zoom Account: \$0.00

Bank Service \$0.00

Storage \$240.00

Service Material \$114.25

RCM travel expenses: \$0.00

PR expenses:

Fellowship Development: \$216.86

H&I \$0.00

Meeting Lists: \$0.00

Website: \$0.00

Budget adjustment \$280.00

Supplies \$82.06

PR DID NOT receive their monthly transfer of funds of \$154.58.

Unity Days expenses: \$0.00

Activities: \$0.00

Budgets:

The balance for each committee is below as of today:

Prudent Reserve: \$300.00

General Funds: \$164.30

Chair: \$100.00

Vice Chair: \$0.00

RCM: \$500.00

Secretary: \$49.26

Treasurer: \$0.00

Activities: \$300.00

PR: \$257.09

Unity Days: \$500.00

Total: \$2,170.65

* Just a reminder that the opening balance is from the bank statement, and the balance from the spreadsheet may be different due to how we report. *

Venmo:

Venmo Transfers (In and Out): \$0.00

Cash Deposits: \$0.00

Group Donation Deposits: \$100.00

Anchors Away

Live from Laramie

No Matter What Group

On Life's Terms
Serenity Seekers

100.00

The statement has not yet come out, so the balances will change again once we can reconcile with the statement. PR did not receive their monthly budget as the general account only has \$164.30 and we may have bills that come up today that need to be paid.

There was a deposit of \$190.06, I could track where the \$100.00 came from but after reviewing the minutes I could not determine where the \$90.06 came from. I checked the online image of the deposit slip and the \$90.06 came to us in the form of a check. Once I know where it came from, I will put it in the appropriate place, but for now it is a general deposit.

Thank you for allowing me to be of service, Gail W

RCM 1: vacant

RCM 2: vacant

Group Reports:

Anchors Away: Nile

All is well.

Live From Laramie: Chris

All is well. BBQ coming up soon.

On Life's Terms: Derek

Our group is doing well. Our attendance numbers continue to decline. With an average of 8 per meeting. 105 total attendees throughout the month of March and 4 newcomers. So please come join us. We'll leave the light on.

We were able to attend the GSR assembly last weekend in riverton, it was an amazing time!!! Lots of laughs and fellowship. We turned in our tally sheets, for our group, for the upcoming CAR.

We are excited to announce our new alt GSR. Who is now Rhonda. We would like to ask that she be added to the google group. Her email is vegan4critters@gmail.com

We currently have no donation.

ILS Derrick T

No Matter What: Angie

Hello NA Family,

Our group continues to do well and we have grown by a couple new members who have been consistently coming. We have had a couple out of town visitors join us and that has been refreshing. We have started to do more things as a group outside of NA which I think will be very beneficial to our recoveries. I am hoping to make a trip to Cheyenne as a group one of these days soon. We hold a consistent 7 to 12 in person and 0 to 2 on zoom. Most people we had was 18 which was our speaker meeting last month. That was amazing! We have no new business currently and no donation this month. Our meeting location is First Christian Church 95 19th St. You go to the back of the building where the parking lot is and then head to the end of the building by the fence. We are on the SW side. We do have people stepping up more who are interested in service positions, and I am hoping we fill one this month and one next month. Keep me in your prayers because that would be amazing and super helpful. I think that is all I have to report at this time.

ILS

Angie T GSR

Tab M Treasurer

Serenity Seekers: Quinton

Absent, group conscious for April has not happened yet

The Torrington Group of NA: Kendall

Recovery and Chill Virtual Meeting: Shifa

Wyo-Braska NA virtual meeting "Recovery and Chill", continues to meet every Tuesday 6-7pm on Zoom.

1. Meeting attendance remains consistent between 4-10 people, average group attendance is about 6, we continue to have new folks attend each week. We had a newcomer this week and that was exciting!!
2. Group conscious had no new matters to report for March.
3. We have no monetary donations to report, and continue to direct folks to the Area's venmo account.

Sub-Committee Reports:

Activities Chair: Scott

No report submitted

Ad Hoc Unity Days: Abby

Did not meet last month.

Ad Hoc Laramie H&I: Mark

Ad Hoc School Panels: Jason

No report. Literature was handed over to Jason

PR Chair: **vacant**

Web Servant: Nile

Still working on it but needs some help with details.

Serenity Break: none

Sharing Session:

1. Our RCM moved to a new Area and we wish him well. We now have RCM 1 open.
 - a. Rhonda expressed interest
2. Gail has been our interim treasurer for awhile now and has been looking to pass that. Tom has offered to take it but he wants someone to fill the role as secretary. He is willing to show the new person what is required, he will give them the format so they can fill it out as well as the passwords for zoom.
3. GSR Assembly
 - a. Rhonda: it was a lot of fun and a lot was learned

Old Business:

1. Trac-Phone payment, changing auto withdrawals to new debit card
 - a. We need to setup the new payment system so that we don't have a lapse in phone services
 - b. Abby did update the payment system.
2. Scottsbluff letter
 - a. Tom dropped the ball on that and forgot to send it after last minute.
 - i. Abby graciously took that responsibility and it was mailed 03/31/2023

- ii. We will revisit this at the May meeting so they have time to review it.
- 3. PR Literature Inventory
 - a. Abby and Tom inventoried the literature and have attached what found.
 - i. Tom has the literature at his house and will pass it to the Chair once one has been elected.
 - b. Handed over to Jason
- 4. Will our Area groups want to work with project primary purpose/the regional H&I chair once one is elected?
 - a. This was supposed to go back to groups since there was some miscommunication when this was first brought up. Clarification was made and this was supposed to go back to groups.
 - i. Serenity Seekers didn't have time to vote on this since our group conscious is next Friday since this month's first day fell on a Saturday.
 - b. Our area's groups want to participate
- 5. REMINDER: Moving Area to a different weekend in Aug due to Live from Laramie's Campout
 - a. Aug 19th is when Area will meet

New Business:

- 1. Tom H has a beef with area that we won't waive our rules to allow for his clean time.
 - a. It was reiterated that he does not have an NA sponsor nor work NA steps thus making him ineligible.
 - i. He did not like that answer so the Area pushed the response to next month

Elections:

PR Chair:

RCM 1:

RCM 2:

Treasurer:

Web Servant:

Disbursement:

Meeting Room: \$20.00

Next area meeting: 12:00PM 05/13/2023; 1215 E Gibbon St, Laramie, WY 82201



WYO-BRASKA AREA SERVICE COMMITTEE



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05/13/2023 12:00 Noon WBASC Business Meeting Minutes

KEY: Tabled Items: Highlighted in **Green**, Items to Be Brought back to groups in **Red**, Items in Need of Clarification in **Yellow**

*Opened with Service Reading read by Abby
The Twelve Traditions read by Nile
The Twelve Concepts, read by Derek*

Roll Call Executive Committee:

Chair: Abby

Absent

Present

Vice Chair: Nile C.

Absent

Present

Secretary: Tom G

Absent

Present

Treasurer: Gail, interim

Absent

Present

RCM 1: **vacant**

Absent

Present

RCM 2: **vacant**

Absent

Present

Roll Call Sub-Committees:

Activities Chair: Scott

Absent

Present

Ad Hoc, Unity Days: Abby

Absent

Present

PR Chair: **vacant**

Absent

Present

Web Servant: Nile

Absent

Present

GSR's and Guest

- Anchors Away: Nile, absent
- Clean and Serene: Siera, present
- Live from Laramie: Chris and Mark, present
- No Matter What: Angie, absent
- On Life's Terms: Derek, absent
- Recovery and Chill: Shifa, present
- Serenity Seekers: Quinton, present
- Guest: Big Mike
- Guest: Kristi
- Guest:
- Guest:

GUIDING PRINCIPLES STUDY-Tradition 12: Discussed Question 6

NA Birthdays: none

New Groups:

Opening Treasury Balance: \$2,191.51

Approval of Previous Minutes: April minutes approved

Executive Committee Reports:

Chair: Abby

Hello all,

We will be meeting in Laramie this Saturday, May 13 at noon. 1215 E Gibbon St, it is the First United Methodist Church. We have some subscription renewals coming up for our area email address as well as another email address that I wasn't even aware of. It seems to be designated for the area chair. However, I have never used it nor do I know how to access it. I propose we renew the area email and cancel the area chair email. The mystery email is listed as wyo-brask...@wyo-braskana.org. The cost to reserve each email address is 33.48 per year. The renewal is due by July 8, 2023. I have mailed a check to Sarah Bakura to reimburse her for the literature donation in Torrington. I have checked our PO Box and have not received anything from Scottsbluff. I think we should remove them from our meeting list this month as well as add the Torrington meeting. I am no longer updating the meeting list, as I have passed that along to Nile. I am always happy to jump in there and help until we find another web servant. With the convention taking place in Cheyenne later this month many of us will be available again to focus on area concerns. We will no longer have a need for convention fundraising and therefore can start planning area activities again with our new activities chair, Scott. I look forward to seeing you all on Saturday.

In loving service,

Abby L.

Vice Chair: Nile

I regret that I will not be in attendance today, due to illness. I am feeling much better than I have felt previously, but I have some lingering symptoms, to the point that I am concerned about the possibility of passing on whatever this crud is to anyone else.

In April I attended the Mexico Arizona California convention of Narcotics Anonymous in Yuma, Arizona, and I experienced some much-needed spiritual reinvigoration, as well as some much-needed reconciliation with my past and forgiveness of my former community.

I am looking forward to URMRCNA at the end of the month, and hope to see you all there if I am in better health at that time.

Nile C

Treasurer: Gail (interim)

Verbal Report: hasn't received reimbursement request from Nile for printing. Paid PO Box, and paid rental, also \$10 service charge.

-Gail to reach out to the bank find out about the service charge

RCM 1: vacant

RCM 2: vacant

Group Reports:

Anchors Away: Nile, no report

Clean and Serene: Siera

The group may close its door in the beginning of June. They are really struggling. They need more participation and 7th tradition otherwise they will close. She is here to see what. Only has Sat as an AM meeting. Still 7 days a week for nights. 2-10 people in attendance. They will have another business on the 31st at 630PM to try and see if they can make it happen. Did talk about moving into another spot but they aren't sure if it is possible.

-Was the literature donation form area helpful? Doesn't think it was sold, talked about or anything.

-Did you get the letter we sent?

Live From Laramie: Chris

Good attendance. Varies from 2-20 people per meeting. July 1 is the BBQ. Aug 11th-13th is the camp out.

On Life's Terms: Derek

Hey everybody, our group is doing well. We had an average of 12 attendees per meeting. Which is up from our previous month. With 4 newcomers and 122 total for the month.

Our speaker meeting, 2nd Wednesday of the month, has been very well attended. With 28

People in attendance for our last one.

We will be providing breakfast (donuts) for Saturday during the upcoming convention.

We currently have no donation to area.

No Matter What: alt GSR PJ

Hello NA Family,

PJ is standing in for me today, sorry I cannot be there. Not a lot to report this month. We hold a consistent 9 to 12 people in our meetings. We are having our next speaker meeting Thursday 18th at 7pm. We have no new business currently and no donation this month. Our meeting location is First Christian Church 95 19th St. You go to the back of the building where the parking lot is and then head to the end of the building by the fence. We are on the SW side. Jackie W. has stepped up as secretary for our meeting which is great news! I am hoping to have a alternate GSR next month who will be

working towards GSR. PJ has already been acting as alternate so why not just have the title lol. That is all this month.

Thanks everyone!

ILS

Angie T GSR

Tab M Treasurer

Jackie W. Secretary

Serenity Seekers: Quinton

Average attendance is 13 which is down. May will be a higher turnout. No area donation at this time.

The Nine-Lives Group: Kendall, no report and absent

Recovery and Chill Virtual Meeting: Shifa

Hi all,

I do not have anything new to report for the group, as meeting attendance is consistent, nothing was brought up at group conscious, and we continue to direct folks to the Area's venmo account and announce the upcoming convention.

Aside, I have new business I'd like to propose, which is an additional Zoom meeting under the Area's Zoom account. It would be a women's meeting, as I tried to find one in Wyoming and only saw Men's meetings.

Thank you,

Shifa

GSR

Sub-Committee Reports:

Activities Chair: Scott

Ad Hoc Unity Days: Abby

Hello all,

Our subcommittee had decided to hold Unity Day on Saturday, August 5. We will be serving food and playing games at a park in Cheyenne. Scott is currently in charge of reserving a space for us and more details will be available soon. I expect to have a flyer ready to distribute before the end of the month. We will have some games to play and some speakers. We are using a logo Rhonda created for our theme and we will be selling merchandise available for pre order. Stay tuned and join us for our next planning meeting on Sunday May 14 at 4pm if you have any comments or questions. We will be meeting via Zoom.

Love,

Abby

Ad Hoc Laramie H&I: Mark

They have 4 applications submitted and the jail wont push these other applications though. Communications seem to have broken down. They may have to drop back down to every other week. About 10 people per meeting.

Big Mike: Laramie County detention in Cheyenne: main person retired and 3 months later the new person transferred out to the Juvenile center. The one person left barely was in the loop. Now there is a new person who doesn't know anything. They are still going in 3x a month. 1x per each pod a month. They need women who are cleared to go in. They need women's help. Still a zoom meeting because they're short staffed.

Ad Hoc School Panels: Shifa

Went well overall. Had 4 days. 2 at central and 2 at east. There were some conflicts that were ironed out. Seemed productive based on the letters they got back.

PR Chair: vacant

Web Servant: Nile

In reference to the duties of web servant, I regret to admit that I have not performed those duties well. I printed some meeting lists and distributed them to Jason for the school panels, but have failed to deliver meeting lists to the groups, to the point that most of the groups I've checked with have taken the issue into their own hands and printed their own. Furthermore, the calendar of events function on the website is no longer functioning, as it is no longer supported on the version of the server software we are running, and I cannot seem to update the software without breaking several other aspects of the website, despite several careful systematic attempts. I regret that the web servant duties are probably too much for me to handle.

Serenity Break: 1:32-1:43

Sharing Session:

Old Business:

1. Tom willing to step into the Treasurer position if someone will step up as Secretary.
2. Will our Area groups want to work with project primary purpose/the regional H&I chair once one is elected?
 - a. Laramie says yes, the other groups didn't talk about it. Our Area GSR will let region know at the next region meeting where we stand.
3. REMINDER: Moving Area to a different weekend in Aug due to Live from Laramie's Campout
 - a. Aug 19th is when Area will meet
4. Scottsbluff letter
 - a. We had Siera show up on behalf of Clean and Serene.
 - b. We are putting the letter to bed
 - c. We will help in any way we can. We would like to see them attend Area regularly and submit a report.

New Business:

1. Talk about new group formation
 - a. Read the guidelines in the WBASC Guidelines Sections 2 page 3
2. Discuss Web Servant
 - a. When Abby took Chair it was pushed to Nile since Vice Chair takes on vacant roles. Nile has been unable to fulfill the roles of We Servant. Abby is willing to take this role in the interim.
3. Region is meeting Aug 5 in Laramie; the boys will ask the church if its ok for them to meet here
4. Getting PR/HI together
 - a. Going to try and elect a PR Chair who cant take point

Elections:

PR Chair: Mark, nominated, qualified himself,

RCM 1: Rhonda

RCM 2:

Treasurer:

Web Servant:

Disbursement:

\$0.00, we OWE Laramie \$20.00 for rent for this month. We forgot the check book.

Next area meeting: 2950 Spruce Dr, Cheyenne, WY 82001 June 10 2023



WYO-BRASKA AREA SERVICE COMMITTEE



P.O. Box 4263
Cheyenne, WY 82003

www.wyo-braskana.org
help@wyo-braskana.org

06/14/2023 12:00 Noon WBASC Business Meeting Minutes

KEY: Tabled Items: Highlighted in **Green**, Items to Be Brought back to groups in **Red**, Items in Need of Clarification in **Yellow**

*Opened with Service Reading read by
The Twelve Traditions read by
The Twelve Concepts, read by*

Roll Call Executive Committee:

Chair: Abby

- Absent
- Present

Treasurer: Gail, interim

- Absent
- Present

Vice Chair: Nile C.

