



WYO-BRASKA AREA SERVICE COMMITTEE

P.O. Box 21
Cheyenne, WY. 82003

1-866-4NO-DOPE
(1-866-466-3673)

www.wyo-braskana.org
help@wyo-braskana.org



January 12th, 2019 Wyo-Braska Area meeting minutes (Cheyenne, WY)

Ray opened the meeting at 12:00

Readings:

The twelve Traditions Devin W.

The Twelve Concepts Daniel G.

The Twelve Values Steve G.

Role:

Chair, Present (Ray B)

Vice Chair, Not Present (Bubba W)

RCM 1, Present (Jason K)

RCM 2, Present (Dave W)

PR Coordinator, Present (Alyssa C)

Literature Chair, Not Present (Chad Z)

Treasurer, Present (Karen L)

Secretary, Not Present (Kaleb H) Filled in By (Amanda M)

Activities Chair, Present (Steve G)

H and I Coordinator, Not Present (Aaron B)

Guests:

Devin W

Kyle P

Molly S

Steve H

Mike T

Dan R

Todd T

Angie T

Josh M
Tabatha M
Lacey M
Ray M

NA Birthdays

Kaleb H two years
Jason K 9 years
Devin W. 3 years

New Meetings:

No Matter What Group
Thursdays at 7:00 pm
First Christian Church
95 19th St Wheatland, WY 82201

Hi my name is Josh Murphy and I am happy to announce the start of our No Matter What group in Wheatland Wyoming. Our group has taken off with the help of our GSR Todd Tibbetts and our Secretary Angie Tsukas. So far our attendance numbers have been between 5-10 people a meeting. We have hope that word will get out about what we are doing here and we will see more people attending. Collections are between 6-10 dollars a night once a week. At this point we have \$30.

1. 12/19/19 Beginning Balance 13.00 → 10 for coffee supply
2. 12/26/19 Collection \$14 putting us at \$17
3. 1/2/20 collection \$5 putting us at \$22
4. 1/9/20 → 1.00 for caps
5. 1/9/20 Collection \$9 putting us at \$30

1.

I have looked in to opening a Bank Account. We will need \$100 to start an Account which in time we will be able to open. In regards to literature and tags we are expecting our starter bundle any time now and we will start our orders based off what we get in that package. We are excited to see what our Higher Power has instore for us and our community. Thank you.

Opening Treasury Balance \$3383.32

Reports:

Ray B read his chair report



Jan 12, 2020

Hello Committee members & guests

I am truly blessed to be a part of the greatest Area in the world. I feel like we are growing and building unity and fulfilling our primary purpose to the groups. As we continue on this journey it is important to remember that we are still learning and with the help from each other we can get better. I pray that we remember to keep principals before personalities and look for ways to be and keep this recovery gig attractive not only to the newcomer but also for our predecessors and those that visit from time to time. We have some things to get through today so with your help we can make this another smooth and productive business meeting.

In loving service,

Ray B.

Karen L. read a written treasure report



10	10 Activities - Halverson	1051.50	3959.35	1.00
11	monthly fee oct	10.00		
13	checks	30.00		
14	11 12 monthly fee	10.00		
15	11 13 Freedom voice	31.25		
16	18 Freedom voice proddr	105.6		
17		300		
18	12 5 svt fee			
19	11 20 cash deposit 108.2			
20	11 18 CHK 1200 ✓			
21	12 10 CHK 1201	103.55		
22	12 10 CHK 1202	90.00		
23	12 13 qair - DOMAIN AUTO RENEWAL	287.64		
		<u>160.75</u>	3959.35	
1	12 Lit - OUT		60.61	
2	12 Anchors Away		75.00	
3	12 Clean + Free		20.00	
4	12 Basic Group		20.00	
5	12 Clean + Serener		30.00	
6	12 Live from Laramie		150.00	
7	12 Steve Green	85.10		
8	12 Amanda M Gordon	34.70		
9	12 On lifes Terms		200.00	
10	12 Clean + Free	60.00		
11	12 VRM RNA REGION	500.00		
		<u>227.33</u>	4765.04	

Jason K. read his and Dave W. RCM1 and RCM2 report



Hello Family,

Because of overlap there is no need to write a report on the last regional meeting. However I do have a report on the Rocky Mountain Zonal Forum. First We appreciate the area approving funds to ensure that WyoBraska Could participate in this event. On Dec 6th at 4pm in Casper we started the forum by making introductions where not only Did Wyoming show up but also had in delegate participation from Montana, Idaho, The Dakotas, Utah, and Colorado. However WyoBraska Boasted 9 participating members including Gail Our AD We Approved previous Forum minutes.

We discussed many things. The first discussion included ideas on Zonal collaboration. We talked about possibly changing the Forum Date and we decided we would not during this conference cycle.

We discussed issues with the zonal website and how much traffic it gets and adding two points of contact as there is no committee or service body at the zonal level. Discussion were concluded at 6:16pm and resumed at 9am on Dec 7th.

We attended a zonal Delegate participant meeting by zoom with delegates from all over the world. This was truly an amazing experience as we a part of a world wide experience with delegates from all over the world checking in and each zone was given one question to ask the zoom host about the CAR. Where then we broke into small groups where we opted to just move onto our power point going over the CAR or Conference Agenda Report.

We were joined by zoom with two world board members at 1pm. Tallinn From Hawaii and Libby from New Zealand. We discussed all The Report and the 16 motions up for proposal during this cycle. The motions are put forth by individual areas for voting. These are things we would like to discuss or projects we would like to see happen as the vision of NARCOTICS ANONYMOUS.

How do we better carry the message.

It was an amazing experience. The next zonal forum will be in the summer of 2020 in Colorado.

This is all we have to report at this time as we need to plan a workshop for the WyoBraska Area to go over the motions.

In Loving service,
Jason K. RCM
Dave W. RCM2.

Ray B. read Chad Z lit report

Will Send out upon receiving report

Amanda M. read Bubba W vice chair report



Vice Chair Report

Hello Family,

I am sorry I am not at the meeting however I will be enjoying my vacation and hope everyone has a productive meeting. I am glad to see the fellowship; in the area growing. As well as starting to travel to meetings to take their flags. I am planning to get with Chad Z and Harvey to learn how to take on the literature chair position until it is filled is filled.

With loving service,

Bubba W

Alyssa C. read PR report



January 6, 2020

Hello to the Wyobraska Area Service Committee!

The phone line is up and running, under our WyoBraska name and bank account, with a new password and login! Hooray! We had our first meeting as a collective service body on December 22, 2019, and it was an eventful one! We accomplished quote a lot. We are also, however, starting from ground zero, so we are working mainly to get our service structure figured out. We voted to move to a subcommittee structure, which means we have some service positions to be filled. Additionally, we moved to use consensus based decision making in our meetings. I have printed off information sheets for everyone to go over these various structures and processes, so we can decide what, as a group, we want to do. Aaron is creating a budget for H&I, and PR is working to do the same. Additionally, Aaron and myself intend to attend the regional PR zoom meeting being held January 27th at 5:30pm. We also decided we will be hosting monthly meetings until we get some structure figured out. Therefore, we will meet again on January 12th at 10:30am. More will be revealed from this budding Public Relations Subcommittee!

In gratitude and loving service,

Alyssa C.

Dave W. read Aaron B. H&I report



Good morning y'all, I am going to say thank you for all your works since our last meeting in November, as well in December for our works with the schools and our new beginnings for our PR and H&I committees . I will be participating PR and H&I meeting this morning via FaceTime as I am out on the road in Arizona with work. I've not much to report at this particular time but will be asking Alyssa to fill in for me at the Area service meeting later today. A few of the things that I have been in discussion with other areas I've been grateful to attend are how to help make service work attractive and relatable to the newcomer and younger members of our fellowship as these seem to be a common issue for some other areas around our fellowship within the nation. Another idea I would like to discuss at today's area meeting is the purchasing of introductory books for behind the walls for our areas local jails in which we are participating with meetings and to have a couple on hand for future panel meetings which I hope to begin facilitating in other locations within our area as well. Other than these ideas I've mentioned, I will perhaps have more to report after this morning's committee meeting. I thank you all again for supporting our fellowship and myself in the continuing progress of our area. I certainly appreciate the opportunity to continue to grow in my own process of recovery and even more so to get to be a part of yours in any way my Higher Power's will might see fit today. In loving service Aaron B (H & I).

Group Reports:

Steve H. Anchors Away GSR

\$75 donation

Daniel G. Clean and Free



This is the report for the Clean and Free Group @ CRMC East 2600 E 18th st Cheyenne Wyoming
-Since we last met, meeting attendance has been good averaging about 20-25 people per meeting we are always reaching out to the newcomer, and have had the pleasure of seeing lots of new faces lately.
-literature has stayed stocked and we order more as needed
-The group stays upbeat and fellowship after the meetings is always a good time.
-overall clean and free is thriving

\$200.00 Donation

On Life's Terms Derrick T.

out sick

\$200.00 Donation

Basic Group of NA Dave W.



"Basic Group of NA"
Group Report Form

January 12, 2020
Wyo-Braska ASC Jan.2020

The Basic Group of NA meets on Monday and Thursday evenings at 5:30 PM at 1904 E. 15th Street in Cheyenne at the Alano Club in the NA Room and this month we have a **\$28.08 donation** to the WBASC.

1. **Changing Meeting schedule** – there is no opposition from the Basic Group to *changing area to Saturdays at noon rather than Sundays*
2. **PA System** – The Basic Group is in favor of allowing the *Area to buy a PA system for events.*
3. **Merchandise** – The Basic Group of NA is not opposed to having merchandise but instead of *having an area merchandise chair*, our Group **proposes** that the responsibilities of "Merchandise" fall under the auspices of the Area Activities Chair

GROUP NEEDS: Group seems to be doing well. We have a good meeting location and a good meeting room and attendance has been fair to strong since the last ASC meeting.

Group reads daily entry in the JFT for meeting topic.

TRUSTED SERVANTS:

GSR - Dave W.

GSRA – *open position*

Group Secretary - Gail W.

Group Treasurer - Tommy O.

Group opener - Creed C.

This report submitted by the Group Treasurer, *TommyO*

wharfrattommy@gmail.com (307) 214-4289

ATOS Dustin S. no donation



"Awakening To Our Spirituality" (ATOS)
Group Report Form

January 12, 2020
Wyo-Braska ASC Jan. 2020

The ATOS group of NA meets on Friday, Saturday, and Sunday mornings at 8:30 AM at 1904 E. 15th Street in Cheyenne at the Alano Club in the NA Room. Group still needs \$53 to meet its initial operating expenses.

GROUP NEEDS: Support from our Area for Friday and Saturday mornings, plus we also need a Friday opener. Our Sunday meetings seem to be going pretty good mostly. ATOS had discussion around the "Capture The Flag" idea and agreed to set a time for members to get together to make a Group Flag.

1. **Changing Meeting schedule** – there is no opposition from the ATOS Group to *changing area to Saturdays at noon rather than Sundays*
2. **PA System** – The ATOS Group is in favor of allowing the *Area to buy a PA system for events.*
3. **Merchandise** – The ATOS Group is not opposed to having merchandise at the Area.

Each meeting we study the first, second or third Step of Narcotics Anonymous from either our *Basic Text*, the *It Works How & Why* or the *Narcotics Anonymous Step Working Guides* on a continuous and rotating basis. The format was designed for newcomers and experienced members alike.

TRUSTED SERVANTS:

Dustin S. – GSR, Saturday opener
open position – Friday opener
Stephen G. – Sunday opener
Tommy O. - Group Treasurer
open position - GSRA
open position – Group Secretary

This report submitted by the Group Treasurer, *TommyO*

wharfrattommy@gmail.com (307) 214-4289

SPAD Jason K.



“Spiritual Principle A Day” (SPAD)
Group Report Form

January 12, 2020
Wyo-Braska ASC Jan. 2020

The SPAD group of NA meets on Tuesday and Wednesday evenings at 5:15 PM at 1904 E. 15th Street in Cheyenne at the Alano Club in the NA Room.

The SPAD Group recently changed its meeting format and now reads the daily entry from the JFT for the meeting topic. As for the items that went back to the Groups from last ASC -

1. **Changing Meeting schedule** – the SPAD Group has no opinion on *changing area to Saturdays at noon rather than Sundays* as our group has yet to elect any trusted servants because we have had no sustained support from our Area.
2. **PA System** – The SPAD Group is strongly in favor of allowing the *Area to buy a PA system for events*.
3. **Merchandise** – The SPAD Group is not opposed to having merchandise at the Area.

GROUP NEEDS: group is *desperate* for support from its Area. **PLEASE ANNOUNCE (at the meeting you attend) THAT THIS GROUP in the Wyo-Braska Area NEEDS SUPPORT.** It also still needs a GSR, a group Secretary, and committed group-openers.

Group reads the daily entry from our **JUST FOR TODAY** book as its meeting topic.

TRUSTED SERVANTS:

Tommy O. - Treasurer

This report submitted by the Group Treasurer, *TommyO*

wharfrattommy@gmail.com (307) 214-4289

We Can Do It Women’s Meeting read by Amanda M.,

No donation

Clean and Serene (Scottsbluff)

Dano \$30.00 donation

Live from Laramie Dustin S



January 12, 2020

Hello Wyo-Braska Area of Narcotics Anonymous,

A lot of new and exciting things are happening with the Live from Laramie Home Group as well as upkeep with some old things. We have been consistently visiting the jail the 1st and 3rd Monday's of the month. These meetings have been going very well and we plan on continuing these meetings. We have changed our group conscience from 7pm to 6pm on the 2nd Friday of every month to make certain that we have enough time to cover all the issues that need to be discussed. Our speaker meetings have been going well. We have decided to move February's speaker meeting to the 7th of February instead of the 14th as to not conflict with the NA dance in Greeley, where our own Amanda will be speaking! We have formed a subcommittee to talk about a campout hosted by the Live from Laramie Homegroup=. I will bring more information on this as plans are solidified. We decided to drop the Monday and Thursday morning meetings because the lack of attendance. We changed our Monday night 7pm meeting to an IP meeting, which has been going wonderful, averaging 10 people per meeting. Our new Thursday Living Clean book study has also been doing very well, averaging 8-12 people. Our Sunday, Tuesday, Wednesday, and Friday meetings have been consistently attended. Overall, there has been a growth in attendance at all of our meetings, which is very exciting for the Live from Laramie Group. We have a donation to Area of \$150.

In loving service,

Dustin S.

No Matter What Wheatland Josh M.



"No Matter What"
Group Report Form

January 12, 2020
Wyo-Braska ASC Group Jan.
2020

The "No Matter What" group of NA meets on Thursday nights at 7:00PM at the First Christian Church in Wheatland. We have had approximately 4 meetings since the beginning of December 2019. Our topics are usually from Just for Today and an occasional topic from somebody who needs to express the feelings/emotions or to maybe hear something they need to hear.

Since then we have averaged 6-8 members per meeting. We do not have a donation to the WBASC as we are just starting and have had coffee, initial rent and a couple of other expenses. We are looking to open a group account at Platte Valley Bank, but we need a minimum of \$100 to open it.

GROUP NEEDS: We could use any support from our area in terms of getting and keeping a new meeting going and any knowledge or advice that can be offered to us.

TRUSTED SERVANTS:

Todd T.--GSR
Angie T., Group Secretary Josh M.—Treasurer

Submitted by:

Toddltibbetts@gmail.com
702-612-8200

Sub Committee Reports:

Steve G. verbally gave activity report

Said he would send written Report, which I will send out when I get it.

Derrick T. no web servant report

Old Business:

Steve G made a motion to create a merchandise chair

Karen L Seconded

5 Yes, and 6 no

Capture the flag

Rules, going to adopt OTW rules and do it!!!

PO Bok

Alyssa C is now the point of contact for the PO box and Jason K has the key

Sharing Session:

Unity Day

No longer Sierra, it is now Devin W and Alyssa C

There will be a Unity Day planning meeting on Sunday January 26th at 10:00 am at the Paramount Café in Cheyenne

Care in Prizes at NA events

Mike mentioned making sure we follow traditions when raffling things at events

Steve G will go with Karen L to purchase a PA system for the area

New Business:

Guiding Principles Workshop

Steve G suggested starting a Guiding Principles book study at the area level

Take Back to Groups

Need Literature chair position filled

Take Back to Groups

Karen L made a motion to conduct area every month

Dustin S from Cheyenne Seconded the motion

Passed Unanimously

Take back to groups

Ask groups how long meetings should be running before they are added to the area meeting list

Take back to groups

Dave W brought up reimbursing Clean and Free for renting the room for area

Elections:

No Elections

Disbursements:

Dustin S from Laramie made a motion to give \$500.00 as a Reginal Donation

Seconded by Big Steve

Passed Unanimously

\$250.00 for PA System

\$85.10 to Steve G as Reimbursement for New Years Eve party

\$34.70 to reimburse Amanda M for New Years Eve Party

\$60.00 to reimburse Clean and Free for renting the room for the last two meetings held there

Closing Treasurer Balance \$2447.29

Ray closed the meeting at 2:39

Next area meeting will be in Scottsbluff at 12:00, Sat. March 12, 2020



WYO-BRASKA AREA SERVICE COMMITTEE

P.O. Box 21
Cheyenne, WY. 82003

1-866-4NO-DOPE
(1-866-466-3673)

www.wyo-braskana.org
help@wyo-braskana.org



January 12th, 2019 Wyo-Braska Area meeting minutes (Cheyenne, WY)

Ray opened the meeting at 12:10 with the serenity Prayer

Readings:

The twelve Traditions read by, Bubba W

The Twelve Concepts, read by, Dustin S

The Twelve Values read by, Kaleb H

Role:

Chair, Present (Ray B)

Vice Chair, Present (Bubba W)

RCM 1, Present (Jason K)

RCM 2, Present (Dave W)

PR Coordinator, Not Present (Alyssa C)

Literature Chair, Vacant

Treasurer, Present (Karen L)

Secretary, Present (Kaleb H)

Activities Chair, Not Present (Steve G)

H and I Coordinator, Not Present (Aaron B)

Guests:

Chad Z

Mike R

Larry B

William Z

Zane M

Dan G

Big Mike

NA Birthdays

Dan G had 22 years

Jason K had 9 years

Siera B had two years

Opening Treasury Balance \$3,642.72

Approval of Previous Minutes

Kaleb H made a motion to amend last meetings minutes to include the \$500.00 Regional Donation

Bubba W Made a motion to approve the minutes with the amendment

Dan G seconded motion

Passed Unanimously

Reports:

Ray B read his chair report 

Hello Committee members & guest

Not much to report other than I think we have had some good stuff happening in our Area. I have been in contact with our regional Delegate & alternate we will not be having the GSR assembly this year in person we will be sending out information to do it via zoom. Not sure how this will all turn out but communication will be vital.

In loving service,
Ray B.

Bubba W gave verbal report

Getting email list of GSR's together

Excited about newcommers and events this summer

Karen L. read her written treasure report 

March 14, 2020

Wyo - Brahma Service Committee

Treasurer Report

Dear Trusted Servants,
Family, I hope everyone of you, your family, loved ones & friends are doing well during this local & national crisis. I don't have alot to Report. We paid for the NA domain for another year - ~~was supposed~~. I also want to thank Bubba for covering the Lit. chain while it's empty and making it possible for groups to obtain literature. Great job!
I finally bought a brand new laptop, but have been having Router issues. I also bought software and am having issues w/ that too. I Realize this has been, and still is a long proces - but I have had little if any help setting this up. However I am not giving up and hopefully I will be up and running if my Higher Power paves the way - by next area. Anyways - begging your patience and the coronavirous doesn't cope us all out - Stay safe and be kind.

In Loving Service,

Karen L.

PS - Because I have many autoimmune disorders my Dr. has advised me to not go anywhere so future involvement in actual meeting scenarios will depend on the course of virus. etc...
Precautions etc...