- Absent
- Present

RCM 1: **vacant**

- Absent
- Present

Secretary: Tom G

- Absent
- Present

RCM 2: **vacant**

- Absent
- Present

Roll Call Sub-Committees:

Activities Chair: Scott

- Absent
- Present

PR Chair: Mark

- Absent
- Present

Ad Hoc, Unity Days: Abby

- Absent
- Present

Web Servant: **vacant**

- Absent
- Present

GSR's and Guest

- Anchors Away: Nile, present
- Live from Laramie: Chris and Mark, present
- No Matter What: Angie, absent
- On Life's Terms: Derek, present
- Recovery and Chill: Shifa, absent
- Serenity Seekers: Quinton, present
- Guest: Kristi, Not Alone, Mitchel NE
- Guest: Rhonda, alt GSR OLT
- Guest: Sierra, Clean and Serene, Scottsbluff NE
- Guest:
- Guest:

GUIDING PRINCIPLES STUDY-Concept 1: Discussed

NA Birthdays:

Nile: 7 years

New Groups:

None

Opening Treasury Balance: \$2,102.51

Approval of Previous Minutes: May minutes approved

Executive Committee Reports:

Chair: Abby

Hello all,

I was thrilled to see some new faces at our last area meeting. It looks like Clean and Serene would like to remain part of our area and we have a member from Mitchell, NE keeping a group going. I have added the Torrington meeting to our list. There were some changes made to our website structure and I've been able to add a flyer that is visible when you open the image in a new tab. I am comfortable with the web servant position. However, because it does take time to research and update through WordPress, I cannot take this duty on top of the responsibility of being chair. I think we need to discuss the possibility of not maintaining a website at this time. We are the only area in our region that maintains it's own website. The alternative would be relying on region to update our meeting lists and add our flyers. We simply can't keep expecting one member to carry on multiple tasks when they are overloaded. As I have said before, I am happy to show another member how to update a meeting list and add flyers. These tasks are relatively basic, but Wordpress does require updates and occasional changes to hard code. It would be ideal to have a member with some computer background or ability to research and problem solve. If the area decides it is important to have a web servant and nobody is willing to step up then we have some decisions to make. I always want to serve however I am most useful. We can either fill the position, get rid of the website or I can step down as chair and take Web Servant again. I hope we can make this decision in the next

month because I will not be able to carry on both tasks after that point. I look forward to hearing a report from our new PR chair. I anticipate he will have an idea of when and where his subcommittee will start meeting. Since web servant falls under the PR umbrella, I will be happy to work with PR to get the issue resolved. We have a new activities chair and although he is working with the Unity Days Subcommittee, I expect to hear about his thoughts and ideas moving forward outside of that event, as Unity Day is its own subcommittee with its own chair and report. I look forward to electing a new RCM that will be able to facilitate communication between area and region. I have been announcing that we are looking for a secretary and treasurer. I hope all GSR's and subcommittee chairs remember that they are responsible for submitting a report each month. Even if there is not much to report, please give it your best effort. This is how we stay informed and accountable to one another. This is how we let the fellowship know what our struggles and strengths are. I ran out of checks and purchased 4 temporary checks for 4\$ and ordered 100 checks for 30\$. I spoke with the bank and they informed me that we need to make a deposit each month in any amount to avoid a 10\$ service charge. Even just depositing one penny on the first of each month will keep us from accruing this fee. I love you all, please don't hesitate to reach out to me with any questions, concerns or gripes you may have.

ILS,
Abby

Vice Chair: Nile

Tom and I worked together to submit a report to Region since we don't have an RCM. The Regional convention went well and I had fun. I agree that it is difficult to keep up with the webpage and we have backup locations where we post the information such as Facebook.
ILS, Nile

Treasurer: Gail (interim)

Hello!

The online banking for today shows an available balance of \$2,102.51.

Transactions that have been recorded:

General Funds had expenses in the following:

Transfer of funds:

To PR: \$0.00

Operating Costs:

Meeting space: \$20.00 (wheatland)

TracFone for Venmo: \$0.00

PO Box: \$166.00

Zoom Account: \$0.00

Bank Service \$4.00 Counter Checks

Storage \$0.00

Service Material \$0.00

RCM travel expenses: \$0.00

PR expenses:

Fellowship Development: \$0.00

H&I \$0.00

Meeting Lists: \$0.00

Website: \$0.00

Budget adjustment \$0.00

Supplies \$0.00

PR DID NOT receive their monthly transfer of funds of \$154.58. General funds is at a negative and the monthly transfer will not happen until we have more funds to disburse.

Unity Days expenses: \$100.00

Activities: \$0.00

Budgets:

The balance for each committee is below as of today:

Prudent Reserve: \$300.00

General Funds: **\$-20.70**

Chair: \$100.00

Vice Chair: \$0.00

RCM: \$500.00

Secretary: \$49.26

Treasurer: \$0.00

Activities: \$300.00

PR: \$473.95
 Unity Days: \$400.00
 Total: \$2,102.51

Venmo:

Venmo Transfers (In and Out): \$105.00
Cash Deposits: \$0.00
Group Donation Deposits: \$5.00

Anchors Away	
Live from Laramie	
No Matter What Group	
On Life's Terms	
Recovery and Chill	\$5.00
Serenity Seekers	

The check to Torrington for \$216.86 to pay back the non-member of NA to fund the new group has not been cashed yet and has been removed from the spreadsheet. PR will need to keep this in mind when the check is cashed it will come out their budget as Fellowship Development.

The \$90.06 was a donation from Live from Laramie and has been put in the correct place on the spreadsheet.

Although it may seem like we have plenty of funds, we will need to re-visit budgets and see if there is a way to trim some of these so our general funds will not be in the negative. We have bills coming up and will need to be paid.

Suggestions would be to look at RCM budget, Chair Budget, and Activities Budget. Once groups start to donate again and funds from Activities days comes in, we can re-fill their budgets for now, we will need to re-allocate funds. Remember, these budgets are set up for the fiscal year, which is from beginning of September to end of August. We can conceivably move RCM of \$300.00 over to general funds, leaving \$200.00 for possible travel to the August region meeting. We could also move \$50.00 from the Chair budget, and maybe \$50.00 from Unity Days. This will bring the general funds up to \$379.30, which should be enough to pay any upcoming bills.

Thank you for allowing me to be of service, Gail W

RCM 1: Derek made a report

Dear URMRCNA,

Greetings from the Wyo-Braska area! It was wonderful to see all of the addicts who attended URMRCNA last weekend from around the region and beyond! We felt that the convention was a great success, and we look forward to hearing the final report from the committee at the next regional meeting. Many of our area trusted servants sat on the convention committee or pitched in on the ground at the convention, and took great joy in the opportunity to serve.

We are happy to announce that Mark from Laramie has been nominated to serve on the Wyo-Braska Area Service Committee as our new PR chair! Mark

has been in regular attendance at Area meetings for the past year, and has been very active in H&I, taking meetings into the Albany County jail, which prompted us to make him an Ad-Hoc H&I Chair for that specific commitment. We are so grateful for what he has done so far and look forward to his continued work at the Area level.

For some time, the Wyo-Braska Area Service Committee has been trying to reconnect with the Nebraska part of our Area, specifically Scottsbluff. We have visited the Clean and Free group two different times to see what we can do to support them. We are happy to announce that a home group member attended the May meeting! In addition to that we had someone from Mitchell NE attend Area and tell us she is starting a new meeting there!

Our groups are all in agreement that we would like Region to move forward with Project Primary Purpose. Our PR Chair Mark would like to connect with whoever is their main point of communication, and we would appreciate any information anyone has regarding who we should reach out to.

We will be holding our Unity Days celebration in Cheyenne on August 5th, and Live from Laramie will be holding their annual campout from August 11 to August 13. Our new Activities chair, Scott, has assured me that he has access to a badminton set, so we expect to have some awesome events this summer!

We hope to find a new RCM soon, we apologize for not sending a representative in person this month, but rest assured that we would be there in we could.

Yours in loving service,

Tom G. (WASC Secretary) and Nile C. (WASC Vice Chairman)
 Wyo-Braska Area Service Committee

Hey wyo-braska,

Our regional business meeting was a good one. We accomplished a lot as a group. Fairly well attended with approximately 15 in attendance. At least 1 representative from each area. With 2 group members, as guests, from Rock Springs.

The delegate team shared with us their experience on attending the WSC. It would seem they had a great time. Meeting many members from around the world. We feel like they represented our region very well. A huge thank you to them.

We nominated Jenny from Central Wyoming Area as our new treasurer. We also moved forward with our H&I efforts, electing Reno as our H&I chair. Also from Central Wyoming Area. They are attempting to be in every DOC facility by the end of summer.

Torrington being one of the last and they need men from this area, who qualify, to assist in this process.

Lara from Wyoming Western Area created a map of which towns in Wyoming each area covers. They're are a few places that currently do not belong to an area. So we will be working on redefining the borders. To ensure the areas are dispersed evenly and accordingly.

After a vote, it has been decided to centralize each region business meeting. Instead of a rotation to each area. Which would make Riverton our new place to do business.

Most of the people who attended region, also made the trip to convention XXIII. From the conversations that were had surrounding the convention. They were very pleased with the outcome. So great job to the committee and this area for a successful convention.

Thank you all for your hard work and dedication!

Thank you

ILS Derrick T

*Alt Delage Position is open so nominations are being taken

**Carla was elected to the World Board

RCM 2: vacant

Group Reports:

Anchors Away: Nile

Attendance is good. 5-10 people at each meeting. No donation at this time but we have money earmarked for Region.

Clean and Serene: Sierra

Hey this is Sierra from clean and serene group in Scottsbluff I don't have much to report I have been gone in Florida and have just recently got back we are still open! I'm not sure what was discussed at our business meeting other than we have a new person chairing. I imagine our attendance is still the same for the most part Saturday and Sunday nights have the post people averaging 7-10 people. I will also only be able to attend area today through zoom for a little while during my lunch because I am currently at work.

Live From Laramie: Chris

Attendance is good and keeps going up. BBQ is in July and the campout is in August. We have fliers!!!

On Life's Terms: Derek

Hey Wyo-braska,

Our group is doing well right now. Our attendance is up, with an average of 13 per meeting. 174 attendees for the month of May and an amazing turnout of 17 new comers. Woo-hoo! These are people who picked up white key tags. Many of which have remained in attendance. That right there warms our hearts! We continue to hand out key tags as well as newcomer packets, which include, little white books, several IP's and a meeting list with phone numbers.

Our speaker meeting has been very well attended. Which is every second Wednesday of the month, at 7pm. Our next one is June 14th and our speaker is Esperanza. Please come join us for some snack foods and hear some experience, strength and hope. Eve is now the current chair for Monday at 6pm.

We would like to express our gratitude to the convention committee, for such an amazing convention XXIII. Thank you for all of your hard work, allowing us to be part of it and allowing us to provide donuts for Saturday morning.

We currently have no donation.

Thank you,

ILS Derrick T

No Matter What: Angie

Absent, no report submitted

Not Alone: Kristi

Good Morning Wyo-Braska Area Service Committee,

I will not be able to attend the meeting in person nor on zoom today. I am reporting that the groups' location has changed to Centennial Park in Mitchell, NE every Sunday at four, for the time being. I do have a pastor at the local Methodist church that has reached out to me and is interested in allowing the group to meet there. There are four Methodist churches being merged, I was told that they would get back to me after new staff has been put in place around June 11th. Currently meetings have been 2-3 people including myself. We currently do not have a donation to area this month.

Kindest Regards,

Kristi W

Serenity Seekers: Quinton

All is well at Serenity Seekers. We have 183 in attendance for the month of May. We also had 5 newcomers. We are very grateful for the support. Thanks, Quinton

Nine Lives: Kendall

Absent, no report submitted

Recovery and Chill Virtual Meeting: Shifa

Hi all,

Our meeting attendance continues to range from 4-14 folks, no new donations to report. We continued to announce the area venmo and URMR convention.

One issue that came up last week: a participant took control of the host's computer, was able to control the Zoom as well as her personal desktop. The hacker was eventually removed, however the host is concerned moving forward. Can we please add a passcode to the Zoom maybe (the area and region websites would then need to be updated)? Or are there other suggestions to promote the safety of the meeting facilitators, while providing an open meeting? One thought is that we only allow folks in from the waiting room whom we recognize. The downside to this is the majority of our meetings are strangers who hop on one week and do not return. PLEASE MOVE THIS ISSUE TO SHARING. (i only did all caps because my last report asked to move something to sharing and that did not happen)

I will unfortunately not be in attendance to this Area as I will be out of town, but I have sent the Zoom info to the host so hopefully she will join and be able to explain more.

Thank you,

Shifa

-

Sub-Committee Reports:

Activities Chair: Scott

Absent, no report submitted

Ad Hoc Unity Days: Abby

Hello all,

We have a date, location, and flyer. We will be meeting in Lions Park on Sunday August 6 from 1-5pm. We are planning on having Mark H speak and will be having a service workshop that Shifa will be helping with. We will serve burgers and hot dogs. There is a 5\$ suggested donation, of course no addict will be turned away. We will have a 50/50 raffle and we have TShirts available for pre order. They come in sizes S-4X and will sell for 20\$. If we have 30 pre orders the shirts will cost about 12\$ each. The theme is My Gratitude Speaks. Attached is our pre order T-shirt design and I expect the Flyer to be available soon as well.

PR Chair: Mark

Hello Wyo-Braska

I am grateful to introduce myself as the ne Area PR Chair, and would like to thank everyone that felt i would be a good fit for this position i am grateful.

First off Gail reached out to me letting me know Reno from Region was asking for PR help in finding someone that was willing to go into the Lusk and Torrington prisons after speaking with Reno I was able to find Jon F a recent transplant to Live From Laramie from Colorado was interested and had been doing H&I work in the Federal prisons in Colorado I forward all the infor and application to him and Reno contact info and im and happy to say he will be attending the class held by the DOC on the 15th of June so he can start going into the Prison after that.

Next I finally got approved to go into the Albany County Detention center and joined Chris S Chair my first NA jail meeting this past Tuesday. Thank You. Area PR Chair. Mark H

Web Servant: vacant

Serenity Break: 1:05PM-1:15PM

Sharing Session:

1. Tom willing to step into the Treasurer position if someone will step up as Secretary.
2. REMINDER: Moving Area to a different weekend in Aug due to Live from Laramie's Campout
 - a. Aug 19th is when Area will meet
 - i. Mark to let the Church
3. Dissolving the web servant position
 - a. Gail: don't dissolve since it helps to carry the message.
 - i. Abby: please help me
 - b. Nile: the website is kind of a mess. It needs so be cleaned up significantly.
 - c. Gail: I helped do website clean-up at Region
 - i. Lets also look at the traffic to the site
 - d. Tom; asked Gail to; do a few things
4. We still owe Laramie rental money `from May.
 - a. Paid 6-10-2023

Old Business:

New Business:

1. Moving funds around so we don't have a negative balance
 - a. Take \$75 from the current budget and going forward change the Chairs budget to \$25 for the next fiscal year
 - b. Activities: may need to buy stuff for Unity days since it is their responsibility so we will only take \$50.00
 - i. Scott needs to see what we need
 - c. RCM: lets take \$250.00 of the \$500.00 and move to general funds
2. Computer safety when hosting Zoom
 - a. Yes to password, only problem is if the "hacker" is getting the password from the NA website then itll still be a problem
 - i. NA.org has some great [articles](#) on how to prevent this
3. Secretary Passing off Zoom Portion
 - a. Possibly putting it back to Web-servant and extending that to a "Media Person" position who would also post Area information on social media groups any area event fliers
4. Mark to buy a printer for PR that is the Area's
 - a. Mark to price out printers and paper vs using a print shop. He will bring that info back.
5. H&I Stuff Women's Prison and other information
 - a. Volunteer training July 15th in Casper for DOC facilities. 2-3 hours long.