Karen L's Treasurer Report Continued...



Dec 12 2019 - March 11 2020			ln
1	12	beginning bal	
2	12	Bow sv. chq	314946
3	17	Freedom voice	1000
4	1	bee	1056
5			300
6			<u>2356</u>
7	13	credit/rebate	
8	14	deposit	1000
9	31	deposit	74869
10	13	Bow sv. chq	31235
11	17	Freedom voice	1000
12	25	bee	1056
13	1	22 RHK 1208 Postoffice	300
14			<u>11800</u>
15			<u>16512</u> <u>471550</u>
16	212	credit/rebate	1000
17	12	Bow sv. chq	1000
18	18	Freedom voice	1056
19	19	Nawatschatsworeth	66624
20	302	tree/nardi gras	4664
21	62	Wal-mart	4197
22	1	cash-part America	2330
23	6	# 1207 ermc	6800
24	115	# 1203 - Amanda	3470
25	303	VRPHREN - Region	50000
26			<u>155858</u>
27			
28	3	12 deposit	47575
29			<u>590125</u>
30		clean + free	25000
31		OLT	5000
32		Basic Group	3375
33		Womens Group	200
34		Live Laramie ✓	5000
35		Lit	27240
36	14	ermc	2500
37			<u>158353</u> <u>585940</u>

Jason K. read his and Dave W's RCM1 and RCM2 report



RCM 1 and 2 Report

Good day everyone,

I am writing to report first of all of presentation of the 2020 CAR report went well with around 10 members in attendance. Votes were taken and passed down the line. I have been in contact with our Comea House here in Cheyenne about starting a meeting there. The concern was brought up by a couple NA members about their past battles with bed bugs and I was informed by their group coordinator that they haven't had any problems since 2013. Today in new business I will ask all of your opinions weather we can support this possible new meeting with our local fellowship. Also I was contacted again by Carey Jr. High to conduct an up coming panel April 9th and 10th, PI work...

From Region:

Carla W. (RD): Shared on treasurer's report she has treasurer's book, old checks and some miscellaneous items from Ron F. Carla also read her regional report.

Zonal Forum Business:

The RMZF met in Casper December 6th and 7th for Zonal Business and a CAR Presentation. The Forum was a success overall and we were pleased to chair it.

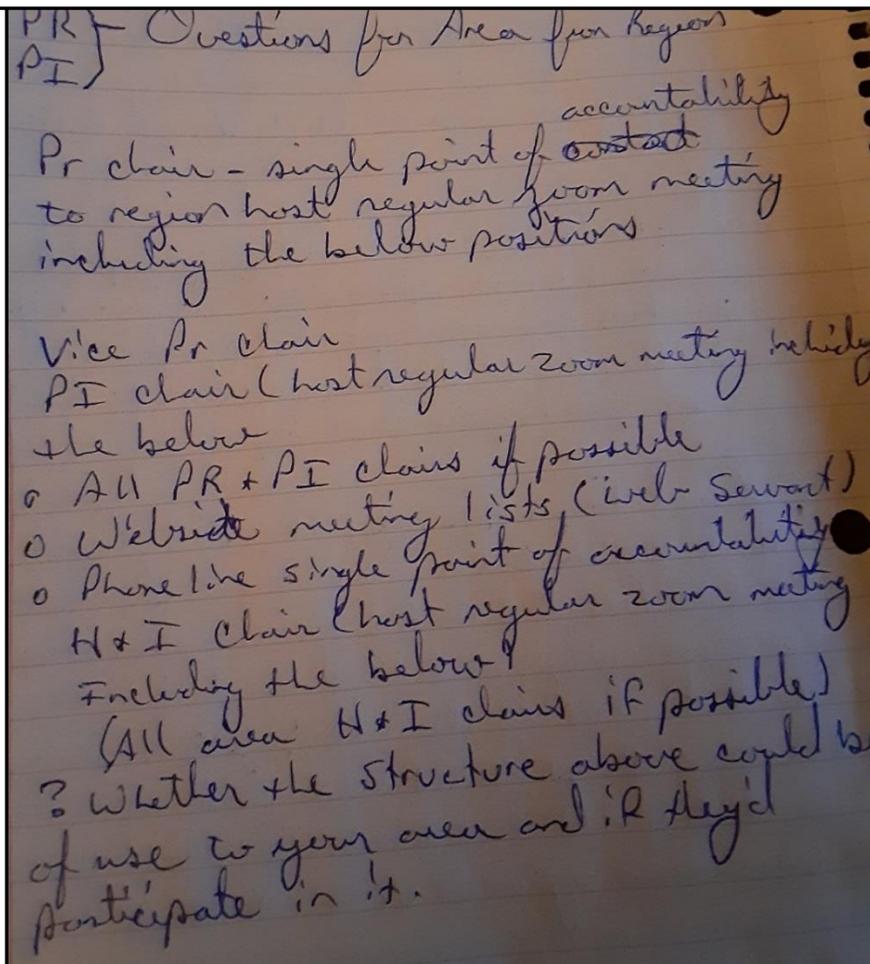
Western Service Learning Days:

Colorado will host the next W.S.L.D. Oct. 23-25 2020 registration is at NACOLORADO.ORG/WSLD/

The SPAD BOOK:

The next batch of drafts for the spad book is out and ready for review at: NA.org/spad and we are all encouraged to continue holding workshops to come up with more material for the book.

PR & PI Questions for Area from Region:



Dave W and Jason K's RCM Report Continued...



Whether the structure above could be of use to your area and if they would participate in it?

MONEY MATTERS:

Funds are down at the Region level there is a need to discuss donations of 7th trad from areas to region.

GROUP LEVEL:

Overall here in Cheyenne we feel our groups here are prospering for the most part in a couple meetings there has been a lack of attendance however recovery continues to grow in the capital city.

In loving service

RCM1
Jason K.

RCM2
Dave W.

Ignore money matters section

Dave W brought surveys for the upcoming assembly for anyone that needs one

The email group Bubba W is working on will be used to gather votes for assembly

Bubba W gave a verbal Literature Chair Report

Made an order to start the area stockpile of literature

Basic text, step working guides, coins, etc.

Would like to make another purchase soon

Dustin S read Alyssa C's PR report



Hello all,

I have a bit to report for PR this month, but I will be including it in this email, and not in person. In the wake of this mass hysteria and my own desire to get better, since I am sick, I think it best I stay home for a few days.

We have drafted guidelines for PR, but we're unable, due to weather, to host another meeting to finish our draft. I also know that between Jason and Aaron, we have been contacted by numerous facilities about hosting meetings, but our subcommittee meeting hasn't been rescheduled in order to continue discussing these meetings, which is on me, and I will suggest some dates and times for PR to meet soon.

Our phone line information is still out of date, so I will update that over the next couple of weeks.

I am sure I am missing something, but this is what I have for now.

Also, I think in the wake of CO-VID 19, we might want to consider how the closure of institutions might affect our PR work and how we might want to handle going into these facilities.

Best,
Alyssa C.

Dustin S read Aaron B's H&I report



Good Morning everybody,

hope y'all are well and successful at finding toilet paper, lol. Not funny, I know the struggle is real. I will not be attending today's area due to work but have a bit to report for H&I. We have recently met with Sargent Smith with the Goshen County Detention Center on Tuesday March 10, 2020. Big Steve, Big Mike and Karen L. went together and spoke with Sgt. Smith and the Lieutenant about facilitating NA meetings for the men and women. Big Mike has facilities applications available to those whom meet the criteria for participating. If you are interested in helping facilitate a meeting with others please contact myself 307 996 7355 or Big Mike to obtain an application. The Laramie county jail meeting is doing well with participation but could still use a greater number of women to help Karen and Michelle with facilitating meetings for the women. Not much else to report outside of these updates. Apologies for my absence today and hope all arrive safely.

Aaron B.

Group Reports:

Anchors Away (No representation or report)

Clean and Free (Kaleb H read Daniel G's Report)



Clean and Free is running great as usual. Our group is making sure that newcomers are getting meeting lists and we are going through a good amount of literature. Our average group attendance is about 25 people per meeting. The group is working well to get things done and we have discussed moving the meeting downstairs in the hospital basement for better seating arrangements, Steve is trying to figure out if that will be possible at the group level. Our group has decided to donate \$250.00 Dollars to area. I will get that money to Karen later this week after I meet with Harvey. Sorry I couldn't make it I am out of town.

Thank you all and take care,
Daniel Garcia

1: Group voted YES on meeting monthly

2: We do want to go through at literature chair for literature (Molly is handling our literature)

On Life's Terms (Kaleb H read Derrick T's report)



Group report for On Life's Terms,

Hello my Area fam. Sorry I was unable to make it to the Area business meeting. Damn corona virus scare within my household causing me to take extra precautions. Overly-dramatic maybe.

Our group Attendance has been steady as usual. Upwards between 20 and 30 people each meeting. We as a group have only but 6 or 7 home group members and would love to see that number grow over time.

As of right now, our group is planning a speaker meeting on Monday 4/20/2020. How cool is that!? We currently have 2 speakers who have committed to sharing their story. Mexican theme potluck. And would begin at 6:00 pm to 8:00 pm. More will be revealed.

Big Mike has got our flag started for the group. And it is in the process to be done before our next group conscience.

Thanks to Bubba for getting us a literature, Keytag, and coin order.
Our donation to Area today is \$50.

Thank you all! In loving service Derrick T.

Jason K gave Karen L the group's \$50 donation

Basic Group of NA (Dave W read his report) 

Hello Family.

It's a great day to be in recovery despite the current world events. I'm sorry my report for THE BASIC GROUP is last minute but I have been working 14 hour days this week.

The BASIC GROUP is doing well and has a regular attendance of about 10 people and we have seen as many as 19.

We meet on monday and Thursday at the Cheyenne Alano club and we are slowly paying off literature Racks. Other than that we are solvent and sustainable. I am GSR and Tommy O. Is the treasurer. We have a donation today of 33.75 for Area.

In loving and grateful service,
Dave W.

Dave W Gave Karen L their groups \$33.75 Donation

ATOS (Dustin S from Laramie read Dustin S from Cheyenne Report) 

Hello trusted servants. This is Dustin S. of Cheyenne. I am the ATOS GSR. I apologize for my tardiness with the report as well as my absence from the area meeting today. I don't want to travel because of the weather so forgive me.

The ATOS group of NA meets on Friday, Saturday, and Sunday mornings at 8:30 AM at 1904 E. 15th Street in Cheyenne at the Alano Club in the NA Room. Group still needs \$53 to meet its initial operating expenses.

GROUP NEEDS: Our groups seem to be doing ok. We have consistent numbers of 3-5 people in a meeting. We have not quite raised the funds to fully pay back our start up costs but we are close.

1. **Changing Meeting schedule** – there is no opposition from the ATOS Group to *changing area meetings to once a month*.
2. **Meetings being added to the meeting list** – The ATOS Group is *of the opinion that if a group is meeting that it should be added to the meeting list*. Our purpose is to carry the message and think that no matter how new a meeting is it should be recognized in hopes that the message may be carried to a new comer.

Each meeting we study the first, second or third Step of Narcotics Anonymous from either our **Basic Text**, the **It Works How & Why** or the **Narcotics Anonymous Step Working Guides** on a continuous and rotating basis. The format was designed for newcomers and experienced members alike.

TRUSTED SERVANTS:

Dustin S. – GSR, Saturday opener

Marissa M.? – Friday opener

Stephen G. – Sunday opener Tommy O. -

Group Treasurer *open position* - GSRA *open position* – Group Secretary

This report submitted by the Group GSR, Dustin S.

dustinjshupe@gmail.com 307-365-0498

We Can Do It Women's Meeting (Karen L read her report) 

March 14, 2020 Wyo. Prasha-Arca
L.S.R. Report
B.A.M. Womens Sober Living Home
Womens Meeting - We Can Do It
8437 E 10th St. Cheyenne WY 82001
Sundays 2:00 p.m.

Dear Trusted Servants,

I am very sad to have to release this information, but the ^{We Can Do It} Women's Meeting held on Sundays at 2:00pm at the Sober Living Home, has been dissolved. Rusty, the man who owns/ or runs the house has informed me he doesn't want us there anymore and he wants it to be completely faith based at this time. He also had other complaints which I believe were between residents.

Anyways, when I took over as LSR, there was no monies to account for so my final and total donation to Arca is \$2.00. I am unaware of where the previous monies are. I am very sorry this meeting folded. I was hoping it would do some good in the community of women addicts getting out of jail and in the prevention of recidivism. I would be open to suggestions of starting another woman's meeting at a different location.

In Loving Service,
Karen L.

SPAD (No representation)

Dave W says they need support and are now using the Just for today meditation book

Clean and Serene (Dano G gave verbal report)

Average attendance

Sierra B has been getting people together for activities

Trying to get newcomers into service positions

Planning to make a new topic box with Fellowship approved literature

Live from Laramie (Dustin S read his report)



Hello Wyo-Braska Area,

It is amazing to be at another area with you all. Live from Laramie, is indeed, alive and well. We are still taking meetings into the jail every 1st and 3rd Monday of the month. We have been getting a lot of requests for literature in the jail, which I hope area can help with. Our speaker meetings have been going great. We have started to tap the valuable resource that is Cheyenne for some experience, strength, and hope and have been getting some invaluable speakers. We have started a Saturday open discussion meeting that begins at 7p.m. at our same location, 1215 E. Gibbon Street, room 116. We now have 7 meetings a week, which is exciting for Laramie! We have also created a subcommittee with the sole intent of planning and executing a camp out. The date that has been set is August 14-16, 2020 at Cinnabar Park (see flyer for more information). We hope to see everyone there. All our meetings have been going well with a steady flow of newcomers. We have a donation of \$50 to area this go-round.

In loving service,

Dustin S.

Brought Live from Laramie Campout flyers for GSRs to take to groups

No Matter What Wheatland (received report but cannot open it)

Ray B suggested groups include flag status in group reports

Sub Committee Reports:

Activities Chair Report (No representation)

Said he would send written Report, which I will send out when I get it.

Web servant Report (Dave W read Derrick T's report)



Hello Area,

I am happy to report as a trusted servant. Throughout my duration as Area web person. I have learned a lot. How to navigate the Wyo-braska area web page, how to add events, how to add and delete meetings to our meeting lists and most of all, how to ask for help. I am still learning though so please continue to bear with me as I continue to serve the area at this position. If anyone has any questions or concerns please inform me, in order to continue to serve our area to the best of my ability. I feel as though improvements have been made throughout this process. Procrastinating to add events has not been a current issue. So that's growth i suppose. Thank you for letting me serve this Area!

There are no new emails from the web site to report at this time

In Loving Service,
Derrick T.

Derrick T also sent Dave W with are meeting lists

Unity Day community (No representation)

Old Business:

Moving area to monthly

4 yes, 1 no

Area will now be held every month

Guiding Principles Workshop

Live from Laramie was unsure what the workshop would look like

There would be mini workshops working out of the guiding principles books before the area meetings, and questions would be discussed.

Decided to table and **take back to groups** to be brought back in April

Printable meeting lists

Big Mike withdrew the motion to ask groups how long meetings should be running before they are added to the area meeting list

Serenity Break: 1:20 – 1:30

Sharing Session:

Meeting of the month

Ray B suggested nominating a group each month that has low attendance to increase support

Karen L suggested drawing meetings out of a hat of meetings needing support

Ray B suggested we vote on meetings that the body nominates each month

Dave W really likes the idea

Dustin S wants to clarify what justifies “low attendance”

Kaleb H made a motion to add this to the area agenda

Bubba W seconded the motion

Passed Unanimously

Ray B suggested that **GSR's should include average group attendance in group reports** to help nomination processes

COVID-19 and Zoom

Ray B suggested using zoom for the next area meeting

Dave W said NAWS is working on creating zoom meetings and he will send out information as he gets it

Possible meeting at Camia shelter in Cheyenne

Jason K believes this would be a great place for a meeting and is planning on having a weekly meeting on Fridays at 7 pm

Jason K is in contact with the director

Ray B is wondering if World has any guidance on having a meeting at a shelter

Ray B suggested waiting a month to see what pans out with the COVID-19 and to give time to research how to conduct the meeting

Dustin S pointed out that it could not be an H and I meeting and therefore it must be a regular meeting which would not need approval from area

Jason K says that the shelter offered to pay for a starter kit, but Dave W pointed out that this would be violating the 6th tradition

Would Literature account

Bubba W read off the requirements for area to have an account

Thank you for contacting N.A. World Services regarding setting up an account with us for your area. In order to purchase literature on line you will need to:

1. Provide us with contact names for your area. We will need the Area Chair, Literature Chair and Treasurer. We will need names, addresses, phone numbers and email addresses
2. We will need complete ship to addresses.
3. We will need some type of notification that has been approved by the Area Service Committee. This can be a motion made at the area meeting or a signed agreement by Area Trusted Servants
4. We will need an estimate on the amount of literature that would be typically ordered.

We will send emails to the literature chair or some other designature when the order is placed. We will send an email to the treasurer when the order is shipped. There will also be a paper copy mailed to the treasurer. Please feel free to contact us with any questions or concerns

Bubba W is planning on making another order within the next few days and is requesting emails with orders from the groups

Regional Website

You can submit your vote of the website **URMRNA.org**

You can also download the app!!

New Business:

Literature for Albany County Jail

Dustin S is requesting 10 paperback basic text for the Albany county jail

Bubba W made a motion to buy 10 paperback basic text for the Albany County jail

Big Mike seconded

Passed Unanimously

Ray B amended this motion to ad six more books for Scottsbluff's jail for a total of 16 paperback Basic Text

Passed Unanimously

Dave W suggested we consider having fundraisers to buy books for H and I

Big Mike suggested that H and I should get with Activities chair to make this happen

Elections:

Literature chair

Tabled until next month

Disbursements:

Dave W is requesting \$25.00 for meeting room used for CAR presentation

Check made to CRMC Foundation

Closing Treasurer Balance \$4,275.87

Ray B closed the meeting at 2:25 pm

Next area meeting will be in Laramie at 12:00, Sat. April 11, 2020

1215 E Gibbon St.

Laramie, WY

82072



WYO-BRASKA AREA SERVICE COMMITTEE

P.O. Box 21
Cheyenne, WY. 82003

1-866-4NO-DOPE
(1-866-466-3673)

www.wyo-braskana.org
help@wyo-braskana.org



May 9th, 2019 Wyo-Braska Area meeting minutes (Zoom)

Ray opened the meeting with the serenity Prayer

Readings:

The twelve Traditions read by, Bubba W

The Twelve Concepts, read by, Derrick T

The Twelve Values read by, Dave W

Role:

Chair, Present (Ray B)

Vice Chair, Present (Bubba W)

RCM 1, Not Present (Jason K)

RCM 2, Present (Dave W)

PR Coordinator, Not Present (Alyssa C)

Literature Chair, Vacant (Bubba is filling in)

Treasurer, Present (Karen L)

Secretary, Not Present (Kaleb H)

Activities Chair, Not Present (Steve G)

H and I Coordinator, Not Present (Aaron B)

NA Birthdays

Dustin S had four years in April

Peggy had 18 years in March

Dave W had 3 years in April

Opening Treasury Balance \$4,275.87 (has not gotten most recent bank statement)

Approval of Previous Minutes

Ray B stated that the date at the top was wrong and needs to be changed from January to March

Peggy Z made a motion to pass previous minutes from March with the above-mentioned amendment

Bubba W Seconded

Passed Unanimously

Reports:

Ray B read his chair report



Chair report

May 9, 2020

Hello Committee members & guests

I know that we probably don't have much business to do or much to report on just wanted to get together to take care of what we can. There has been mention of restrictions being lifted & things getting back a little closer to normal for that I am grateful. I also want to make note that I will not be able to chair the meeting scheduled for June 13th but I can still put the agenda together and hopefully we will be able to meet in person. The one positive I can see of this minor setback is we have become more comfortable with the zoom format & we may want to incorporate it for people that are just unable to make it to the Area business meeting in person.