- b. Mark to forward applications to the google groups so people can fill them out and send them back to Mark. Mark will then send them back to Reno for approval.
 - i. Mark has the requirements
- c. Monday the Lusk prison has a virtual meeting

Elections:

RCM 1: Derek

RCM 2: Rhonda

Secretary: none

Treasurer: none

Web Servant: none

Disbursement:

\$20.00 to Laramie's Methodist Church for the meeting space

\$20.00 to Methodist Church in Cheyenne for meeting space

Next area meeting: July 8th, 95 19th St, Wheatland, WY 82201



WYO-BRASKA AREA SERVICE COMMITTEE



P.O. Box 4263
Cheyenne, WY 82003

www.wyo-braskana.org
help@wyo-braskana.org

07/08/2023 12:00 Noon WBASC Business Meeting Minutes

KEY: Tabled Items: Highlighted in **Green**, Items to Be Brought back to groups in **Red**, Items in Need of Clarification in **Yellow**

*Opened with Service Reading read by
The Twelve Traditions read by
The Twelve Concepts, read by*

Roll Call Executive Committee:

Chair: Abby

- Absent
- Present

Treasurer: Gail, interim

- Absent
- Present

Vice Chair: Nile C.

- Absent
- Present

RCM 1: Derek

- Absent
- Present

Secretary: Tom G

- Absent
- Present

RCM 2: Rhonda

- Absent
- Present

Roll Call Sub-Committees:

Activities Chair: Scott

- Absent
- Present

PR Chair: Mark

- Absent
- Present

Ad Hoc, Unity Days: Abby

- Absent
- Present

Web Servant: Gail, interim

- Absent
- Present

GSR's and Guest

- Anchors Away: Nile
- Clean and Serene: Sierra
- Live from Laramie: Chris and Mark
- No Matter What: Angie
- Not Alone: Kristi
- On Life's Terms: Derek
- Recovery and Chill: Shifa
- Serenity Seekers: Quinton
- Guest:
- Guest:
- Guest:
- Guest:
- Guest:

GUIDING PRINCIPLES STUDY-Concept 2: Discussed Question

NA Birthdays:

New Groups:

Opening Treasury Balance:

Approval of Previous Minutes: June minutes approved

Executive Committee Reports:

Chair: Abby

Hello, I don't have much to report. We are meeting in Cheyenne this month rather than Wheatland. We should discuss what our new rotation schedule will be. No Matter What group in Wheatland has decided to step away from area service for the time being. They would like to focus on building up their group and will join us again when they have the resources. I will see everyone at noon at 2950 Spruce Dr. On July 8th. Here is the zoom link

Vice Chair: Nile

Treasurer: Gail (interim)

Hello!

The online banking for today shows an available balance of \$1,670.07.

The next bank statement will come out July 11th, 2023.

Transactions that have been recorded:

General Funds had expenses in the following:

Transfer of funds:

To PR: \$0.00

Operating Costs:

Meeting space: \$0.00

TracFone for Venmo: \$19.59

PO Box: \$0.00

Zoom Account: \$132.51

Bank Service \$30.00 Checks

Storage \$0.00

Service Material \$0.00

RCM travel expenses: \$0.00

PR expenses:

Fellowship Development: \$216.86 (check for Torrington)

H&I \$0.00

Meeting Lists: \$0.00

Website: \$33.48 (GoDaddy Email)

Budget adjustment \$0.00

Supplies \$0.00

PR DID NOT receive their monthly transfer of funds of \$154.58.

Unity Days expenses: \$0.00

Activities: \$0.00

Budgets:

The balance for each committee is below as of today:

Prudent Reserve: \$300.00

General Funds: \$172.20

Chair: \$25.00

Vice Chair: \$0.00

RCM: \$250.00

Secretary: \$49.26

Treasurer: \$0.00

Activities: \$250.00

PR: \$223.61

Unity Days: \$400.00

Total: \$1670.07

Venmo:

Venmo Transfers (In and Out): \$0.00

Cash Deposits: \$0.00

Group Donation Deposits: \$0.00

Anchors Away
Live from Laramie
No Matter What Group
On Life's Terms
Recovery and Chill
Serenity Seekers

Bank Transactions:

Date	Check No.	Description	Debit	Credit	Balance
7/3/2023		ZOOM(\$132.51)			\$1,670.07
6/21/2023		CHK ORDERS		(\$30.00)	\$1,802.58
6/20/2023		TRACFONE	(\$19.59)		\$1,832.58
6/13/2023	1249	CHECK	(\$216.86)		\$1,852.17
6/13/2023		GODADDY.COM EMAIL		(\$33.48)	\$2,069.03

The ledger balances with the bank account.

The check to Torrington for \$216.86 to pay back the non-member of NA to fund the new group has been cashed.

The Zoom account was in outstanding for 2 months, this has been paid.

Re-allocation of funds to the general account:

\$75.00 from Chair

\$250.00 from RCM

\$50.00 from Activities

Total \$375.00

We are looking at doing something different with the website, this will cost upfront, so we need to keep this in mind going forward.

Unity Days will be next month and hopefully there will be funds that can be dispersed back into the budgets, but if donations do not start coming in, we may need to start talking about other ways Area can start generating income.

Thank you for allowing me to be of service, Gail W

RCM 1: Derek

RCM 2: Rhonda

Group Reports:

Anchors Away: Nile

Clean and Serene: Sierra

Live From Laramie: Chris

On Life's Terms: Derek

Nine Lives: Kendall

No Matter What: Angie

Absent, no report submitted

Not Alone: Kristi

Serenity Seekers: Quinton

Recovery and Chill Virtual Meeting: Shifa

Meeting attendance is consistent, 4 – 12 participants, we only had a minor zoom interruption unlike in May, so hopefully that issue is resolving itself. We have no monetary donations to report at this time. Due to my error, I have not held group conscience for a while, but I will do so this week. I also plan to register this group officially on the NA website sometime this month. I have decided not to go forward with creating a virtual Wyoming women's meeting, as I do not have the capacity to do so at this time.

Sub-Committee Reports:

Activities Chair: Scott

Ad Hoc Unity Days: Abby

PR Chair: Mark

Web Servant:

Serenity Break:

Sharing Session:

Old Business:

1. Area is Aug 19 in Laramie next month

New Business:

Elections:

Treasurer:

Web Servant:

Disbursement:

Next area meeting: Laramie August 19th 2023



WYO-BRASKA AREA SERVICE COMMITTEE



P.O. Box 4263
Cheyenne, WY 82003

www.wyo-braskana.org
help@wyo-braskana.org

August 19, 2023 WBASC Business Meeting Minutes

Derrick opened the meeting with the Service Prayer

Readings:

The Twelve Traditions read by Nile.

The Twelve Concepts, read by Kristi.

The Twelve Values read by

Roll Call Executive Committee:

Chair: Abby Present

Vice Chair: Nile Present

Secretary: Vacant

Treasurer Interim: Gail Present

RCM 1: Derrick Present

RCM 2: Rhonda Present

Roll Call Sub-Committees:

Activities Chair: Scott Present

PR Chair: Mark Present

Web Servant Interim: Gail Present

Ad Hoc Unity Days: Abby Present

GSR's:

Rhonda GSR ~~Live from Laramie~~ **Correction On Life's Terms 09/09/23**

Mark / Chris GSR Live from Laramie

Kristi GSR Not Alone

Quinton GSR Serenity Seekers

Guests:

Davin, Fox

Concept Study – Concept 3:

The NA groups delegate to the service structure the authority necessary to fulfill the responsibilities assigned to it.

NA Birthdays: Davin 6 months

New Groups: None

Opening Treasury Balance: 1,900.13

Approval of Previous Minutes: July minutes not approved tabled to September / were sent out to the google group for review. **July minutes not sent out, that was the June minutes – still need the July minutes or they need to be created.**

Executive Committee Reports:

Chair:

Hello all,

Thank you to Live from Laramie for an amazing camping event and to everyone that helped make Unity Day a success. We will need to find a new Unity Days chair for next year. Our service body might want to consider stepping up our activities/fundraising efforts. We want to make sure we can support our upcoming PR efforts now that we are moving forward with a PR subcommittee. Now that Unity Day is over, Scott will need some help on his subcommittee to get some activities planned. We need a secretary, treasurer, web servant and Unity Day chair as well as members willing to help on subcommittees.

In loving service

Abby

Vice Chair: Verbal report

Barely functioning at this time, had a tragic event regarding a friend, waiting for the end of service commitment, starting school next week, needs to focus on steps, work with sponsees

and sponsor, happy for the opportunity to be of service not sure how effective he is now or will be.

Treasurer:

Treasury Report 08-19-23

Hello!

The online banking for today shows an available balance of \$1,900.13.

Both July and August bank statements have come out.

Transactions that have been recorded for the past two months:

General Funds had expenses in the following:

Transfer of funds:

To PR: \$0.00

Operating Costs:

Meeting space: \$40.00

TracFone for Venmo: \$0.00

PO Box: \$0.00

Zoom Account: \$0.00

Bank Service \$0.00

Storage \$0.00

Service Material \$0.00

RCM travel expenses: \$0.00

PR expenses:

Fellowship Development: \$0.00

H&I \$0.00

Meeting Lists: \$0.00

Website: \$0.00

Budget adjustment \$0.00

Supplies \$0.00

PR DID NOT receive their monthly transfer of funds of \$154.58.

Unity Days expenses: \$518.81 Total to date

Unity Day Income: \$622.00

Activities: \$0.00

Budgets:

The balance for each committee is below as of today:

Prudent Reserve: \$300.00
General Funds: \$199.07
Chair: \$25.00
Vice Chair: \$0.00
RCM: \$250.00
Secretary: \$49.26
Treasurer: \$0.00
Activities: \$250.00
PR: \$223.61
Unity Days: \$603.19
Total: \$1,900.13

Venmo:

Venmo Transfers (In and Out): \$132.00
Cash Deposits: \$556.87

Group Donation Deposits: \$66.87

Anchors Away	
Live from Laramie	14.87
No Matter What Group	
On Life's Terms	50.00
Recovery and Chill	2.00
Serenity Seekers	

Bank Transactions:

Date	Check No.	Description	Sub Category	Type	Debit	Credit	Balance
8/18/2023		DIRECTDEP VENMO	Uncategoriz ed	DIRECTDE P		\$2.00	\$1,900.1 3
8/10/2023	1302	CHECK	Uncategoriz ed	CHECK	\$86.10	-	\$1,898.1 3

8/8/2023		DIRECTDEP VENMO	Uncategoriz ed	DIRECTDE P		\$20.00	\$1,984.2 3
8/7/2023		POS OFFICE DEPOT	Office Supplies	POS	-\$5.44		\$1,964.2 3
8/7/2023		POS OFFICE DEPOT	Office Supplies	POS	- \$18.92		\$1,969.6 7
8/7/2023		ATM DEPOSIT	Cash & ATM	POS		\$369.0 0	\$1,988.5 9
8/7/2023		ATM DEPOSIT	Cash & ATM	POS		\$13.00	\$1,619.5 9
7/24/202 3		POS CUSTOMINK LLC	Shopping	POS	- \$308.3 5		\$1,606.5 9
7/24/202 3		DIRECTDEP VENMO	Uncategoriz ed	DIRECTDE P		\$20.00	\$1,914.9 4
7/21/202 3		DEP	Uncategoriz ed	DEP		\$174.8 7	\$1,894.9 4
7/21/202 3		DIRECTDEP VENMO	Uncategoriz ed	DIRECTDE P		\$20.00	\$1,720.0 7
7/17/202 3	99004	CHECK	Uncategoriz ed	CHECK	- \$20.00		\$1,700.0 7
7/17/202 3		DIRECTDEP VENMO	Uncategoriz ed	DIRECTDE P		\$20.00	\$1,720.0 7
7/10/202 3	1301	CHECK	Uncategoriz ed	CHECK	- \$20.00		\$1,700.0 7
7/10/202 3		DIRECTDEP VENMO	Uncategoriz ed	DIRECTDE P		\$50.00	\$1,720.0 7

The ledger balances with the bank account on both statements.

We received some documents from the bank, not sure what they are, something about some transition for business accounts. The name of the bank will change to BMO Bank N.A. From 9/1/23 to 9/4/23 all banking transactions will not be available, debit purchases, deposits and such. Current online services will end 9/1/23, new debit cards will be re-issued, we can continue to use the checks until they run out. A lot of info, I have the booklets with all the changes and will pass these on to Abby.

We are looking at doing something different with the website, this will cost upfront, so we need to keep this in mind going forward.

Thank you for allowing me to be of service, Gail W

RCM 1:

Hey WBASC,

We hope everybody is all good. We first wanna start off by expressing our gratitude to our beloved delegate, for years of service, not only at the Regional level. But at the Area level. Gail has been such an extraordinary asset in service as a member of Narcotics Anonymous. She

has guided not only me to find a way to commit to service, but many others in our area and region. As we watched her walk the journey as our Regional Delegate, so many memories were formed. I can speak for all of us, when I say thank you from the bottom of our hearts. We love you gail.

She has passed the torch of Delegate to Shawn S from Evanston. Ben H from Powell has been elected as our new Alternate Delegate.

The workshop put on by the Delegate team was simply amazing. Predatory Behavior was the topic. 20% of us have less than a year clean and 48% of us are over 40 years of age. just some numbers we found interesting. Our goal as a fellowship is to promote a safe environment for all members in recovery. Remembering that both the predator and those being prayed upon need our support and guidance. There are many different layers of unacceptable behavior, which include physical, sexual, disruptive behavior and people out to get handouts or money. Just to mention a few. We recognize that we may not always create a safe environment for those in the rooms. Also how to handle these behaviors and actions accordingly. It is very important that we recognize and assess these as a group, not individually. If we see these things going on, We should not turn a blind eye. Let's discuss them at the group level and check in on them often to see how things are being resolved. Get our service structure involved.

H&I efforts are going extremely well, 7 new members were approved to enter the prisons to carry the message. Torrington and Newcastle are still in need of representation, But the efforts are ongoing to make this happen. There seemed to be an issue with the H&I Chair contacting our PR chair for information. So we hope to improve on this communication moving forward. We brought up our concern about how to best handle any rogue representation into the detention centers and treatment centers. It is a difficult situation to address. We mostly need to make sure we have members willing to step up and represent NA if we try and improve our efforts moving forward. We need to contact these individuals, asking them to show up with information regarding their efforts in H&I, at the area level. H&I guidelines were provided and approved. \$3,000 was approved to be available for H&I to provide possible additional and/or replacement of NA literature into the prisons throughout the year.

URMR Convention XXIII was a huge success! \$9,779 profit was raised, over the \$6,500 seed money. Great job and an even greater experience to all involved. URMR Convention XXIV, discussion was had on moving the date. This date will remain the same for the next upcoming convention, which is to be held in Sheridan. URMR convention XXV has been voted on to move the date to September.

Further discussion pursued on mapping and fellowship development into towns without current representation. Central Area has expressed interest in taking on Douglas. Nobody wants Rawlins, but the Central area did reach out to a contact in Rawlins to see if they are interested in joining an area or how to help with their efforts there. More to come on that at a later date. Region recognizes the need for help with fellowship development into places around here that need us. What can they do to help with this?

No donation was made to World at this time.

Thank you ILS

RCM1 and RCM2

RCM 2: See Above

Group Reports:

Anchors Away: Verbal report

Attendance inconsistent, able to be self-supporting, has money for area and region asked how to get it to region will take it to Jenny in Casper. Area donation to be venmo'd no amount given. Sunday meeting is going on.

Clean and Serene: Not in attendance / no report. **Need to figure out how many meetings they have not been represented here.**

Live from Laramie: Verbal Report

Have no idea what they said.

Nine Lives: Not in attendance / no report / **2nd month no contact.**

WBASC Guidelines: After no representation in 3 months, the group will be taken off the roll call (agenda), they will remain on the meeting list, until the meeting can be verified that it does not meet or has been closed. If the meeting is closed it will be removed from the meeting list immediately. If the group returns to the WBASC, after being removed from the roll call and meeting list, they will need to follow the guidelines for a new group. (12/11/21)

No Matter What Group: Not participating at this time, keeping on roll call.

Not Alone: Present with report.

Correction Received access to hall JULY 30th.

Good morning,

We had a total of 10 attendees for the month of July including myself. We were given access to the fellowship hall June 30th and shortly thereafter we received a key to the United Methodist Church 1845 Broadway Mitchell, NE 69357 to host our meetings in. Currently we do not have any donations for area to provide.

Kindest regards, Kristi W

Discussion followed re the pastor of the church and his questions

On Life's Terms: Present with report.

Greetings WBASC,

Our group is doing well. Our average attendance continues to climb, with 209 members in attendance for the month of July. Which is an average of 16 per meeting. We had 4 newcomers in July. Best of all, the newcomers from the last several months have been continuing to attend and get involved. Yay!!!

We continue to hold our monthly speaker meeting which is the second Wednesday of the month at 7:00 pm. We have been experiencing a lot of interest and attendance for this

meeting. Starting in September, we will be doing a potluck for our speaker meetings. Please come join us for some food, as well as experience, strength and hope.

We would like to thank the activities committee for a truly amazing Unity Day. Thank you Shifa for a wonderful and very informative workshop. We really appreciated the information and the fun craft! You rock!!!

We would like to thank Gail for her tireless service to NA, both on the area level and regional level. Thank you also for being our delegate Gail. You are truly amazing!

Due to needing to purchase literature and key tags, we do not have a donation this month.

ILS
Rhonda OLT GSR

Recovery and Chill: Not in attendance / Report sent.

Hi all,

My co chair has stepped down unfortunately. I really need some help chairing this meeting. If you or your sponsees or friends can be made aware I would greatly appreciate it. Otherwise we have had no zoom interrupters (yay!) and maintain good attendance. No donations to report. I'll try my best to be in attendance for area, but it is also my move in day for UW.

ILS, Shifa GSR

Serenity Seekers: Verbal Report

Gave average attendance, issues with volunteers opening/meeting chairs decided that openers/meeting chair need to have 90 days clean.

Sub-Committee Reports:

Activities Chair: Verbal Report

Unity Day went well, talked to Mark about something with Laramie instead of conflicting events, lots of chatter have no idea what everyone said.

PR Chair: Verbal Report

Spoke about the issues with Laramie County Jail and the FB post, have no idea what else he said. Lots of chatter, people talking over each other.

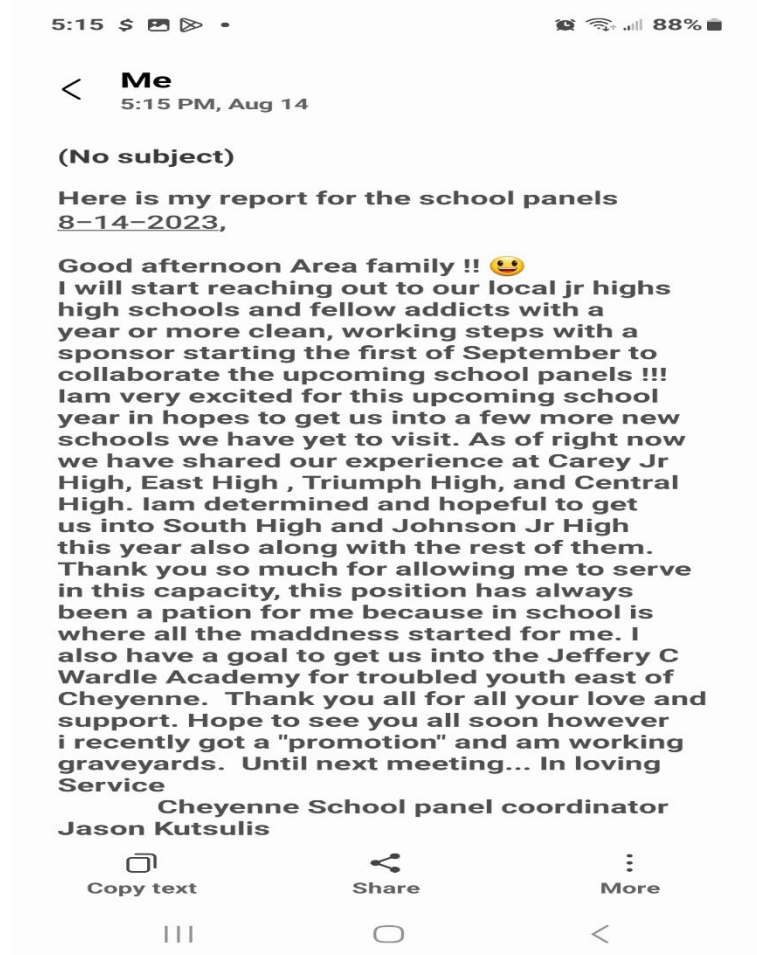
H&I: Email sent from Karen M

Good Morning All and Mark,

This is just a short and sweet update. I have handed out 3 applications for women at the Laramie County jail. The Jail is still working on the logistics of having women in to have meetings, but more will be revealed, and I will keep in touch.

ILS karen m

PI School Panel: Report read by PR Chair:



Web Servant: Report read by PR Chair:

Website Report 8.19.23

Hello Area Members,

I haven't been able to do much with the website since our last meeting. Here are just the few things that were done:

- Updated Clean and Serene in the BMLT removing the morning meetings (I went off their flyer)
- Added a Unity Day page and put the shirts for sale up then took them down after the deadline and added a map to the location (I need to take the info off now)

Analytics for the last 30 days shows:

We had 111 visitors, 93 were new visitors.

Countries and cities that visited our site:

			111	10
			100% of total	
1	United States	Cheyenne	28	
2	United States	Denver	27	
3	United States	(not set)	9	
4	United States	Englewood	4	
5	United States	Columbus	3	
6	United States	Salt Lake City	3	
7	China	(not set)	2	
8	Netherlands	Amsterdam	2	
9	Russia	Moscow	2	
10	United States	Dallas	2	

I still need to get the hosting platform changed and all that other stuff, hopefully this will be in my next report.

We received two emails, one requesting we add a resource to our site, and another that had illicit material being distributed. Below are the emails and my response:

From: gailjft@gmail.com <gailjft@gmail.com>
Sent: Monday, July 17, 2023 7:57 AM
To: gettingclean2023@gmail.com; help@wyo-braskana.org
Cc: Shawn Saban <shawnsaban@yahoo.com>
Subject: RE: Getting Clean: The Journey Begins - a new book from NA

Hello,

Although we appreciate your efforts, this is NOT conference or fellowship approved literature,. We adhere to the spiritual principles of Narcotics Anonymous and belong to a seated region at the World Service Conference. If you would like to have this submitted to the fellowship for approval, please follow the correct procedure: [GWSNA 2018-2020](#).

By distributing this material you are in violation of our Fellowship Intellectual Property Trust. For more information on why this is considered illicit material, please visit [Fellowship Intellectual Property \(na.org\)](#)
[Microsoft Word - IPBUL2_03_2012 \(na.org\)](#)
[Microsoft Word - IPBUL4_03.doc \(na.org\)](#)

Please do not send us any illicit materials, we stand with Narcotics Anonymous World Services and all that involves in protecting our fellowship and it's property.

Thank you.

Gail W – URMR Regional Delegate

Shawn S – URMR Alternate Delegate

From: Getting Clean <gettingclean2023@gmail.com>

Sent: Monday, July 17, 2023 7:37 AM

To: help@wyo-braskana.org

Subject: Getting Clean: The Journey Begins - a new book from NA

Getting Clean: The Journey Begins, A Newcomer's Guide to Narcotics Anonymous



Please share with other addicts

As a labor of love, addicts have created a new book . Our Home Group has approved this draft version. If you're interested, we'd appreciate your input. Please share this book with any other member of NA or any Home Group.

Click on the button below to download a PDF version of *Getting Clean*. Hugs and Love

[Download PDF](#)

From: gailjft@gmail.com <gailjft@gmail.com>
Sent: Saturday, July 22, 2023 7:41 AM
To: 'Mia Davis' <mia@intelligent.com>
Subject: RE: Question about the resources you share on your website

Hello,

Thank you for your request, unfortunately, we cannot endorse any websites or entities that are not Narcotics Anonymous, as it violates our 6th Tradition.

6. An NA group ought never endorse, finance, or lend the NA name to any related facility or outside enterprise, lest problems of money, property, or prestige divert us from our primary purpose

We do provide Public Relations and Public Information panels for professionals and schools, you need only reach out to your local NA Fellowship and request a presentation.

You can learn more about Narcotics Anonymous at www.na.org

Sincerely, **Gail W.**

From: Mia Davis <mia@intelligent.com>
Sent: Friday, July 21, 2023 11:52 AM
To: gailjft@gmail.com
Subject: Re: Question about the resources you share on your website

Hi Gail,

I am glad to hear from you. I checked your website and was genuinely impressed by the valuable information you offer!

I am reaching out, hoping you can help us share our resource on your website. You can view it here: <https://www.intelligent.com/substance-abuse-recovery-support-guide-for-college-students/>.

Our guide helps students learn which substances pose the most significant risks to them, the consequences of continuous usage, and steps to overcome addiction.

I hope you can add it to your [links page](#) as an additional source of information for your community.

I look forward to hearing from you. Have a great day!

Thank you,

Mia Davis
Higher Education Advisor
Intelligent.com | mia@intelligent.com

From: gailjft@gmail.com <gailjft@gmail.com>
Sent: Friday, July 21, 2023 6:40 AM
To: 'Mia Davis' <mia@intelligent.com>
Subject: RE: Question about the resources you share on your website

Hello,
What are your questions? Thanks

Gail W.

From: Mia Davis <mia@intelligent.com>
Sent: Thursday, July 20, 2023 11:33 AM
To: there <help@wyo-braskana.org>
Subject: Question about the resources you share on your website

Hi there,

I hope you're doing well. My name is Mia Davis, and I serve as a Higher Education Advisor at Intelligent.com. I recently came across your website, <https://www.wyo-braskana.org/links/> and would like to connect with someone about the information you provide. Can you please direct me to the right person?

Thank you, I look forward to hearing back from you soon.

Warm regards,

Mia Davis
Higher Education Advisor
Intelligent.com

Let me know if you have any questions, thanks.

Thank you for letting me be of service.

ILS – Gail W.

Ad Hoc Unity Days:

Hello all,

Our Unity day was a success thanks to Shifa, Mark, Scott, Quinton, Jacob, Tom and Rhonda. Shifa put together a fun and creative workshop and Mark H. shared his experience, strength and hope. We sold all the t-shirts, collected a 50/50 raffle and Scott and Quinton fed everybody. We made our \$500 seed money back plus an additional \$33.90. I have a detailed breakdown of expenses and money taken in, but I am in the middle of a very disorganized move. When I find the paper I need, I will pass along the information to the group. Thank you for your patience and understanding. I hope we are able to find a Unity Day chair for next year.

In loving service,

Abby

Serenity Break

Sharing Session:

Went over new rotation schedule and who will be able to travel to Mitchell for the next area meeting.

Suggestion for PR to start getting volunteers in each town to cover jails and school panels and report back to Mark since there is so much area to cover. Laramie issues being worked on Karen M with the women meetings, Derrick will try to work on the men's side. Suggestion that next event being planned could be a good opportunity for NA training for H&I and Panels.

Area Inventory – survey can be added to the website. Parameters of survey can only be filled out once by members, a risk that non-members will try to fill it out we are NA we have to have some trust.

Old Business:

Logo Contest 9/1/23 deadline

Time for area inventory

New Business:

Emails from NAWS have been disbursed on multiple topics.

Elections:

Secretary – no nominations

Treasurer – no nominations

Web Servant – no nominations

Unity Days Ad Hoc – send back to groups for anyone interested will be assigned not elected

Disbursements:

Scott 69.53 Unity day reimbursement

Rhonda 46.80. School panel literature reimbursement

Methodist Church of Laramie 20.00. August Rent

Basket passed for hosting group:

Next area meeting: Mitchell, NE September 9, 2023

Nile closed meeting with gratitude prayer.



WYO-BRASKA AREA SERVICE COMMITTEE



P.O. Box 4263
Cheyenne, WY 82003

www.wyo-braskana.org
help@wyo-braskana.org

WBASC Business Meeting Agenda 9.9.23

Kristi opened the meeting with the Service Prayer

Readings:

The Twelve Traditions read by Rhonda.

The Twelve Concepts, read by Derrick.

Roll Call Executive Committee:

Chair: Abby Not Present / Report Sent

Vice Chair: Nile Not Present / Report Sent

Secretary: Vacant

Treasurer Interim: Gail Present / Report Sent

RCM 1: Derrick Present / Report Sent

RCM 2: Rhonda Present / Report Sent

Roll Call Sub-Committees:

Activities Chair: Scott Not Present / Report Sent

PR Chair: Mark Not Present / Report Sent

Web Servant Interim: Gail Present

Ad Hoc Unity Days: Vacant

GSR's:

Rhonda On Live's Terms

Kristi Not Alone

Shifa Recovery and Chill

Guests:

Fox

Andi

Lanie

Mike T

Concept Study – Concept 4:

Effective leadership is highly valued in Narcotics Anonymous. Leadership qualities should be carefully considered when selecting trusted servants.

- **No discussion had.**

NA Birthdays: Andi 90 days

New Groups: None

Opening Treasury Balance: 1,825.84

Approval of Previous Minutes: **Need to approve July and August - July minutes not sent out, that was the June minutes – still need the July minutes or they need to be created.**

August approved with correction to be made:

Rhonda as GSR for OLT, as opposed to Live From Laramie

5 voting members present CBDM does not require a quorum.

Executive Committee Reports:

Chair:

Hey everyone, I'm bummed I can't make it to Nebraska for area this month. I'll be in Denver training for work. I know Nile will do a great job chairing the meeting and I'll give Gail the checkbook for any disbursements. I received a voicemail from Pam with Clean and Serene in Scottsbluff. She heard we would be in her neighborhood and asked for white key tags and some JFT books. This should be discussed amongst the service committee. It's not my place to tell her yes or no so I will suggest that she or someone from Clean and Serene head to Mitchell to discuss. I'm looking forward to hearing about an upcoming event with Laramie this October and want to make sure Scott has all the support he needs getting things planned. I received one area logo submission that I'm sending with Gail. It's a good one! I did hear a concern from a

member about P3 and whether or not it is an outside issue. I think if we want our area to support this effort we need to do a better job explaining what it is. I think a workshop would be a good idea and as I understand it, this is something region is handling with their PR committee. Maybe region would consider giving our area a workshop. I have not heard from Kendall or the Nine Lives group in Torrington. Do we want to continue publishing a meeting on our list if it's no longer happening? This also brings me back to a concern that we are taking on too much as an area. It seems that we are still struggling to unify with Laramie again and have lost touch with Wheatland for the moment. I'm not sure it's sustainable for us to continue trying to incorporate Nebraska and I want to hear thoughts on this. I want all the groups in our area to feel supported. Are we spread too thin as an area service body to accommodate the groups? What can we do to continue supporting Laramie and Wheatland and also the groups in Nebraska? Do we want to consider facilitating a relationship between groups in Nebraska so they can be more of a support to each other?

Love you all and I look forward to reviewing what you discuss.

ILS Abby

Vice Chair:

Hello Wyo-Braska Family.

I apologize for my inability to attend this month, I had planned to right up until the last moment, but unfortunately, I'm not going to be able to make it. I seem to have the flu (or some sort of flu like outside issue).

Treasurer:

Treasury Report 9-9-23

Hello!

The online banking for today shows an available balance of \$1,825.84.

Final bank statement has come out from Bank of the West, due to the changes the bank made.