In loving service,

Ray B.

Bubba W gave verbal report

He is glad to see people coming together in these stressful times and is sorry for slacking on ordering literature. Says he believes the area is doing ok and has seen people reaching out.

Karen L. does not have a report

Dave W has no RCM report, stated that there is nothing to report

Group Reports:

Anchors Away (Big Steve)

Have not met and do not know when they will again

Clean and Free (Daniel G gave a verbal Report)

Planning to try to open Friday's meetings asap

On Life's Terms (no representation)

Basic Group of NA (No representation)

ATOS (No Representation)

SPAD (No representation)

Clean and Serene (no representation)

But in person meetings are being held
Live from Laramie (Dustin S gave a verbal report)
Still holding meetings everyday of the week
Campout in August is still happening
No Matter What Wheatland (No representation)
Big Steve said they are holding in person meetings

Sub Committee Reports:

Activities Chair Report (No representation)
Web servant Report (Derrick T gave a verbal report)
Gave a shout out to Zach for his help with the website
Area meeting list is updated
Unity Day community (No representation)

Old Business:

Guiding Principles Workshop
Tabled

Sharing Session:

Meeting of the month
No meeting of the month
Possible meeting at Camia shelter in Cheyenne
Tabled

New Business:

New Zoom account
for Area Business and possibly for more regular meetings
Big Mike made a motion to buy another Zoom Account
Peggy Z seconded the motion
Passed Unanimously
Karen L said she will set up the new account
Derrick T offered to help

PO Box

Ray said he will check if Jason K is checking the PO box

Big Mike is wondering if there is more than one key to the PO box

Elections:

Literature Chair:

Big Mike Nominated Peggy Z

She accepted the nomination and qualified herself

Passed unanimously

Disbursements:

None

Closing Treasurer Balance \$4,275.87

Ray B closed the meeting

Next area meeting will be on Zoom at 12:00, Saturday June 13th, 2020

Bubba W will chair the next meeting



WYO-BRASKA AREA SERVICE COMMITTEE

P.O. Box 21
Cheyenne, WY. 82003

1-866-4NO-DOPE
(1-866-466-3673)

www.wyo-braskana.org
help@wyo-braskana.org



June 13th, 2020 Wyo-Braska Area meeting minutes (on Zoom)

Bubba W opened the meeting at 12:03 with the serenity Prayer

Readings:

The twelve Traditions read by, Dustin S

The Twelve Concepts, read by, Dave W

The Twelve Values read by, Kaleb H

Role:

Chair, Present (Ray B)

Vice Chair, Present (Bubba W)

RCM 1, Present (Jason K)

RCM 2, Present (Dave W)

PR Coordinator, Not Present (Alyssa C)

Literature Chair, Present (Peggy Z)

Treasurer, Not Present (Karen L)

Secretary, Present (Kaleb H)

Activities Chair, Not Present (Steve G)

H and I Coordinator, Not Present (Aaron B)

Guests:

None

NA Birthdays

Bubba had 3 years on June 9th

Opening Treasury Balance Do not have own Treasurer absent

Approval of May Minutes

Kaleb H made a motion to approve the previous minutes

Peggy Z seconded the motion

Passed Unanimously

Reports:

Ray B read his chair report



Hello Committee members & guests

Not much to report since our last meeting. It looks as if our little part of the world was not touched as dramatically as the rest of the country and for that I am truly grateful. I had intended on being on our bike trip to TN but things came up & we changed direction. I thought it best to keep things as planned with our Vice Chair leading the meeting today & I will be there for support. As we move more into normalcy & being able to gather please keep in mind the suggestions placed on us. Good hygiene physical distancing for those practicing it and if you are feeling ill stay at home. Someone else's life depends on it. This has been just a hiccup in our history and we will bounce back from this and continue to gain momentum for our primary purpose which is to help the groups be attractive & carry our message of hope to the still suffering addict.

In loving service,

Ray B.

Bubba W read his report



Hello family, I hope everyone is doing well.

I am grateful that meetings and functions are starting to open up and continue. This has defiantly been a learning experience. Im a little scared first time chairing so bare with me. Im super excited for all the campouts that are coming this summer.

In loving service

Bubba w

Karen L. absent with no report

Jason K. and Dave W have nothing to report as RCM1 and RCM2

Peggy Z gave a verbal Literature Chair Report

Nothing to report, Will get with Bubba to start ordering literature

Alyssa C absent with no PR report

Aaron B absent with no H&I report

Group Reports:

Anchors Away (No representation or report)

Clean and Free (Daniel Gave a verbal report Report)

Hoping to open meeting back up in the hospital at the beginning of next month

On Life's Terms (Jason K gave a verbal report)

The church that the meeting is held at will be meeting this month to discuss na using their space again

Basic Group of NA (Dave W gave verbal report)

Group in back up and running

5 – 10 people in attendance

Masks are not required

ATOS (Dave W read Dustin S from Cheyenne’s email)

“I think maybe it is best I resign as gsr for atos I won’t be participating in zoom meetings and haven’t been keeping up with anything going on I am super busy with work maybe someone else might be interested in the service commitment”.

SPAD (No representation)

Clean and Serene (No representation)

Live from Laramie (Dustin S read his report) 

Hello Everyone,

I hope everyone is staying happy and healthy. Meetings here in Laramie have been going well, even with everything that is happening. There has been regular attendance of 4-5 at all out meetings with out Tuesday, Friday, and Sunday meeting having 5-8 people. Our Thursday meeting has been struggling, but I believe this will turn in coming months. We have decided to do a 4th of July BBQ in the park directly across from the church where we hold our meetings, 1215 E. Gibbon St. We are also still planning on having our campout the 14-16th in August at Cinnabar Park. We do have flyers, so if anyone wants one, please contact me or Kaleb. We are still not taking meetings into the jail but are keeping in contact with them.

In loving service,

Dustin

No Matter What Wheatland (received report but cannot open it)

Sub Committee Reports:

Activities Chair Report (No representation)

Web servant Report (Dave W read Derrick T’s report) 

Hello family

I apologize for not being able to attend the Area Business meeting. My oldest has his graduation ceremony today.

As meetings begin to open back up and things begin to return to normal. I will do my best to get the website updated. As of right now Alano meetings and Anchors Away have been added back to the meeting list.

Wyo-Braska Area now has it's own Zoom acct. and we are able to host our own zoom meetings. If any GSR's are interested in learning how to host a zoom meeting please contact me. We would like to minimize who can host zoom meetings on this acct. to only GSR's and possibly group chair persons. As well as area chairs for our area business meeting. I realize not everybody is comfortable with doing zoom meetings. But we also have people who are not yet comfortable attending face to face meetings. So hopefully we can utilize this acct. to further help our area get through these different times.

I have no new e-mails to report at this time. Please contact me with any suggestions, questions, or concerns.

In Loving Service,
Derrick T.

Unity Day community (No representation)

Old Business:

Possible meeting at Camia shelter in Cheyenne

Tabled

Guiding Principles Workshop

Tabled

Sharing Session:

Jason K read his notes from the last regional workshop

(I will forward notes when I receive them, Jason said he will get them to me)

New Business:

Ray suggested getting together to update guidelines to include the new positions as well as rotated people in positions

Kaleb H, Bubba W, Ray B and anyone else who is willing to come we will be getting together at 10:30 am Saturday July 11th before the next business meeting

In person meeting in July

Dustin S will see if we can meet at the church where Live from Laramie meets

Current plan is to meet and have an in-person potluck in Laramie pending on communication from Dustin S

Elections:

No Elections

Disbursements:

Closing Treasurer Balance Unsure

Bubba W closed the meeting at 12:49 pm

Next area meeting will be in Laramie at 12:00, Saturday July 11th, 2020

1215 E Gibbon St.

Laramie, WY

82072

Amendment:

To recognize Ray B's birthday of 16 years



WYO-BRASKA AREA SERVICE COMMITTEE

P.O. Box 21
Cheyenne, WY. 82003

1-866-4NO-DOPE
(1-866-466-3673)

www.wyo-braskana.org
help@wyo-braskana.org



Area Minutes: JULY 11, 2020

Ray B started the meeting at 12:04 with the serenity prayer
The Twelve Traditions, read by, Brandon T
The Twelve Concepts, read by, Alex K
The Twelve Values of WBASCNA, read by, Zane M

Roll Call:

Chair, Ray B, Present
Vice Chair, Bubba W, Present
Secretary, Kaleb H, Present
Treasurer, Karen L, Present
RCM 1, Jason K, Not Present
RCM 2, Dave W, Present
Activities Project Coordinator, Steve G, Not present
PI Coordinator, Alyssa C, Not present
H&I Coordinator, Aaron B, Not Present
Literature Coordinator Peggy G, Present

Introductions: service position or home group

NA Recovery Birthdays within the Past month

Bubba W had 3 years on June 9th

Recognition of New Groups

Saturday Night Live 2.0
8:00 pm at the Alano club in Cheyenne

Opening treasury balance \$4,070.43

Approval of June minutes

Bubba W made a motion to accept the minutes with the addendum of adding recognition of Ray B's birthday
Dave W seconded
Passed Unanimously

Reports

Officers:

Chair Ray B read his report



Hello Committee members & guests

Welcome back to in person business meetings for those of us able to meet and for those that it is still to dangerous to wander out it is good that we have technology to keep us united. It appears that meetings are starting to to resume and I have been able to attend a few of them. I believe we are very forunate to live in this part of the country where we don't seem to be as affected by the Covid thing and hopefully soon things will get back to normal & we can get back to our H&I & PR projects that we were working on before the Pandemic. Thank you all for being a big part of service.

In loving service,

Ray B.

Vice Chair Bubba W gave a verbal report

Bubba is very excited for the campouts, and to have in person meetings opening.

Treasurer Karen L. gave a verbal report

Does not have a report but bought a new printer and computer to help her preform her position, however she needs help with the printer and Microsoft office. She is frustrated and needs help

Peggy Z said she will go help Karren L

RCM, Jason K, Absent with no report

RCM 2, Dave W, read his report



Good afternoon recovery family.