Transactions that have been recorded for the past few weeks:

General Funds had expenses in the following:

Transfer of funds:

To PR: \$0.00

Operating Costs:

Meeting space: \$20.00

TracFone for Venmo: \$0.00

PO Box: \$0.00

Zoom Account: \$0.00

Bank Service \$0.00

Storage \$0.00

Service Material	\$0.00
RCM travel expenses:	\$0.00
PR expenses:	
Fellowship Development:	\$0.00
H&I	\$0.00
Meeting Lists:	\$17.49
Website:	\$0.00
Budget adjustment	\$0.00
Supplies	\$46.80

PR DID NOT receive their monthly transfer of funds of \$154.58.

Unity Days expenses:	Check to Scott has not cleared the bank
Unity Day Income:	\$33.66 transferred to general account
Activities:	\$0.00

Budgets:

The balance for each committee is below as of today:

Prudent Reserve:	\$300.00
General Funds:	\$222.73
Chair:	\$25.00
Vice Chair:	\$0.00
RCM:	\$250.00
Secretary:	\$49.26
Treasurer:	\$0.00
Activities:	\$250.00
PR:	\$159.32
Unity Days:	\$500.00
Total:	\$1,756.31 does not match bank statement

Venmo:

Venmo Transfers (In and Out):	\$10.00
Cash Deposits:	\$0.00

Group Donation Deposits: \$10.00

Anchors Away	
Live from Laramie	
No Matter What Group	
On Life's Terms	
Recovery and Chill	10.00
Serenity Seekers	

Bank Transactions:

The new online banking system does not give a way to export transactions as far as I can tell.

The ledger does not balance with the bank account statement due to one check not cashed yet and the stopping point from the changes to the bank.

If you take the balance from the statement, add in the \$10.00 Venmo payment and then subtract the check to Scott, it matches the ledger.

We are still looking at doing something different with the website, this will cost upfront, so we need to keep this in mind going forward.

This is the end of the fiscal year for 2022-2023, a new ledger will need to be created, this is a good time to talk about budgets and getting the guidelines for PR and Activities revised.

Thank you for allowing me to be of service, Gail W

RCM 1:

Hey WBASC,

Hopes that everyone is doing well. Short report this time. Our next Region business meeting is October 3rd in Riverton. Upcoming position available for web servant in February. Please let us know of any questions, concerns or comments we may take to the next business meeting.

Thank you ILS
RCM's

Report to Region August 2023:

RCM Report

Report date August 5th 2023 for Wyo-Braska. Our Attendance has been steady throughout the past couple months, with an average of 3 to 31 in attendance. As well as an influx of newcomers.

We currently have 2 new meetings. One of which is an addition to Anchors Away, Sunday at 3pm. As well as a new group from Mitchell NE in the process of getting up and running. Scottsbluff has rejoined us with representation. They are still holding their meetings as shown on the meeting list. Wheatland No Matter What Group has stepped away from area for the time being to restructure.

Live From Laramie is currently looking for any potential speakers for upcoming events.

Our area is currently hosting a logo contest to update our logo. The winner will be announced at our fall festival in October. Which more will be revealed.

We are requesting further information on the P3 and implementing it.

Our next upcoming event is Unity Days, which is Sunday 1-5 pm and will be held At lions Park in Cheyenne WY. Check out the websites for more information. I would love to have you all in attendance.

Our new PR Chair Mark H has been working with our current H&I chair to further our involvement throughout the prisons.

We are interested in further discussing how to best separate the region, to involve every county and possibly including the NE Panhandle. Since we currently have several groups in which we represent from there.

We are seeking information on how to best handle rogue representation at H&I. They are members, but do not report or communicate any information with our area. They are also the current point of contact for Laramie County Detention Center.

We currently have a donation from OLT for \$100.

Thank you

ILS RCM 1 Derrick T

RCM 2 Rhonda E

RCM 2: See above.

Group Reports:

Anchors Away: Not Present / Report Sent

Anchors Away is doing fine, our daily attendance ranges from 3 to 10 people. Our new Sunday afternoon meeting seems to be successful, as it's been our most heavily attended meeting this month, with an average of 10 people.

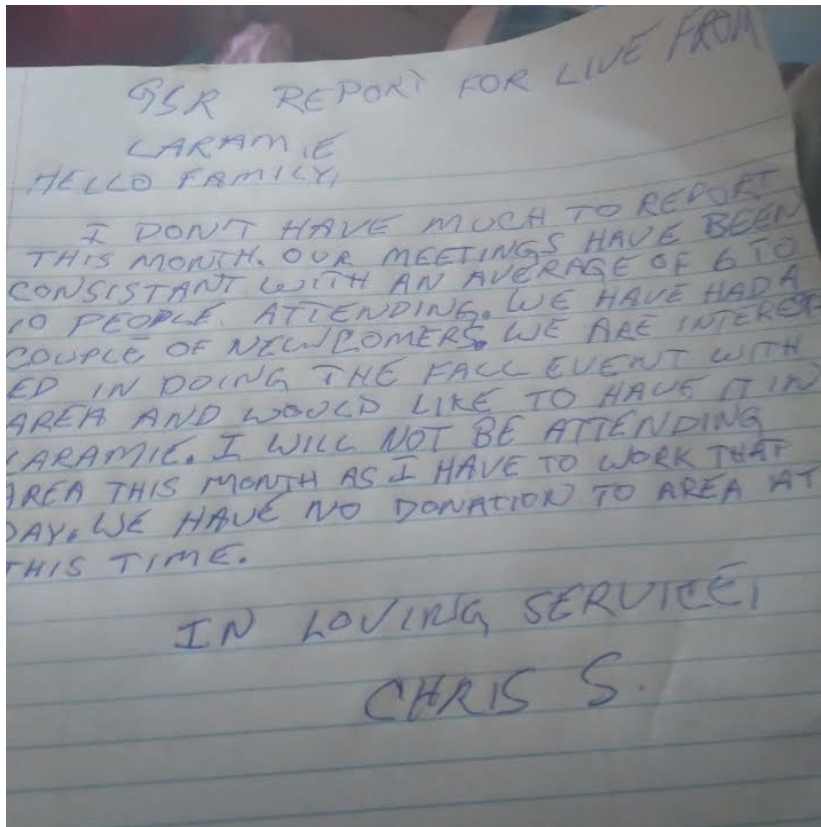
Clean and Serene: Not Present / No Report Sent

2nd consecutive meeting with no report or participation

WBASC Guidelines: After no representation in 3 months, the group will be taken off the roll call (agenda), they will remain on the meeting list, until the meeting can be verified that it does not meet or has been closed. If the meeting is closed it will be removed from the meeting list immediately. If the group returns to the WBASC, after being removed from the roll call and meeting list, they will need to follow the guidelines for a new group. (12/11/21)

Live from Laramie: Not Present / Report Sent

A picture was sent of a handwritten report.



Nine Lives: Not Present / No Report Sent

3rd month no contact. Will remove from roll call, we cannot confirm the meeting is still open, a member tried to go but no one was there. Removing the meeting from the meeting list.

WBASC Guidelines: After no representation in 3 months, the group will be taken off the roll call (agenda), they will remain on the meeting list, until the meeting can be verified that it does not meet or has been closed. If the meeting is closed it will be removed from the meeting list immediately. If the group returns to the WBASC, after being removed from the roll call and meeting list, they will need to follow the guidelines for a new group. (12/11/21)

No Matter What Group: Not participating at this time, keeping on roll call and meeting list.

Not Alone: Present / Report Given

Hello, hello.

Glad to report we had a total of 16 attendees this month with an average of 4 per meeting. Currently no donations to area. Looking forward to seeing those of you who are available later today. Kindest regards, Kristi

On Life's Terms: Present / Report Given

Greetings WBASC,

Our group is doing well. Our attendance for the month of August was 210. Which is an average of 14 per meeting. We had 5 newcomers in August. Best of all, the newcomers from the last several months have been continuing to attend and get involved.

We continue to hold our monthly speaker meeting which is the second Wednesday of the month at 7:00 pm. Please join us for some food; as well as experience, strength and hope.

We have decided to have a book study for our Thursday night meeting. The readings will be from "It Works: How and Why" followed by sharing. Please join us in this new endeavor.

OLT is interested in learning more about how we can participate in Project Primary Purpose.

OLT is pleased to be donating \$40.00 to Area this month.

ILS Rhonda OLT GSR

Recovery and Chill: Present / Report Given

Sorry I forgot to add that we have not had a group conscious in a few months now, since we lost our homegroup member. I would like any guidance yall can offer on this. I also have not registered the meeting as an official Zoom group on NAWWS because I am hesitant to do so without a co-chair. If this group does not find a co-chair soon, I am not sure if I can continue by myself.

Hi family,

We have had great attendance lately and are still looking for a co-chair. I heard from the last area that folks were supportive in this, I really appreciate that, and will continue to ask that you let your sponsees/friends know about this service opportunity. For this month we have a \$10 donation to report for the area Venmo. I'll do my best to be on Zoom for tomorrow.

ILS, Shifa GSR

Serenity Seekers: Not Present / Report Sent

Thanks for your service fine people!! This month we a slight increase in attendance, but mostly we are pleased that we had 13 newcomers this month. Our attendance remains strong at 241 and with the newcomers, a total of 254. We have a new GSR alternate. He is name is Rory and he is our Friday night chair. I am very sad about Abby stepping down. I appreciate how much she has done for me individually and the program. Thanks, faithfully in service, Quinton and as always Go WYO!!!

Sub-Committee Reports:

Activities Chair: Not Present / Report Sent

Hello all from your Activities Chair. Not much to report at this time as I've been busy since the last area meeting in Laramie. I will be slowing down after this weekend, so I plan on making some calls and getting in touch with Scottsbluff and Mitchell too.

PR Chair: Not Present / Report Sent

No new information re-sent PI and Website reports.

H&I: No Report

PI School Panel: Not Present / Report Sent

9-08-2023

School panel report for September,

Good afternoon, Area family!!! I am excited to report we will be going to Carey Jr High to carry a message of hope on the 4th and the 5th of October for the first semester and then again in the second semester. We will be sharing with the 8th grade health classes. We have been to the old Carey Jr High in the past, however this is a brand-new school, so we are focused on making the best first impression as possible. I have rounded up some strong recovery for this panel and am looking forward to carrying a powerful message. Ill either report or show up to Area next month. I will be absent today as I'll be celebrating my 40th birthday with my family.

In loving serving Jason

Was advised by a volunteer for the panels that there will be a training before the scheduled panels.

Web Servant: Present / Report Given

Website Report 9.9.23

Hello Area Members,

Here are the things done to the website since we last met:

- Added a block for the main page to give the next area business meeting info, when and where.
- Checked each page for any updates needed.
- Added the CRCNA flyer to events.
- Added the Area Survey to the website.
- Updated the NAWS page to include links to the new projects, surveys and NA Survival kit.
- Activated Exact Metrics on the site and connected to our Google Analytics.
 - Google Analytics lets me change the date span, Exact Metrics we would have to update to a paid service, but it seems that the information is about the same.

Meetings:

The Wyo-Braska Area has 10 groups with 35 meetings per week.

Please go in and make sure all of the meetings are correct. NAWS is updating their meeting lists systems, so I sent an email to NAWS asking for their most current file for us to make sure everything has been updated.

Analytics from August 14th to September 4th: We had 100 visitors, 88 were new visitors.

Countries that visited our site:

1	United States	96
2	China	1
3	Germany	1
4	Romania	1
5	Sweden	1

Top 10 Regions:

1	United States	Colorado	39
2	United States	Wyoming	34
3	United States	Montana	6
4	United States	(not set)	5
5	United States	Nebraska	5
6	United States	Idaho	4
7	United States	Ohio	4
8	United States	Utah	4
9	United States	New Mexico	3
10	United States	Texas	3

I still need to get the hosting platform changed and all that other stuff, I was about to do this since I had time with the holiday weekend, but I remembered our banking is suspended due to the changes with the bank. We are coming up on when the next charges for the hosting will be due, so this needs to get done before the next area meeting.

Emails Received:

I responded to the one I mentioned last month in the same manner as I have in the past, explaining we cannot add their information to our site as it violates our traditions.

No other emails received since we last met.

Thank you for letting me be of service. ILS – Gail W.

Ad Hoc Unity Days: Vacant

Serenity Break

Sharing Session:

Chair report:

- I received a voicemail from Pam with Clean and Serene in Scottsbluff. She heard we would be in her neighborhood and asked for white key tags and some JFT books. This should be discussed amongst the service committee. It's not my place to tell her yes or no so I will suggest that she or someone from Clean and Serene head to Mitchell to discuss.
 - **Clean and Serene did not show up – tabled until they show**
- I did hear a concern from a member about P3 and whether or not it is an outside issue. I think if we want our area to support this effort we need to do a better job explaining what it is. I think a workshop would be a good idea and as I understand it, this is something region is handling with their PR committee. Maybe region would consider giving our area a workshop.
 - **Carla W has a PowerPoint, Derrick will reach out to get it and possibly provide the workshop for area**
- I have not heard from Kendall or the Nine Lives group in Torrington. Do we want to continue publishing a meeting on our list if it's no longer happening?
 - **Following guidelines, removing meeting and group from roll call**
- This also brings me back to a concern that we are taking on too much as an area. It seems that we are still struggling to unify with Laramie again and have lost touch with Wheatland for the moment. I'm not sure it's sustainable for us to continue trying to incorporate Nebraska and I want to hear thoughts on this. I want all the groups in our area to feel supported. Are we spread too thin as an area service body to accommodate the groups? What can we do to continue supporting Laramie and Wheatland and also the groups in Nebraska? Do we want to consider facilitating a relationship between groups in Nebraska so they can be more of a support to each other?
 - **Discussion:**
Several people spoke on this issue with the consensus being that we need to be there for every addict. It was pointed out that the Nebraska panhandle has always been a part of our area and that the GSR from Not Alone has driven for very long distances to attend the last 4 area meetings. It was also brought up that NA has a tradition of traveling in our quest to reach every addict.

Group conscience for Recovery and Chill:

- The GSR for recovery and chill is concerning that she is the only group conscience member and that she needs an alternate chair.
- The chair suggested she check out the Virtual Meeting Basics on the NAWS website, then come back to area if there any questions.
- Two members volunteered to support this group and will contact the GSR.

The PR chair logged in for a little bit and stated that two people were upset about being banned from the school panels. Area requested that he add this information to his PR report and send it in.

A guest was concerned about being excluded from the school panels:

- The chair asked why he felt he had been excluded and he responded that he thought it was for using vulgar language.
- The chair suggested that he speak to the PR chair.

Laramie County H&I for the men's meetings:

A member identifying himself as "one of the rogue guys" showed up to provide information about visiting the Laramie County Jails. He stated he has been in touch with the regional H&I chair and that the H&I chair requested he attend area. He stated that they are trying to arrange to go into the pods again. Currently meetings are on Zoom only (prisoners in the pods, NA members in the barbershop in the jail). Meetings have been sporadic. Only two members are currently going in. The jail has plenty of literature. Meetings are only during the day, but they are trying to get that changed to evenings or weekends. There is not much attendance at the meetings by the prisoners. The chair advised the rogue member that we need reporting to the PR chair and asked the member if he would like to be the point person for this. He will speak to the Area PR Chair start providing information.

Old Business:

Area Inventory Results and Discussion – There have been 15 responses to the Area Inventory. As the inventory was started a month late, the deadline was extended to 10/13/23.

Logo Contest Voting – tabled to next month deadline for submissions 10/13/23. Shifa will update the flyer.

Storage fees are due this month:

Storage is \$40.00 per month, paid every 6 months (Sept-Feb, Mar-Aug). The following suggestions were made:

- Negotiate a lower price.
- Store at a members home.

This was tabled until next month.

It was brought up that reports need to be in writing:

- This discussion was tabled until next month.

OLT wants to find out how to help P3 sell shirts:

- Per Carla W they do need it now but will reach out when needed.

New Business:

Guideline change:

- It was brought up that changes may be needed to the Area Guidelines to allow the treasurer to disburse funds through Venmo.
- Adding in language that allows disbursement via Venmo as well as checks written.

SECTION 8: Treasurer

All disbursements must be in check format for tracking purposes.

SECTION 11: Disbursements:

No individual WBASC member can be disbursed a WBASC check in their name unless approval is granted by the WBASC. There are a few exceptions: automatic disbursements such as rent for the ASC meeting or travel funds for the RCM's.

In the event that a sub-committee has funds to be deposited in the form of cash, and is also requesting another disbursement, the cash is deposited, and a check is issued for the requested disbursement. There should always be a record of any disbursements, the way these records are tracked are through the written checks. (1/23/22)

Venmo account:

- WBASC may hold a Venmo account in order to expedite payments to and from members. In order to manage the Venmo, an area cell phone will be provided to the treasurer. The area cell phone will be connected to Venmo, and the area's email address will be the contact. The treasurer will need to be able to access the area email account. At any event, the treasurer will need to make available to the committee hosting the event the use of the Venmo account (1/23/22)

**Money matters will be voted on within the business meeting, all other matters should be taken back to the groups for vote to be decided at the next scheduled ASC. (02/12/22)
Still need to discuss – tabled.**

Elections:

When members are elected midterm, the member finishes the term and completes the next scheduled term (01/08/22)

Annual Elections:

January No Election

February RCM and RCM2 (two-year position each) **Derrick and Rhonda elected July 2023, mid-term completion February 2024, next election February 2026.**

March Activities Chair (two-year position each) **Scott elected May 2023, mid-term completion March 2024, next election March 2026.**

May PR Chair (two-year position each) **Mark elected May 2023, next election May 2025.**

June Secretary (two-year position each) **Open since July 2023 – continue to announce.**

July Treasurer (two-year position each) **Open since February 2022 – continue to announce.**

August Unity Days Chair (1-year position) – Appointed only. **Open since August 2023 – continue to announce.**

September Chair and Vice Chair (two-year position each)

- Chair was elected December 2022 – **next election for Chair will be September 2025.**
- Vice Chair was elected January 2021 – **September 2021 fulfilled mid-term requirements, September 2021 to September 2023 – term is considered completed and fulfilled. Position is now open – GSR's make announcements.**

October No Election

November No Election
December No Election

Secretary – No nominations GSR's need to continue to announce.

Treasurer – No nominations GSR's need to continue to announce.

Web Servant – **Guideline change proposed that web servant needs to have at least 6 months clean as long as they have the skills and experience needed to fulfill the position. Also need to determine term lengths and when elected. Current guidelines do not address this since the Web Servant is not an actual Sub-Committee Chair and the PR Guidelines do not address Web Servant at all.**

Money matters will be voted on within the business meeting, all other matters should be taken back to the groups for vote to be decided at the next scheduled ASC. (02/12/22)

There was no objections to the 6-month requirement, but we may need to revisit this at the next meeting to make sure we do not have any objections to this election for the Web Servant.

Lanie H. was nominated with 6 months clean, she qualified herself with exceptional experience and skillsets, and was elected to Area Web Servant.

Unity Days Ad Hoc – tabled to next month GSR's need to continue to announce.

Disbursements:

20.00 via Venmo to Not Alone for rent.

Miscellaneous – Mike T is donating to area an NA sign.

Basket passed for hosting group: 15.00.

Next area meeting: 10/14/23 Cheyenne

Mike T closed meeting with 3rd Step Prayer.

WBASC Business Meeting Minutes 10.14.23

Abby opened the meeting with the Service Prayer

Readings:

The Twelve Traditions read by Hawk.

The Twelve Concepts, read by Abby.

Roll Call Executive Committee:

Chair: Abby Present / Report Sent

Vice Chair: Vacant

Secretary: Vacant

Treasurer Interim: Gail Present / Report Sent

RCM 1: Derrick Not Present / No Report Sent

RCM 2: Rhonda Present / Report Sent

Roll Call Sub-Committees:

Activities Chair: Scott Present / Report Sent

PR Chair: Mark Present / Report Sent

Web Servant Interim: Lanie Not Present / Report Sent

Ad Hoc Unity Days: Vacant

GSR's:

Rhonda On Live's Terms Present

Kristi Not Alone Present

Fox- Alternate GSR Recovery and Chill Present

Chris- Live from Laramie Present

Nile- Anchors away Present

Serenity seekers absent

No Matter What absent

Guests:

Fox Hawk

Kathy

Concept Study – Concept 5:

For each responsibility assigned to the service structure, a single point of decision and accountability should be clearly defined.
No discussion had.

Concept 5 discussion-

Importance of subcommittee chairs keeping people informed. A desire for learning days and taking accountability for our positions. Discussion about how learning days would be important to educate members on what their roles and responsibilities are. Guidelines need to be reviewed.

NA Birthdays: Andi 90 days

Chris 3 years

New Groups: None

Fox 60 days

Opening Treasury Balance: 1,876.31

Approval of Previous Minutes: Tom has not provided July minutes

Executive Committee Reports:

Chair:

I don't have much of a report this month, as I am catching up from my absence last month. I'm now IV certified! Anyway, I spoke with our bank and my debit card will continue to work until they send a replacement next year. We have an activity planned this month. Lanie has posted the flyer on our website. The school panels went well and I can't wait to hear more about it!

Love you all

Abby L

Vice Chair:

I'm not sure if I'll be in attendance today, if you are currently present in the meeting, you should know. It seems that my term as Vice Chairperson has expired, so in the spirit of rotation I'll be stepping down. I am grateful to have had the opportunity to serve.

Your Servant,

Nile C

Treasurer:

Treasury Report 9-9-23

Hello!

The online banking for today shows an available balance of \$1,876.72.

Transactions that have been recorded:

General Funds had expenses in the following:

Transfer of funds:

To PR: \$0.00

Operating Costs:

Meeting space: \$20.00

TracFone for Venmo: \$19.59

PO Box: \$0.00

Zoom Account: \$0.00

Bank Service \$0.00

Storage \$0.00 **Need to resolve bill or find another option**

Service Material \$0.00

RCM travel expenses: \$0.00

PR expenses:

Fellowship Development: \$0.00

H&I \$0.00
 Meeting Lists: \$0.00
 Website: \$0.00
 Budget adjustment \$0.00
 Supplies \$0.00

PR DID NOT receive their monthly transfer of funds of \$154.58. Need to discuss new budget for PR

Unity Days expenses: Check to Scott has cleared the bank and accounted for

Unity Day Income: \$0.00

Activities: \$0.00

Budgets:

The balance for each committee is below as of today:

Prudent Reserve: \$300.00
 General Funds: \$343.14
 Chair: \$25.00
 Vice Chair: \$0.00
 RCM: \$250.00
 Secretary: \$49.26
 Treasurer: \$0.00
 Activities: \$250.00
 PR: \$159.32
 Unity Days: \$500.00
 Total: \$1,876.31 **matches online balance**

Venmo:

Venmo Transfers (In): \$160.00
Venmo Transfers (Out): \$20.00
Cash Deposits: \$0.00

Group Donation Deposits: \$160.00

Anchors Away	
Live from Laramie	
No Matter What Group	
On Life's Terms	40.00
Recovery and Chill	20.00
Serenity Seekers	100.00

Bank Transactions:

Located the way to export the banking transactions:

POSTED DATE	DESCRIPTION	AMOUNT	TRANSACTION REFERENCE NUMBER	TYPE	CREDIT/DEBIT
9/28/2023	VENMO DEPOSIT	10		DDA Deposit	Credit
9/25/2023	VENMO DEPOSIT	10		DDA Deposit	Credit
9/18/2023	TRACFONE	-19.59		DDA Debit	Debit
9/15/2023	VENMO DEPOSIT	40		DDA Deposit	Credit
9/11/2023	DDA CHECK	-69.53	1304	DDA Check	Debit
9/11/2023	VENMO PAYMENT	-20		DDA Debit	Debit
9/11/2023	VENMO DEPOSIT	100		DDA Deposit	Credit

All transactions that were recorded on the 11th of last month were added to the previous ledger, both ledgers will be provided with this report. A new ledger was created, we still need to talk about budgets and getting the guidelines for PR and Activities revised.

Thank you for allowing me to be of service, Gail W

RCM 1:

RCM 2: See above.

Group Reports:

Anchors Away: Present / Report Sent

Anchors away has had regular attendance of 5-10 addicts per meeting. We remain self supporting, and I have made a Venmo transfer in the amount of \$150 that we had intended to contribute several months ago, but I forgot . We will continue to have daily meetings at 10:30 AM, except on Sundays when they will continue to be at 3:00 pm.

Your Servant,
Nile C

Live from Laramie: Present / Report Sent

Attendance is up and we are getting some newcomers on a regular basis. 5 to 10 person average at our meetings.

No Matter What Group: **Not participating at this time, keeping on roll call and meeting list.**

Not Alone: Present / Report Given

Hello my fellow service team,

Not alot to report we are at a steady average of 2 ppl per meeting with a total of 8 for September. Currently no donations available for area.

Thank you,
Kristi

On Life's Terms: Present / Report Given

Greetings WBASC,

Our group is doing awesome. Attendance for the month of September was 175. Which is an average of 18 per meeting. We had 7 newcomers in September. Several newcomers from the last few months have been continuing to attend and be involved.

We continue to hold our monthly speaker meeting; which is the second Wednesday of the month, at 7:00 pm. Please join us for some food; as well as experience, strength and hope.

Our book study for our Thursday night meeting has been well attended. The readings are from "It Works: How and Why" followed by sharing. Please join us at 7 pm on every Thursday.

OLT is pleased to be donating \$100.00 to Area this month.

ILS

Rhonda

OLT GSR

Recovery and Chill: Present / Report Given

Hi all,

Approximately 9 to 16 people join every week. Moving forward we will keep a tally of exact number of attendees per month (thank you for your patience with me on this, I'm sorry I forgot to keep track).

We will start holding group conscious next month, on the second Tuesday of every month.

Fox will be alternate GSR for Recovery and Chill, as I will not be in attendance to Area tomorrow, unfortunately. Also, Fox is our new co-chair!!! We are still looking for additional co-chairs, so if you know anyone interested please let one of us know.

For the month of September we have \$30.00 of donations via the area Venmo to report.

ILS,

Shifa and Fox

Serenity Seekers: Not Present / Report Sent

I apologize for my tardiness. Do to unforeseen circumstances, I am absent today. Serenity seekers had 252 in attendance this month, with an astounding 21 newcomers. Our attendance is up 37% from last year's count at this time. Our group is donating area \$200 for the month of September. Once again I apologize. Thanks to everyone for thier service!!!!!! Q

Sub-Committee Reports:

Activities Chair: Present / Report Sent

Hello all, we are nailing down the final details of the Boo-Ball for Laramie today after the Area meeting, which won't take long. The fun will be October 27th in Laramie starting at 6. I won't be able to be there as I have a previous commitment that weekend in Texas. In loving service!!

PR Chair: Present / Report Sent

H&I: No Report

PI School Panel: Not Present / Report Sent

School Panel Report for October 2023,

Good morning Area Family,

I am very excited to report we had an excellent school panel last week at Carey Jr High here in Cheyenne. With 5 total panel members including myself we rocked that school to the core. The teachers were very grateful for our experience, strength, and hope we shared with the students. We shared about some of the desperation addiction had taken us too, as well as the miracles and blessings recovery has brought to our lives. We had many students and teachers alike in tears over the triumph recovery has brought to us. We received many letters from the students telling us how we impacted their lives and their outlook on drugs and alcohol. We shared with them all the resources available to them locally, far as Narcotics Anonymous meetings to reach out too if they or someone they know needs help with addiction. I've attached a couple screen shots of messages I received from Mrs. Ellison, my teacher contact at Carey, for you to read. I thoroughly enjoy this service position; it gets better every year as we progress. Mrs. Ellison also told a teacher at Johnson Jr High about the impact we made with the students and I will be in touch with the Johnson teachers shortly to set up our first panel there. Thank you all for the many years you have allowed me to serve in this position 🙏 I truly cherish it. It hits home at a soulful level.

In loving Service
Cheyenne School Panel Organizer
Jason Kutsulis

Web Servant: Present / Report Given

Website Report 10.14.23

Hello Area Members,

I haven't been able to work on site as I had hoped to, as a family emergency has me in New York until the end of the month. I did update the events page to show the Boo Ball and added the flyer to the site.

Meetings:

The Wyo-Braska Area has 10 groups with 35 meetings per week.

Analytics from Sep 14th to Oct 13th: We had 117 visitors. I tried logging into the analytics account but it says the password is incorrect. I will get with Gail to figure that out. This is what I could pull.

Countries that visited our site:

Top 8 Countries

1. United States 335
2. United Kingdom 13
3. China 8
4. Germany 2
5. Egypt 2
6. Nepal 2
7. Russian Federation 2
8. France 1

Top Posts

1. [Meeting List - Wyo-Braska Area of Narcotics Anonymous](#) 412
2. [Home - Wyo-Braska Area of Narcotics Anonymous](#) 199
3. [Wyo-Braska Area Unity Day - Wyo-Braska Area of Narcotics Anonymous](#) 36
4. [Events - Wyo-Braska Area of Narcotics Anonymous](#) 31
5. [Area Inventory - Wyo-Braska Area of Narcotics Anonymous](#) 23

[6.Cleantime Calculator - Wyo-Braska Area of Narcotics Anonymous](#)18

[7.Contact - Wyo-Braska Area of Narcotics Anonymous](#)13

[8.About - Wyo-Braska Area of Narcotics Anonymous](#)10

[9.CRCNA \(Colorado Region Convention of NA\) - Wyo-Braska Area of Narcotics Anonymous](#)10

[10.The Boo Ball! - Wyo-Braska Area of Narcotics Anonymous](#)9

I looked into changing the site over to another format, but there's no way to interface with the meetings list without a weird workaround, so I think staying on Wordpress is our best bet. As for hosting, I just haven't had the time to research other options with everything going on.

Emails Received:

No emails received since we last met.

Thanks,

Lanie

Ad Hoc Unity Days: Vacant

Serenity Break

Sharing Session:

Discussion about RCM 1 missing Region and Area with no report sent. The committee has concerns about RCM 1 not being available to serve and not communicating with RCM 2

Discussion about supplying meeting lists, using the PR printer might be more cost effective.

Old Business:

Area Inventory Results and Discussion – Area members need to be better about announcing area business and events at every meeting. Feedback from survey shows that WBASC is adequate/needs improvement in feeling united. The responses show a desire for more area events and travel.

Logo Contest Voting – Submissions reviewed and Fox's design was approved to include elements of Hawk's design

Storage fees Fees were paid and Abby has offered to reach out to the church to re-negotiate a better rate.

It was brought up that reports need to be in writing

Area business meetings should be all virtual or all in person, take back to groups

Guideline Changes

Area moved to Nov 4 to avoid conflict with CRCNA

New Business:

Elections:

Unity Days Ad Hoc – tabled to next month GSR's need to continue to announce.

Disbursements:

220 Venmo to Fox for activities

30 to mark for printer ink (from activities budget)

100 to grace united for 2 months of storage and 20 for October rent

Next area meeting: 11/4/23 Laramie

Nile closes with prayer.



WYO-BRASKA AREA SERVICE COMMITTEE



P.O. Box 4263
Cheyenne, WY 82003

www.wyo-braskana.org
help@wyo-braskana.org

WBASC Business Meeting Minutes 11.4.23

Laramie WY

Abby opened the meeting with the Serenity Prayer

Readings:

The Twelve Traditions read by Shifa.

The Twelve Concepts, read by Abby.