Jason could not be here today so I am writing this report as RCM2. I am excited that we are finally meeting in person. As the covid19 is still out there not all are comfortable meeting in person and we have made zoom available. Region has been meeting via zoom and we are planning on meeting in person in August for the first time in many months. Again not everyone will want to attend and we will also have zoom available via region for those who want to attend that way. There is nit a lot to report as much of our endeavors have been put on hold.

That is about all I have to report at this time.

In loving service,

Dave W.

Literature Coordinator, Peggy Z gave a verbal report

Needs to pick up on hand literature from Bubba W. Also, must re-order literature for Jail. Going to gather signatures to set up an account with world.

PI Coordinator, Alyssa C, Absent with no report

H&I Coordinator Aaron B, Absent with no report

Group Reports:

Anchors Away,

No Report, but Ray B has a \$75 area donation

Clean & Free,

Not meeting yet

On Life's Terms, Derrick T gave verbal report

Still not meeting

Basic Group of NA, Dave W read his report 

"Basic Group of NA"
Group Report Form

July 11, 2020
Wyo-Braska ASC July 2020

We started meeting again as a group for in-person meetings on Monday May 18th and this report covers from that date until Thursday July 2nd. We met 13 times during this period and had 138 members attend our group, including 22 who identified as newcomers. We decided at the combined group business meeting to acquire key-tags in combination with the SPAD Group and the ATOS Group. We also have an Area donation this month of \$29.15.

The Basic Group of NA meets on Monday and Thursday evenings at 5:30 PM at 1904 E. 15th Street in Cheyenne at the Alano Club in the NA Room.

GROUP NEEDS: Group seems to be doing well. We have a good meeting location and a good meeting room and attendance has been fair to strong since the last ASC meeting.

Group reads daily entry in the JFT for meeting topic.

TRUSTED SERVANTS:

GSR - Dave W.

GSR - *open position*

Group Secretary - *open position*

Group Treasurer - Tommy O.

Awakening to Our Spirituality, Alex K read her report 

"Awakening To Our Spirituality" (ATOS)
Group Report Form

July 11, 2020
Wyo-Braska ASC July 2020

We started meeting again on Friday May 22 and this report covers from then until Sunday July 5th. We have had 108 members in attendance over 21 recovery meetings which is an average of over 5 members per meeting. During this period, we also welcomed 5 newcomers to our Group meetings. At our group business meeting this past Sunday we elected and welcomed Alex as our new GSR. Welcome Alex to the ASC. We also made a decision, in conjunction with the Basic Group and the SPAD Group, to purchase key-tags, similar to the Lit Rack, Pamphlets, and Posters that were purchased for the NA Room where we meet which was a joint purchase of these three groups.

The ATOS group of NA meets on Friday, Saturday, and Sunday mornings at 8:30 AM at 1904 E. 15th Street in Cheyenne at the Alano Club in the NA Room.

Awakening to Our Spirituality group report continued.... 

Each meeting we study the first, second or third Step of Narcotics Anonymous from either our **Basic Text**, the **It Works How & Why** or the **Narcotics Anonymous Step Working Guides** on a continuous and rotating basis. The format was designed for newcomers and experienced members alike. We have a \$10.00 donation for Area this month.

TRUSTED SERVANTS:

Alex K. – GSR, Group opener
Tommy O. - Group Treasurer
open position - GSRA
open position – Group Secretary

This report submitted by the Group Treasurer,
TommyO

Spiritual Principal a Day. Zane M read his report



“Spiritual Principle A Day” (SPAD)
Group Report Form

July 11, 2020
Wyo-Braska ASC July 2020

We started meeting again for in-person meetings on Tuesday May 19th so this report will cover from then until July 1st. We have had 14 recovery meetings over that time with 143 members attending, including 11 who identified as a newcomer. This is an average of over 10 members per meeting, which is phenomenal. With other night meetings in Cheyenne still not open we have been reaping the benefit as a Group and are grateful. Zane M. is our recently elected GSR.

The SPAD group of NA meets on Tuesday and Wednesday evenings at 5:15 PM at 1904 E. 15th Street in Cheyenne at the Alano Club in the NA Room.

Group reads the daily entry from our **JUST FOR TODAY** book as its meeting topic. We have a donation of \$10.05 for Area this month.

TRUSTED SERVANTS:

Zane M. – GSR, Group opener
vacant – GSRA
vacant - Secretary
Tommy O. – Treasurer

Saturday Night Live 2.0, Brandon T read his report



Young & Dopeless → name change → Saturday Night Live 2.0
New Positions- Brandon T. GSR
Mike³ Chair/Secretary
Kirby⁶ Treasurer
Joe^D Alternate GSR
Average attendance of 24 people
Not donating to area
~~the~~ meetings been outside
Asking for literature & key tags

Clean & Serene (Scottsbluff), Absent with no report

No Matter What Group (Wheatland), Angie read her report



Kaleb,

Here is our report, sorry we did not have it prepared on time. Above Josh has sent our treasurer report. We will be having a business meeting to re-establish our trusted servants since our GSR has not been present for a couple of months. I know I have not heard from him myself. The No Matter What group of Narcotics Anonymous has been holding strong in Wheatland. Our group attendance has held strong at 5-7 attendees, most of the majority has been our trusted servants consisting of Tabitha as literature chair, Josh as secretary, and myself as stand in GSR. We have a total of \$116.00 adn will be mailing a donation of \$50 to area. We will need an address to send this donation to please. We have been able to purchase coins and tags as well as some literature with our funds which is very exciting! We have continued to hold our meetings during this pandemic due to our small meeting attendance. When another fellow addict wanted to attend, but couldn't due to health concerns or personal choice, other members would video call that person in. We really came together for each other and for our group during this time. Our meeting is on Thursday nights at the First Christian Church at 7pm. I am hoping to add another day in the future, but this will be discussed in a business meeting later down the road. We do have an amazing flag for capture the flag. Thank you for your support !

In Loving Service

Angie

Live from Laramie, Dustin S read his report



Live from Laramie Area Report for July 11th,2020

Hello everyone,

Grateful to be able to meet in person once again! Live from Laramie has been running 7 meetings a week without fail. We are still planning on having our Campout the 14-16th of August. If you would live a flyer, please see me after the meeting. We had our 4th of July BBQ, which went very well. We had about 25-30 in attendance with live music! Meetings have been going steady, with a steady income of newcomers, which is always exciting to see. We moved our business meeting to the 7th of August instead of the 14th because of the campout. We will also not have a speaker meeting in August but will continue these meetings in September. We are still unable to take meeting into the jail but will hopefully be able to soon. We were unable to donate this month.

With Gratitude,

Dustin S.

Sub-Committees/Projects:

Activities Coordinator, Steve G, absent with no report,

Web servant report Derrick T, gave a verbal report

Got a yearlong area zoom account

Meeting list is up to date other than changing the young and the dopeless to Saturday Night Live 2.0

Unity Days, Postponed until 2021

Meeting of the month

Bubba W nominated the No Matter What meeting in Wheatland

Old Business

Comea shelter guidelines

Tabled due to COVID19

Starting a Guiding Principles book study at the area level

Dave W suggests we table it

Serenity Break 12:54 am – 1:05 pm

Sharing Session

Guiding Principals Workshop

Bubba W and Greg B think it is a great idea

Dustin S says Live from Laramie thinks it's a good idea to do it for half an hour at the beginning of the area meeting

Dave W suggested studying a section each time and picking 3 or 4 questions to take back to groups

Literature

When ordering literature 10% will be added then rounded to the nearest \$0.50

New Business:

Update Guidelines to include Election of Officers rotation

Will update guidelines to include election cycle and guidelines for literature chair taken from old guidelines.

Ray B would like an update of capture the flag to be added to group reports

Meeting Lists

Derrick T is wondering if Area should provide meeting lists or should GSR's be responsible to print their own

Dave W is wondering why we need to print lists now due to the opening and closing of meetings due to COVID19

Ray B Suggested having two separate meeting lists, one for in person and one for online

Ray B suggested printing 100 meeting lists to bring to area every month

Alex K said she would print flyers and bring them to area each month

Voted and passed unanimously

Alex K will be reimbursed for the printing

Motions:

Bubba W made a motion to start a Guiding Principles Workshop at area

Dave W seconded

Passed Unanimously with one Abstention

Region Donation

Kaleb H made a motion to send \$300 to Region

Peggy Z seconded

Passed Unanimously

Elections

Next month PI Coordinator will be up for election,

Take back to groups

Disbursements

\$50.00 to reimburse Dustin S for paying for the rent for Quality Inn today

Closing Treasury balance \$3,944.63

Next Area Meeting:

Saturday August 8, Cheyenne WY, 12 PM

Location: TBD



WYO-BRASKA AREA SERVICE COMMITTEE

P.O. Box 21
Cheyenne, WY. 82003

1-866-4NO-DOPE
(1-866-466-3673)

www.wyo-braskana.org
help@wyo-braskana.org



Area Minutes: August 8th, 2020

Ray B started the meeting at 12:08 with the serenity prayer

The Twelve Traditions, read by, Steve G

The Twelve Concepts, read by, Jason K

The Twelve Values of WBASCNA, read by, Bubba W

Roll Call:

Chair, Ray B, Present

Vice Chair, Bubba W, Present

Secretary, Kaleb H, Present

Treasurer, Karen L, Present

RCM 1, Jason K, Present

RCM 2, Dave W, Present

Activities Project Coordinator, Steve G, present

PI Coordinator, Alyssa C, present

H&I Coordinator, Aaron B, Not Present

Literature Coordinator Peggy G, Present

Web Servant, Derrick T, Present

Introductions: service position or home group

Guiding principles workshop from 12:22 –12:41

Read tradition one from Guiding Principals

Questions discussed (on page 16)

2. What responsibilities do are service bodies have? Who do we serve? Who are we accountable to? How do accountability and responsibility help us to foster unity?
7. What more can we do to to bring the principals of this tradition into our service efforts? What could we do differently to better carry out our services?