Roll Call Executive Committee:

Chair: Abby Present / Report Sent

Vice Chair: Vacant

Secretary: Vacant

Treasurer Interim: Gail Present / Report Sent

RCM 1: Derrick Present / Report Sent

RCM 2: Rhonda Not Present / No Report Sent

Roll Call Sub-Committees:

Activities Chair: Scott Present / Report Sent

PR Chair: Mark Present / Report Sent

Web Servant: Not Present

Ad Hoc Unity Days: Vacant

GSR's:

Anchors Away – Not Present

Live from Laramie – Present Chris

Not Alone – Not Present

On Life's Terms – Not Present

**Recovery and Chill GSR Shifa
Recovery and Chill Alternate GSR Fox
Serenity Seekers – Not Present**

Guests: No Guests

Concept Study – Concept 6:

Group conscience is the spiritual means by which we invite a loving God to influence our decisions.

- **Small discussion had.**

NA Birthdays: None

New Groups: None

Opening Treasury Balance: \$2,619.50

Approval of Previous Minutes: July minutes approved, October minutes approved.

6 voting members present CBDM does not require a quorum.

Executive Committee Reports:

Chair:

Hello everyone,

I look forward to hearing comments and concerns about our latest even and upcoming events to be planned. Our area inventory shows that our area would like to see more events, so we want these to be successful, recovery based events. Our old buddy Tom has reached out to the church to renegotiate our storage fees as well as our rent when we meet there for area. It seems we are losing more trusted servants again and we're still looking for folks to fill spots we have open. Please announce these open positions at meetings. I'll see you all in Laramie tomorrow at noon!

ILS, Abby

No questions for the chair.

Vice Chair: Vacant

Treasurer:

Hello!

The online banking for today shows an available balance of \$2,619.50.

The statement has not come out yet. Transactions that have been recorded:

General Funds had expenses in the following:

Transfer of funds:

To PR: \$0.00

Operating Costs:

Meeting space: \$20.00

TracFone for Venmo: \$0.00

PO Box: \$0.00

Zoom Account: \$0.00

Bank Service \$0.00

Storage \$80.00

Service Material \$0.00

RCM travel expenses: \$0.00

PR expenses:

Fellowship Development: \$0.00

H&I \$0.00

Meeting Lists: \$0.00

Website: \$0.00

Budget adjustment \$0.00

Supplies \$0.00

PR DID NOT receive their monthly transfer of funds of \$154.58. Need to discuss new budget for PR.

Unity Days expenses: \$0.00

Unity Day Income: \$0.00

Activities: \$250.00

Budgets:

The balance for each committee is below as of today:

Prudent Reserve: \$300.00

General Funds: \$1,335.92

Chair: \$25.00

Vice Chair: \$0.00
 RCM: \$250.00
 Secretary: \$49.26
 Treasurer: \$0.00
 Activities: \$0.00
 PR: \$159.32
 Unity Days: \$500.00
 Total: \$2,619.50 **matches online balance**

Venmo:

Venmo Transfers (In): \$850.00 (\$500.00 from an individual member)

Venmo Transfers (Out): \$250.00 (Activities)

Cash Deposits: \$242.78

Group Donation Deposits: \$592.78

Anchors Away	150.00
Live from Laramie	142.78
No Matter What Group	
On Life's Terms	100.00
Recovery and Chill	
Serenity Seekers	200.00

Bank Transactions:

POSTED DATE	DESCRIPTION	AMOUNT	TRANSACTION REFERENCE NUMBER	TYPE	CREDIT/DEBIT
10/24/2023	DDA DEPOSIT	\$242.78		DDA Deposit	Credit
10/19/2023	VENMO PAYMENT	(\$30.00)		DDA Debit	Debit
10/17/2023	VENMO DEPOSIT	\$500.00		DDA Deposit	Credit
10/16/2023	DDA CHECK	(\$100.00)	1308	DDA Check	Debit
10/16/2023	VENMO PAYMENT	(\$220.00)		DDA Debit	Debit
10/16/2023	VENMO DEPOSIT	\$200.00		DDA Deposit	Credit
10/16/2023	VENMO DEPOSIT	\$150.00		DDA Deposit	Credit

We still need to talk about budgets and getting the guidelines for PR and Activities revised.

Thank you for allowing me to be of service, Gail W

No questions for the treasurer.

RCM 1: Present / Area requested his report sent to Region

Wyo-Braska RCM Report October 7th 2023

Hello URMR,

Wyo-Braska Area currently has 9 groups and 34 meetings. Of the groups that reported in August and September, we had over 1,400 in attendance for July and August. This included, 25 or more, newcomers. We currently have 1 new meeting, Which is Not Alone Group in Mitchell, NE. Our next event will be the Boo Ball to be held in Laramie, Oct. 27th at 6pm. The flyer is on the Wyo-Braska website.

We are currently holding a logo contest to update our logo. The submissions are due by October 13th, which is our next area meeting. Where the winner will be chosen and a prize offered. We are planning on getting merchandise available with our logo on it.

We were curious about more information on P3, or possible power point presentation info, in order for us to present that to our area.

The 9 Lives/Torrington meeting is no longer on our meeting list due to lack of communication and contact.

We did receive information from a male member who is currently attending Laramie County Detention Center in Cheyenne. He'll continue to relay information to area. So thank you to anybody in H&I who may have contacted them.

Laney has been elected as our Web Servant. We currently have no donation.

Thank you, ILS RCM's

Questions for RCM

RCM 2: Not Present / Report sent and read by RCM 1

URMR Business Meeting

October 7, 2023

RCM Report

Greetings,

There will be a webinar about the new meeting finder set up by WSO on November 11, 2023 at 11:00am-12:30 pm PST to explain the new system. There is a flyer located at:

www.NA.org/webinar

Meeting ID: 82711458381

Passcode: 1953

The regional web servant position election will be in February.

The workshop was on the 2023-2024 Environmental Scan Survey for Delegates. The survey is available on NA.org and can be taken by individuals and groups until 11/15/23. This survey is based on priorities identified at WSC 2023. It addresses internal and external factors worldwide.

ILS,
RCM's

Clarifying Environmental Scan is for the delegates to fill out, section for area's and groups was removed from the scan online.

Group Reports:

Anchors Away: Not Present / No Report Sent

Clean and Serene: Not Present / No Report Sent / Removing from Roll Call

3rd consecutive meeting with no report or participation

WBASC Guidelines: After no representation in 3 months, the group will be taken off the roll call (agenda), they will remain on the meeting list, until the meeting can be verified that it does not meet or has been closed. If the meeting is closed it will be removed from the meeting list immediately. If the group returns to the WBASC, after being removed from the roll call and meeting list, they will need to follow the guidelines for a new group. (12/11/21)

Live from Laramie: Present

Verbal report only

No Matter What Group: **Not participating at this time, keeping on roll call and meeting list.**

Not Alone: Not Present / Report Sent after meeting.

Good evening, I apologize for missing today's meeting I didn't realize meeting had been moved up to today, despite receiving but not reading your reports throughout the week. I just thought everyone was on the ball and sending them out early!

Anywho, We are at a steady average of 2 ppl per meeting with a total of 8 for October. Currently no donations available for area.

See you next month on 12/9 in Mitchell, Kristi

On Life's Terms: Not Present / Report Sent

Hello all,

The GSR report for OLT is below. I'm working this Saturday so I will not be able to attend area this month. Have a wonderful day ya'll!

OLT GSR Report 11/4/23

Greetings WBASC,

Our group is doing great. Attendance for the month of October was 146. Which is an average of 12 per meeting. We had 9 newcomers in October. Our newcomers have been returning and getting involved.

We continue to hold our monthly speaker meeting; which is the second Wednesday of the month, at 7:00 pm. Please join us for some food; as well as experience, strength and hope.

Our book study for our Thursday night meeting has been well attended. The readings are from "It Works: How and Why" followed by sharing. Please join us at 7 pm on every Thursday.

OLT has not had our group conscience yet this month so there is no donation at this time.

ILS Rhonda OLT GSR

Recovery and Chill: Present

Hi family,

Over the month of October we had about 50 attendees. We have \$5.00 to report for donations to the area venmo.

Thank you, Shifa and Fox

Serenity Seekers:

Hello everyone from lovely Laramie. We have not had our monthly group conscious meeting, so I am unaware of any donation at this time. Record attendance for the month. We were 11 shy of 300, so 289. We also had 4 newcomers. All is well in Serenity seekers land and we wish to support area in any way we can. Thanks again for your service. QUINTON

Sub-Committee Reports:

Activities Chair:

Hello friends in recovery!! I heard the Boo Ball was a fun time by those in attendance. I wish I could have been there. I was at another Boo Ball in Texas and it was fun. There will be more

activities coming up, news at 11!! 😊. I will have to zoom the meeting today as I could be called to work any minute. In loving service!! Scott

Hello,

The Boo Ball was great fun. Pretty amazing costumes and fellowshipping.

However, we started with a budget of \$220 and we ended with \$145.04.

We allotted \$40 for literature, \$50 for decorations, \$100 for food, and \$20 for rent. We spent \$37 on literature, \$50 on decorations, \$94.96 on food, and \$20 on rent. We made \$40 on the 50/50 raffle and \$87 in suggested donations. All this comes to the ending amount of \$145.04.

I still have \$35.04 on Venmo, and I have \$135 in cash which comes to \$165.04. The \$20 for the rent has not yet been disbursed.

I do believe that is all I have to report. If I missed anything or you have any questions, please let me know.

Sidenote: I have been working on an inventory of Halloween decorations. We will not need to purchase any decorations next year, almost guaranteed. I'll have more to report on that later.

ILS, Fox

Discussion on how to report the money, expenses and budgets. Request for receipts and spreadsheet for expenses.

Suggestion for next event Sponsorship Day in Wheatland.

Suggestion for all day event on Saturday the 2nd for a learning day with speakers and workshops.

PR Chair:

Verbal Report given, requested a report in writing.

Discussion on meeting lists, received signed releases for the new logo and can now add to website.

H&I: No Report

PI School Panel:

School Panel Report for November 2023,

Good afternoon family once again im happy to report our last school panel went very well in my outlook at Carey Jr High. The teacher at Carey referred us to Johnson Jr High. I have yet to make contact with Johnson, but iam currently working on setting up a panel with Central High school. We have been invited back to Central for a second go round. Long story short they all love us and the impact we make with the students and staff alike. Up to this date we have

conducted panels at Carey Jr High, Triumph High, Central High and East high. Central is wanting us in there between November 27th and December 8th sometime for 1 or 2 days just trying to work out the fine details and availability with the panel members and the teachers. Once again thank 🎯🎯 you all for allowing me to serve in this incredible service position. In loving service,

Cheyenne Panel Coordinator Jason K

Web Servant: No Report – need to change hosting service now, agreed to let Gail change hosting with permission to pick one and get it started.

Merchandise will be purchased with new logo on it.

Ad Hoc Unity Days: Vacant

Serenity Break

Sharing Session:

Went over evaluating our commitments to our service positions.

Discussion on RCM's performance and area's recourse is things do not change.

RCM travel funds were dispersed to RCM 2 at region, those funds need to be refunded back to region.

Discussion on literature for jails found the Intro to NA booklet more affordable.

Went over guidelines with trusted servants who are in attendance, there is a disconnect with trusted servants and what is their duties.

Old Business:

Mark will get prices for literature for jails.

New Business:

Merchandise purchases.

Guideline changes:

Proposed changes, changing the order as well: passes 11/9/23.

Electronic Payment Accounts:

WBASC may hold an Electronic Payment Account, either Venmo or PayPal. These accounts may be utilized to expedite payments to and from members, groups and area sub-committees. The accounts need to adhere to the requirements listed below.

Venmo account:

WBASC may hold a Venmo account. In order to manage the Venmo account, an area cell phone will be provided to the treasurer. The area cell phone will be connected to Venmo, and the area's email address will be the contact. The treasurer will need to be able to access the area email account. At any event, the treasurer will need to make available to the committee hosting the event the use of the Venmo account (1/23/22)

PayPal Account:

WBASC may hold a PayPal account. Any addition of a PayPal account will need to be approved at area, the request will need to have a fully researched report on costs, percentages, and fees. (1/23/22)

Disbursements:

No individual WBASC member can be disbursed a WBASC check **or electronic payment** in their name unless approval is granted by the WBASC. There are a few exceptions: automatic disbursements such as rent for the ASC meeting or travel funds for the RCM's.

In the event that a sub-committee has funds to be deposited in the form of cash, and is also requesting another disbursement, the cash is deposited, and a check **or electronic payment** is issued for the requested disbursement. There should always be a record of any disbursements, the way these records are tracked are through the written checks **or the electronic payment account statements.** (1/23/22)

Sending back to groups other changes.

Elections:

When members are elected midterm, the member finishes the term and completes the next scheduled term (01/08/22)

Annual Elections:

January No Election

February RCM and RCM2 (two-year position each) **Derrick and Rhonda elected July 2023, mid-term completion February 2024, next election February 2026.**

March Activities Chair (two-year position each) **Scott elected May 2023, mid-term completion March 2024, next election March 2026.**

May PR Chair (two-year position each) **Mark elected May 2023, next election May 2025.**

June Secretary (two-year position each) **Open since July 2023 – continue to announce.**

July Treasurer (two-year position each) **Open since February 2022 – continue to announce.**

August Unity Days Chair (1-year position) – Appointed only. **Open since August 2023 – continue to announce.**

September Chair and Vice Chair (two-year position each)

- Chair was elected December 2022 – **next election for Chair will be September 2025.**
- Vice Chair was elected January 2021 – **September 2021 fulfilled mid-term requirements, September 2021 to September 2023 – term is considered completed and fulfilled. Position is now open – GSR's make announcements.**

October No Election

November No Election

December No Election

Secretary – No nominations GSR's need to continue to announce.

Treasurer – No nominations GSR's need to continue to announce.

Web Servant – Vacant

Unity Days Ad Hoc – Tabled

Vice Chair – Gail W elected.

Recording ended and was not brought back up for rest of meeting

Disbursements:

Basket passed for hosting group:

Next area meeting:



WYO-BRASKA AREA SERVICE COMMITTEE

P.O. Box 4263
Cheyenne, WY 82003



www.wyo-braskana.org
help@wyo-braskana.org

WBASC Business Meeting Agenda 12.9.23

Virtual Meeting

__Abby__ opened the meeting with the Serenity Prayer

Service Prayer Derrick

Readings:

The Twelve Traditions read by, Shiffa

The Twelve Concepts, read by Kristina

Roll Call Executive Committee:

Chair: Abby, present / report submitted

Vice Chair: Gail, present / report submitted

Secretary: Vacant

Treasurer: Vacant – Gail/ report submitted

RCM 1: Derrick, present / report submitted

RCM 2: Rhonda, absent / report submitted

Roll Call Sub-Committees:

Activities Chair: Scott, present

PR Chair: Mark, absent

School Panel: absent

Web Servant: Vacant – Gail

Ad Hoc Unity Days: Vacant

GSR's:

Anchors Away: absent

Live from Laramie: Chris

Not Alone: Kristi

On Life's Terms: Anthony, Alt GSR Fox

Recovery and Chill: Shiffa, Alt GSR Fox

Serenity Seekers: absent

Guests:

Tom G

Dave W

Andi

Concept Study – Concept 7:

All members of a service body bear substantial responsibility for that body's decisions and should be allowed to fully participate in its decision-making processes.

NA Birthdays:

Kristi: 2 months

Anthony: 2 years

Fox: 90 days

New Groups:

Tried and True Group: Literature Discussion Group Thursday night 6-7PM at the Grace United Methodist Church in the upper room on the left side entrance

Opening Treasury Balance: \$1,615.64

Approval of Previous Minutes: approved

Executive Committee Reports:

Chair: Abby

Hello all,

Saturday we will be meeting via Zoom only. I attended the PR workshop and enjoyed the insight from our Colorado neighbors. We did not present the GSR workshop, as there were no GRS's in attendance. I think it's time to consider moving our service structure to project based, rather than having subcommittees with chairs. This is simply due to lack of participation. I also think we should consider having our business meeting virtually only for the same reasons. We can still continue with school panels, H&I efforts and activities but these will be project based for the time being. I am always happy to show up for recovery, but it has felt a little lonely lately. I'm hearing some feedback about why that may be, none

that are in my control. I continue to be of service because it keeps me clean and teaches me how to be a better person. If there's interest in the future I am happy to meet members halfway. Just like staying clean, I can't want it more than others do. As always, I'm open to suggestions and comments/critiques.

[307-221-5224](tel:307-221-5224), lets talk about it

ILS, Abby

No questions for Chair

Vice Chair: Gail

Hello Wyo-Braska Area Committee Members,

Two of the duties of the vice chair per our guidelines is:

- To temporarily serve as chair of a standing subcommittee in the absence of the chair and vice-chair of said committee.
- To oversee all standing subcommittees.

Prior to being elected as the vice chair, I had offered my assistance to both PR and Activities.

In response to the area inventory survey, WBASC held a learning day on 12.02.23, we had several planning meetings prior to the event virtually, which I attended all the planning meetings.

The event was attended by about 17 people in all, some people came later, some people left before it was over. There was only one GSR who attended the first part of the event but had to leave early. The speakers were amazing and as Abby reported by the time the GSR Workshop came up, there were no GSR's in attendance, so we decided to close the event early without presenting the workshop. We had to improvise, since the area activities chair was not in attendance and could not open the event as planned. The school panel leader was also not in attendance.

From the people who did attend, they found the speakers knowledgeable and the material we did cover interesting and there was plenty of good discussions that occurred.

As the vice chair, I am in agreement that some things need to change at area. It is time to have a discussion on the future of the WBASC. We have several options we can discuss. We need to remember in that discussion that Area serves the groups first.

ILS, Gail W. WBASC Vice Chair

-No questions for Vice Chair

Treasurer: Gail

Hello!

The online banking for today shows an available balance of \$1,615.64.

Attached to the email is the spreadsheet and statement from last month.

I will not be doing a full report at this time as deposits have not yet cleared, I went off what has been reported and not accounted for with the bank at this time.

I added two columns on the spreadsheet, one for Learning Day, and another for Merchandise.

I funded both of these columns from the general account, as the area chair and the vice chair made an executive decision to fund Learning Day from area funds, and to fund merchandise the same.

Learning Day – \$250.00 (we still need to pay the church, added that to spreadsheet even though it has not happened yet)

Spent \$248.71

Income \$127.00

We have \$128.29 in that column for the next learning day if we have one.

Merchandise – \$443.44 (the amount the shirts cost)

Income \$240.00

There were multiple Venmo transactions, in and out, some from last month. I added in Recovery and Chill's 7th tradition for November, added in the return of funds from activities from last month.

Thank you for allowing me to be of service, Gail W
Derek: What is the amount in general funds?

-Currently, \$354.16

RCM 1: Derek

Hey WBASC,

Not a lot to report at this time. But i do wanna say as RCM 1 I am here to serve to the best of my ability. I do owe this body an amends for struggling to communicate with the RCM 2, their duties and responsibilities, in my absence at the last region meeting. I will do better moving forward.

Thank you,

ILS RCM

Have you spoken to RCM 2? She will not be available to fulfill the role of RCM 2 and is leaving it up to Area to decide if she stays.

RCM 2: absent

Hello,

I will not be able to attend area for the next four months as I will be working on Saturday. If someone else would like to be the RCM II, I will gladly step aside.

Thanks!

Group Reports:

Anchors Away: no report submitted

Live from Laramie: Verbal Report

Attendance was lower but that's normal for this time of year. No exact numbers. Will submit an electronic report going forward. We should have a donation for Area next month but I didn't have time to catch up with our treasurer. We have had some newcomers. Some old timers moved away. Made some corrections about our groups to the meetings lists.

No questions for GSR

No Matter What Group: Not participating currently, keeping on roll call.

Not Alone:

Good Morning,

First off I'd like to say I love how the new logo design turned out! I am, as I have been since I joined in May committed to being a part of the area committee. The workshop was a great idea and something I would have loved to be a part of. With work, school, and church volunteering that I am involved in I would need more advanced notice so I could get things moved around to be able to attend. In this instance I had an engagement I had rsvp'd to prior to getting notification of the workshop. We had a total of 7 people for an average of 2 each meeting for the month of November. At this time we do not have a donation for area.

Kindest regards,

Not Alone Group

On Life's Terms:

Greetings WBASC,

Please give a warm welcome to our new GSR Anthony and our new alternate GSR Fox.

Our group is doing awesome! Attendance for the month of November was 241 which is 95 more than October. We had an average of 19 per meeting which is 7 higher than October. We had 14 newcomers in November which is 5 higher than October. Many of our newcomers have been returning and getting involved in service to both meetings and area. Our Thanksgiving dinner & meeting was very successful with a lot of participation.

OLT will be hosting a Christmas dinner & meeting on December 25. Dinner will be at 6:00 followed by a gratitude meeting at 7:00. Please join us for fun, food, fellowship and gratitude.

We continue to hold our monthly speaker meeting; which is the second Wednesday of the month, at 7:00 pm. Please join us for some food; as well as experience, strength and hope.

OLT is donating \$150.00 to area this month.

ILS

Rhonda

OLT GSR

Group is doing awesome. Attendance was 241. Average of 19 per meeting. 14 new comers. Thanksgiving event went very well. Christmas dinner is XXXXX. Donating \$150 next month.

Christmas meeting: is the pastor going to announce the event to the congregation? Yes. Please keep in mind we do not accept outside donations. Please also remember to not use names like Christmas for events since we are autonomous and not affiliated with religious events.

Derek: its actually just a gratitude meeting there was a miscommunication and we will move forward with announcing it as such

Recovery and Chill:

Hi Family,

I am in the middle of final exams so unfortunately I will not be in attendance tomorrow.

We do not have any monetary donations to report at this time.

We have had good attendance lately, about 34 folks in total attended in the past month. (you're welcome Derrick lol)

Also, we have a third co-chair! Wayne G. who has been attending this meeting regularly for the past 3 years, previously lived in WY and is currently located in North Carolina will chair during the last week of each month.

During our group conscious I brought back the questions from our last area meeting to the group. I asked what format area business meetings should offer moving forward and the number of votes we got were:

in person (1)

virtual (2)

hybrid (2) and another vote that was for a "back up" option = (3)

let area decide (1)

Please let me know if you have any questions, I'll be available.

ILS,

Shifa

No questions for GSR

Serenity Seekers: absent no report submitted

I sincerely apologize for my non attendance today. 312 was the attendance for the month of November. We had 5 newcomers. We made a 500 dollar donation last month, thanks to Rory! All us well in Serenity Seekers land.

Thanks to all! Once again I apologize.

Quinton

Scott: Quinton said he would be on and isn't joining.

Where is Alt-GSR? Rory. Please remind him to attend if Quinton cannot.

Sub-Committee Reports:

Activities Chair: Scott

Hello friends in recovery!! I haven't been able to make the last 2 events, the Boo Ball, plus the workshop last weekend. I was out of town for 1 and at work for the other. I have a job that works 24/7/365, so I will naturally miss some events. I do want you all to know that I am committed to Area, and also to my recovery. We don't have any activities planned at the Area level for now.

ILS,

Scott

Questions about an End of Year celebration moved to new business

Derek: OLT expressed interest in an end of the year celebration. Chair: We can talk about it in new business.

H&I:

Welcome Wyo-Neb family and Merry Christmas

Gail I think I will need a training day on how to submit my report on the approved letterhead !!!

Pr is doing good H&I is doing need help i feel overwhelmed and want to thank Gail for all her help she has giving me and he help as intern Web servant

PI School Panel:

Jason panel report

Good Morning Area Family,

This is our school panel report for December 2023. I am pleased to report that we just presented another successful panel to Central High on 12/6 & 12/7. There were 6 of us panel members in attendance. Along with sharing a little bit of our experience we took in our literature and read some, along with our ip pamphlets, and meeting lists. Both days we had a captive audience. I have been conducting training on the panel " do's and don'ts before each panel which has helped in carrying a clearer message to the youth. On another note with all of us watching our language and toning down the war

stories our audience seems not as interested or opt to ask questions. I am trying to create some interactive games or educational activities to conduct during the panels to 1. Keep them awake and 2. Get them involved and interested. I understand we face a difficult audience i vaguely remember my teen years. If you have any panel participation activities you can think 😬 of please let me know. I also received a new contacts information for Johnson Jr. High. I will be working on getting that panel going next.

In loving Service

School Panel Leader

Jason K.ood we held a work shop last weekend went great .

Thank for allowing me to be PR Chair Mark H

-Chair: had guest speakers come in to the workshop who had a lot of information on school panels but Jason was not in attendance to hear it.

Web Servant:

Hello Wyo-Braska Area Committee Members,

The website migration is completed, and we are now completely with GoDaddy for the hosting and the domain.

We ended up having to pay a little extra to have them migrate the site, as there were issues with IPage and the instructions they sent were not easy to follow. The GoDaddy techs became my best friends after several phone calls a day for over a week to get this done. I seriously need combat pay for the experience !

There was an issue with our email, but I think I have it figured out. We have the option of 5 more email addresses, which I think can be used at some point.

Costs:

Migration Fee: \$99.00

2 years of Hosting Fees: \$251.76

1 st plan: \$215.64 then refunded \$215.64

Total Costs \$350.76

We initially ordered the first plan, but it was not the right plan as it did not include the WordPress we needed, and that amount was refunded back to us. The first plan was what they originally recommended, but after trying to work with it for a week, the first set of multiple calls a day to GoDaddy, they finally said they think we needed something else.

Analytics show that from November 10 th to December 7 th we have had:

198 New Users

109 Users (those that have visited the site previously)

The most viewed pages are the meeting list page and the home page.

There are some ideas for the website that I have, can we add to sharing?

ILS

Ad Hoc Unity Days: vacant

Sharing Session:

Changes to the website.

Discussion on the future of the area options:

- Changes to the website
 - Set up the results of our inventory, minutes and guidelines to be viewable online. Also putting a schedule of events on the website.
 - Can members comment in an open forum on the website?
 - We are in the beginning stages of this. We think sending an email rather than open comments is ideal. It could lead to people trolling us or just making inappropriate/unproductive comments. What if the newcomer does not understand where their comment goes? We may be able to make the comments hidden and not posted publicly.
 - We will offer a workshop on the roles and responsibilities of the web servant
 - Anyone opposed to these changes?
 - No opposition
- Have a schedule of events for the “Not Area, Area Meeting” things like “What is a Web Servant”: goes back to the groups
- Problems: comments are that Area is too long
 - Suggestions to fix this
 - Would like to see a monthly business meeting that’s shorter. Just talk business and then have a service to the groups for members to learn about what we do
 - Examples: Region holds workshops before the meetings
 - Take out our study portion of the meeting
- Change how and when Area meets: goes back to the groups
 - Recovery and Chill: hybrid
 - OLT: hybrid
 - Live from Laramie: virtual
 - Not Alone: virtual
 - Tie OR the Chair can vote and decide, needs to be tabled since it is a tie. We need Serenity Seekers and Anchors Away to vote. Tried and True group cannot vote until February.
- Proposal to have Area meet every other month
 - Reports to still be submitted monthly
 - Background: we are proposing these changes because we have had such poor attendance and participation.
- Pair down our services: goes back to the groups
 - If we are paring down let’s offer each group an Area email signup to get minutes and reports.
 - We can just put this on the website
- Just become project based (get rid of sub-committee chairs). Area only offers basic services. We provide website and meeting list. Everything else goes away. Things like school panels would be project based. So no need for PR since it would all be a project based. We would just need panel leaders as project leaders. H&I leaders for those projects.
 - Background: PR is a large commitment and Mark is struggling. If we just gave him H&I he could thrive. If we allow members to focus on the specific areas they want to as project based we could still fill needs in the Area.
 - In summary: get rid of sub-committee chairs and, with approval from Area, allow them to take on the project
 - Activities Aspect: rather than a chair Scott would be the Project Activities Leader. Rather than Area insist on events somebody would go to Scott and make a suggestion and then Scott would be in charge of that project. He would take it to Area and get approval. He would then oversee the event and they would have to report to him. The members who want the event would have to make a budget, time, request for funds. Scotts responsibility is to bring it to Area. They work with Scott on reporting. Scott reports back to us.
 - Area can also tell the groups that they can put on whatever event they want but the group must cover it. Unless the group brings it to Area.

- Project Activities Leader: we could add an email for them on the area page for folks to reach out to that trusted servant.
- Allowing trusted servants an opportunity to step down.
 - If trusted servants are feeling overwhelmed we give them grace and allow them to step aside so there are no resentments formed.

Old Business:

- Budgets
 - Table until we get feedback regarding how we run the Area.
- Sub-committee Guidelines?
 - Guideline Changes
 - Changes to treasurer guidelines
 - Section 2
 - Current:

An NA group is any meeting which meets regularly at a specific place and time, and which follows the Twelve Traditions of NA. The primary purpose of an NA group is to carry the message of recovery to the addict who still suffers.
 - Proposed change:

An NA group is any group that meets and follows the suggested requirements stated in the current published version of The Group Booklet. This booklet can be found and downloaded for free at: GroupBooklet_Final_Aug23.indd

The primary purpose of an NA group is to carry the message of recovery to the addict who still suffers.

Proposed changes:

-All disbursements must follow the rules of disbursements located in Money Matters

Remove:

-Checks will be written directly to businesses or those providing services to the WBSSC We need to change the wording on "What is a Group" portion of our guidelines

-Current:

An NA group is any meeting which meets regularly at a specific place and time, and which follows the Twelve Traditions of NA. The primary purpose of an NA group is to carry the message of recovery to the addict who still suffers.

-Proposed change:

An NA group is any group that meets and follows the suggested requirements stated in the current published version of The Group Booklet. This booklet can be found and downloaded for free at: GroupBooklet_Final_Aug23.indd

The primary purpose of an NA group is to carry the message of recovery to the addict who still suffers.

- Changes to RCM
 - RCM Remove:
 - Will be signers on the WBASC bank account
 - Change:
 - Will each serve one two-year cycle, with the option of serving two two-year cycles, thus committing to up to a possible eight years and four cycles in total (or remove the option and just make it two years only for each position)
- Where's the laptop and other area equipment for the hybrid meetings?
 - Nile has the laptop because there were lots of problems with it (was this purchased with area funds?)
 - We need the non-mac laptop since it has stored files. Dave took it to Nile. Nile said he could not repair it or make it better. We need to get that back from Nile since it was an Area purchased device.
 - What should we do with this: Pull the files and trash it.
- The Area equipment was left at GUMC last time Area was held there. Gail now has it.

New Business:

- End of Year celebration: we have an OLT event and birthday night. Its difficult to cram in 3 events in a short amount of time.
 - It is 12/9 there is not enough time for Area to put on an event.
 - Talk with Harvey and see if you can work on something together since he is putting on an event for birthday night that Saturday so he may be willing to move it to the next night.
- OLT needs meeting lists
 - Mark needs to print them since Area paid for the ink
 - Fox will print some for the time being and then coordinate with Mark

Elections:

Annual Elections:

January No Election

February RCM and RCM2 (two-year position each) Derrick and Rhonda elected?

March Activities Chair (two-year position each) Scott elected?

May PR Chair (two-year position each) Mark elected?

June Secretary (two-year position each) Open since?

July Treasurer (two-year position each) Open since?

August Unity Days Chair (1-year position) – Appointed only. Open now.

September Chair and Vice Chair (two-year position each)

- **Chair was elected December 2022 – next election for Chair will be September 2024**
- **Vice Chair was elected November 2023, next election for Vice Chair September 2025.**

October No Election

November No Election

December No Election

Secretary – Tom G, Ad-Hoc Interim

Treasurer – Gail, Ad-Hoc Interim

Web Servant – Gail, Ad-Hoc Interim

Unity Days Ad Hoc – Will be assigned not elected.

Disbursements: none since we are virtual

~~**Basket passed for hosting group:**~~

Next area meeting: 1/13/2023 in Mitchell NE

Close meeting with prayer.