Take back to groups

NA Recovery Birthdays within the Past month

Karren L had 10 years this July

Recognition of New Groups

No new groups however,
New meeting at Ray B and Peggy Z's house
2832 W College Dr
Cheyenne WY

Step study meeting on Friday nights at 6:30

No meeting on Friday August 14th

Opening treasury balance \$4,156.07

\$1,000.00 of that reserved for Unity Days

Approval of July minutes

Dustin S made a motion to accept the amended June Minutes as well as last month's minutes

Bubba W seconded

Passed Unanimously

Reports

Officers:

Chair Ray B read his report



Hello Committee members & guests

Wow it seems like the last month has just flown by. I have been able to attend some meetings around town & it seems that our fellowship is thriving with awesome recovery. According to our updated cycle of elections we will be voting in a new Area Chair next month. Although this covid thing has disrupted some of our goals to better carry the message of NA we have stayed committed to staying on track & hopefully this little bump in the road will be in the past soon and we can continue making our boat bigger.

In loving service,

Ray B.

Vice Chair Bubba W read his report



Hello Family,

I am excited to see meetings continually grow. I am excited for the campouts coming up. It's amazing to see people come together through this trying time. I look forward to seeing what tomorrow brings.

In Loving Service

Bubba W

Treasurer Karen L. gave a verbal report

Does not have much to report but is thankful for Peggy Z's help and is plugging away at learning computer programs to help her

RCM, Jason K, read his report 

Good afternoon Area family hope this finds you all healthy and serene in all you do.

The first topic I would like to report on is the Motions that we are voting on from our area at the WSC

The Motions are as [follows](#) .:

- [2](#) To approve the IP contained in Addendum A, "Mental Health in Recovery" as Fellowship-approved recovery literature... Our vote: Yes
- [5](#) To approve the initiation of the established process to revise the Fellowship intellectual Property trust in the 2020-2022 conference cycle... Our vote: Yes
- [9](#) To direct the World Board to create a project plan for WSC 2022 to create a new IP for women in recovery... Our vote: Yes
- [10](#) To direct the World Board to create a project plan for consideration at WSC 2022 to create a guide for online meetings. Our Vote: Yes:
- [12](#) To direct the World Board to create the Spanish-language Narcotics Anonymous (Basic Text), Step Working guides and How it Works : How and Why available in an audio format. Our vote: No
- 15 Instruct the world board to develop a project plan for the 2022 World Service Conference (WSC) to produce an informative video about Narcotics Anonymous, for Public Relations services (committees) and online publication, approved by NAWS, where it is briefly explained:

1. What [is](#) Narcotics Anonymous
2. How it Works
3. How to contact NA

Our [vote](#) : Yes

Upcoming Region Elections in October:

Regional Delegate [8 year](#) commitment
Alternate Delegate [8 year](#) commitment

Old Business:

- H&I PR committee Region: need area input ([How](#) can we help the areas do the areas want to collaborate)
- Other Recommendations, some other areas have started Zoom meetings with their Correctional and or Recovery institutions we could also check into doing this with our institutions here in the [Wyobraska Area](#).
- Regional Zoom [Account](#) : Will stay active until August 2021 at this point

Discussion on moving Tuesdays Thursdays and [Saturdays](#) meetings to the [Wyobraska Zoom Account](#).

Meeting Updates:

- We are still waiting to [here](#) from The Unitarian Church on the On [Lifes](#) Terms Group and when we will be able to meet again.
- All [Alono](#) Club meetings are active with some restrictions
- The Homeless Shelter Meeting is still put on hold due to [Covid](#)

Jason K's RCM report continues..... 

- I (Jason Kutsulis) will be contacting the Schools in Late August to discuss the possibility of returning with Narcotics Anonymous to the schools to conduct panels with the students.
-

In closing this is all we have to report at this time thank you for letting us be of service to this committee. In loving service

Jason K. RCM

Dave W. Alternate RCM

RCM 2, Dave W, has nothing to report

Literature Coordinator, Peggy Z read her report 

Hello all,

Literature has been ordered and been shipped from NAWS. I have received some of the literature but still need to get the rest of it from Bubba.

I am in the midst of formulating an order form to distribute to all for the area that includes the approved 10% cost. This will allow all who order to know the complete cost and will also defray the shipping and taxes to the area. Hopefully this will also be a editable form so it can be returned via email so provide a contactless method in this pandemic episode in our lives.

Thank you for allowing me to be of service,

Peggy

Literature Chair

\$751.01 was spent on literature
PI Coordinator, Alyssa C, nothing to report

H&I Coordinator Aaron B, Dave W read Aaron B's report 

H and I coordinator: Aaron B.

Good afternoon y'all, hope all is well. I am currently working on a family project and cannot appear in person. Not much is going on as for involvement within the institutions or hospitals that I am aware of, my schedule is one of few moments to myself let alone for other ventures. It is also my decision today that I am resigning as H and I coordinations and though it was an amazing experience when things were not so crazy with the changing world around us, I am also sure that someone else with more time and experience would be better suited to help facilitate at this position. I am well in my recovery and hope that you all understand my decision. God Bless all of you and Love Ya!

Group Reports:

- Anchors Away,
Absent with no report
- Clean & Free,
Dave W reported that he is not sure what is going on
- On Life's Terms, Derrick T gave verbal report
No contact with church yet
- Basic Group of NA, Dave W read his report



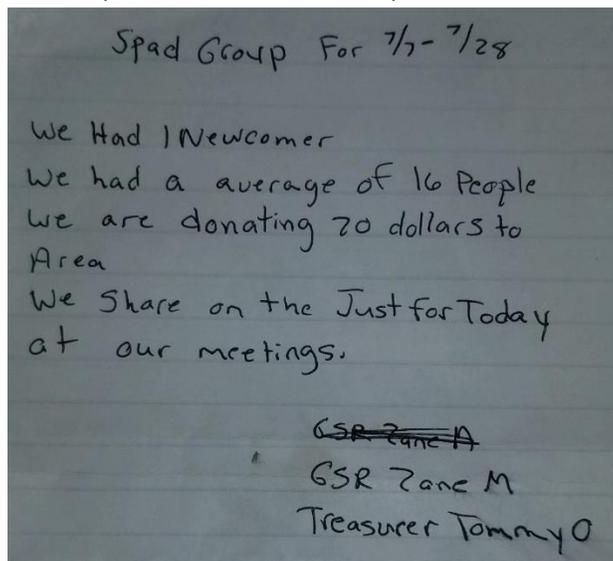
Good afternoon WyoBraska Area. This is my Basic group report. The basic group is holding strong with an average attendance of 7 people from looking at the meeting reports. We are also solvent financially and investing out moneys in extra keytags as a joint venture and purchase with the other groups at the Alano club. Our format is out of the JFT reading. I am looking at stepping down as GSR as my schedule has become increasingly demanding and I personally have only been able to attend one Basic Group meeting in the last 3 months.

In grateful service,
DAVE W.

Has a \$20.00 area donation

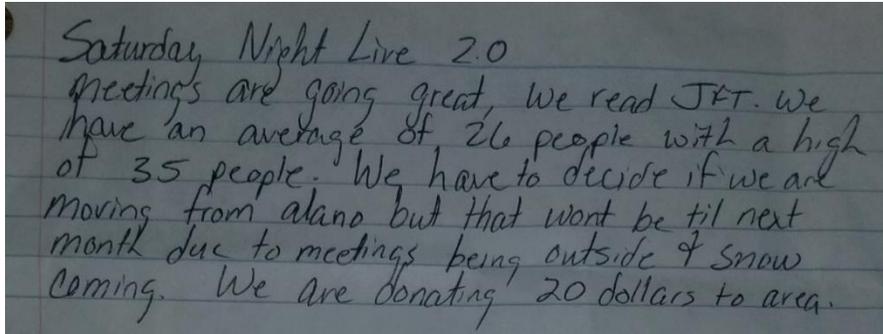
- Awakening to Our Spirituality, Kaleb H gave a verbal report
Donation of \$23.00
Friday Mornings need support

Spiritual Principal a Day. Zane M read his report



Saturday Night Live 2.0, Brandon T read his report





Clean & Serene (Scottsbluff), Sierra gave a verbal report
Having a picnic on the 29th , meetings are going good
Sierra will get picnic information to Derrick T for website
No Matter What Group (Wheatland), could not open during meeting



Hello NA family!

The No Matter What group of Platte County continues to hold strong. We appreciate those who made their way up to Wheatland to join us in fellowship this month, thank you!! In response to being asked to host an area meeting, we would love to do this in September. The location will be 95 19th st. Wheatland Wy, 82201, Potluck as usual. We would like to get a head count, estimate is fine, just so we have enough chairs. Since July 11 we have had 4 newcomers (out of town visitors). We have a total balance of \$61.89. We have had some changes to our trusted servants' members. Tab is now the treasurer and continues to hold the literature chair as well. Josh is now secretary and I have moved from stand in GSR to main GSR. We have not needed literature but will be ordering some white booklets. We mailed in our area donations from last month and are now just waiting on the receipts for our books, please let us know if this made it to where it was supposed to. We look forward to seeing everyone next month!

Angie

Live from Laramie, Dustin S read his report



Hello Area,

Grateful to be at another service meeting. We decided to not have a speaker meeting this month as to not clash with our campout. Our campout is in full swing for August 14-16, 2020 at Cinnabar Park. If you have any questions, do not hesitate to ask me or Kaleb, the chair for the campout. We are also going to reach out to the jail to see if it would be possible to so Zoom meetings with the inmates. If so, I might be in touch about possibly using the Area zoom account. Meetings have been going steady with an average attendance of 5-10 people. Our next speaker meeting is on September 11, 2020. We have a donation for the Area of \$50.

In loving service,

Dustin

Sub-Committees/Projects:

Activities Coordinator, Steve G, has nothing to report

Web servant report Derrick T, read his report



Hello family,

I hope everyone is enjoying the summer and warm weather. All while staying safe.

Well the first thing that needs addressed. Gail has informed me, that she received an e-mail that our domain is due to expire by the end of this month for the area website. Which is through Go Daddy.com. I will be getting this taken care of tomorrow after work. Also, the Friday Anchors Away meeting at 8 pm, has been started back up. It is now on the meeting list once again. Seeking support to keep this meeting available to us all.

I would just like to thank everyone for allowing me to be of service to such an amazing area. You are beautiful!

In Loving Service,
Derrick T.

Unity Days, Postponed until 2021

Meeting of the month

Take back to groups

Dave W nominated the Friday 8pm anchors away meeting in Cheyenne

Peggy Seconded

Passed Unanimously

Old Business

Updated Guidelines

Went over proposed changes Then:

Ray B suggested taking out the position of convention liaison

Peggy Z would like to change "Literature subcommittee" to literature chair

Kaleb H suggested having chair and vice chair elections fall on the same month

Strike part about check money order and cash in literature chair part of guidelines

Changes will be made and sent out in minutes, **take back to groups** and voted on next area meeting

Peggy Z volunteered to pick up the mail from the PO box

Serenity brake from 1:37 – 1:46

Sharing Session

Meeting List

Brandon would like Derrick T to change Saturday night live on the meeting list from a speaker meeting to an open discussion on the meeting list

H and I with Region

Region is looking for area input into how to help with H and I

Don't know when next meeting is for H and I but Allyssa C is going to contact Daniel and is willing to go

New Business:

No new business

Region Donation

Will wait till September to vote on this

Elections

PR Coordinator

Dustin S nominated Allyssa G for another term

Allyssa accepted

Passed unanimously

Unity Days Chair

Allyssa would also be willing to stay as chair for the postponed unity day

Disbursements

\$757.01 for literature order

Derrick will get with Karren for cost domain for website

Closing Treasury balance \$3,482.06

Closed meeting at 2:05

Next Area Meeting:

Saturday September 12th, Scottbluff NE at 12 PM

Potluck



WYO-BRASKA AREA SERVICE COMMITTEE

P.O. Box 21
Cheyenne, WY. 82003

1-866-4NO-DOPE
(1-866-466-3673)

www.wyo-braskana.org
help@wyo-braskana.org



Area Minutes: September 12th, 2020

Ray B started the meeting at 12:10 with the serenity prayer

The Twelve Traditions, read by, Dano G

The Twelve Concepts, read by, Jason K

The Twelve Values of WBASCNA, read by, Angie T

Roll Call:

Chair, Ray B, Present

Vice Chair, Bubba W, Absent

Secretary, Kaleb H, Present

Treasurer, Karen L, Present

RCM 1, Jason K, Present

RCM 2, Dave W, Absent

Activities Project Coordinator, Steve G, Absent

PI Coordinator, Alyssa C, present

H&I Coordinator, Vacant

Literature Coordinator Peggy G, Present

Web Servant, Derrick T, Present

Introductions of guests

Ashley T

Larry B

Shelby L

Dan G

Josh M

Tabatha M

Angela F

Malina B

Guiding principles workshop from 12:22 –12:41

Read tradition two from Guiding Principals (page 35)

Questions 2 and 12 were discussed

Take back to groups

NA Recovery Birthdays within the Past month

Larry had two years
Tabatha had one year

Recognition of New Groups

No new groups

Opening treasury balance \$3,493.50

\$1,000.00 of that reserved for Unity Days
Deducted \$757.00 on paper last time but did not see it on the bank statement

Approval of August minutes

Jason K made a motion to approve August minutes
Derrick T seconded
Passed Unanimously

Reports

Officers:

Chair Ray B read his report



Hello Committee members & guests

Good to be back in Scottsbluff, for an Area meeting I was here a couple of weeks ago for the picnic that was well attended and had some great food & fellowship. Before that we were able to make the Live from Laramie campout that had a great turnout as well. I was not able to make the latest event over last weekend in Cheyenne but I am sure it went well also. It is important we remember a couple things while we are doing area service work, one is that none of this would be possible if it weren't for your commitment to help the groups further their primary purpose and when we do service work it should be done with love someone's life is depending on how well we work together to carry the message. In closing I am very honored to be serving with this group, as this area is thriving despite the current events and remember this is your area and it will be as strong as you make it.

In loving service,

Ray B.

Vice Chair Bubba W, Absent with no report

Treasurer Karen L, read her report



Sept 2 2020
Wyo Basaba-Na-Service Committee
Dear Talented Servants,

Sorry my report(s) are late. I had to redo them, send them to Kaleb, and I had additional things going this week and do not have a lot to share; I have been busy with service work. I haven't had a chance to get a hold of Unitarian church for DLT, however it is on my list of things to do this week. Literature was paid for and Domain was updated and paid for the next year or so. Thank you for your help Derrick and Laci. I also want to thank Ray and Terry for going above and beyond and handling the post box and getting things to me; and others. You are a blessing.

In Loving Service,
Karen L.

Beginning Bal	\$3310.50	
	<u>183.00</u>	deposit 8/31/20 <small>not shown on statement</small>
	3493.50	
	<u>\$ 50.00</u>	Live from Laramie donation
	3543.50	
	<u>\$ (250.00)</u>	Area donation
	3293.50	
	<u>\$ + 16.50</u>	Lit sales
* \$	<u>3310.00</u>	actl. ^{new} end. bal

(accidentally added in an extra \$1.00 for Unity but when it was already included so deducted it out)

RCM, Jason K, read his and Dave W's report 

Good Afternoon fellow servants and family, [This](#) is our report for September 10th 2020

- Upcoming Elections at the Region Level: Web servant ([Volunteer Needed](#))
Alternate Regional Delegate,
([Ray B.](#)) Has been Suggested
- Regional Treasury Balance: \$5,929.60 Report given by Shawn S.
Alternate Delegate Gail W. went over how the delegate team attended a Virtual Platform webinar for conference participants which went over the dire financial situation NAWS is currently experiencing due to the Pandemic. In that webinar NAWS went over the Contribute Button which is located at WWW.NA.ORG . NAWS reported as of June 14th 2020 there was only enough income to support 73 operating days due to the severe lack of income. NAWS is also in negotiations for several loans and emergency relief however there is no update on these loans [at this time](#).
- IP #30 has been approved, printed and is for sale at .33 cents per copy.
- H&I P&R at the Region level could eventually look like the example [below](#)..

PR Chair:- single point of accountability to region, hosts regular zoom meetings with and including the below positions.

(PR) Traveling trainer for PI and H&I services (split along with the vice PR chair)

- 2 years of service experience at the region or area level, preferably significant PR experience? (communication skills)
- 3 years continuous clean time
- [2 year](#) term possible 2 terms
- Monthly zoom meeting with Vice [Pr](#) chair, PI chair, H&I chair.
- Attends RBM and acts as communication pathway for the [above mentioned](#) positions and regional body.

- Vice PR Chair
Traveling trainer for PI \ H&I services
- 1 year of service experience at the region or area level, preferably significant PR experience?
- 18 months of continuous clean time
- [2 year](#) term possible 2 terms
- Monthly zoom meeting with PR chair PI chair H&I chair

- PI Chair ([Hosts](#) regular zoom meeting including the below)

Trainer for services able to travel the region once a year.

- All PR\PI area chairs (if possible)
- Website\Meeting List (Web servant)
- Phonenumber Single point of accountability

Jason and Dave's Report continued...



- H&I Chair (host regular zoom meeting including the below)
Trainer for services able to travel the region once a year.
- All H&I chairs (if possible)
The yearly in person trainings for H&I and PI will be on a rotating schedule, one will be held centrally and the others the trainer will travel to each area and hold the training.

Questions for the Area's from Region about the above Service Structure:

- Whether the structure above could be of use to your area and if they would participate in it.
- What would the Area's need from the Region? Could this structure help provide those things? (note the region zoom account is already being of use to the areas.!))
- What are the Area's expectations of a new PR umbrella structure for the region?
- The ad hoc or region has already received requests for : training of various sorts through many PR related, discussions and solutions on specific issues, and an increase in cohesion in our communication and resources within our region.

- Groups\ PI Panels:

I Jason have been in contact with a few of the schools here in Cheyenne about returning at some point during the current school year to yet again hold another set of PI panels with the students. At this point the Covid 19 restrictions(which could lighten up around March or April) are not going to allow this. However multiple schools are very excited to have us back and feel our efforts are courageous and life changing.. end quote. I have also spoken with Stormy at the Crmc east campus about holding another "Meeting with her IOP group.

- On Life's Terms Group (still closed due to Covid Concerns with that facility)
- Clean and Free Group (still closed due to Covid Concerns with that facility)
- Anchors Away all meetings are open and functioning no restrictions
- All Alono Club meetings are functioning some restrictions suggested not mandated.

At this time this is all we have to report thank you for allowing us to be of service to this service body.

Votes on questions from region in Jason's account

1. Yes
2. Functioning subcommittee
3. To help organize the areas, also beneficial to little towns
4. Don't understand the question

Literature Coordinator, Peggy Z read her report

Getting together an order form. Has literature with her for Scottsbluffs, Anchors away and the jails. If you need literature, send to peggy and she will figure amount

PI Coordinator, Alyssa C, read her report



Little to report for the Public Relations committee at this time!

[Tell me more](#)

I can say with confidence that Region is working diligently to identify areas in our region that could benefit from a Regional H&I/PR Committee. Their ad hoc meetings have mostly been outlining a potential structure for a Regional PR. RCMs are filling in areas about the planning taking place at ad hoc meetings, according to the minutes.

Reportedly, there have been requests for more trainings provided by a Regional H&I/PR as well as more consistent communication across areas and about resources.

Our phone line is doing well, but I still wish or am curious about accessing data so we know how many calls we receive per month. I haven't looked into this, but would like to, if this is of interest to us!

Otherwise, things are still on pause for guidelines and structuring our own PR subcommittee. Hopefully we can get the ball rolling on this soon!

In loving service,
Alyssa C.

Serenity Break from 1:14 – 1:30

Group Reports:

Anchors Away,

Absent with no report

Clean & Free,

No report

On Life's Terms, Derrick T gave verbal report

Have not heard from Church, Still haven't meet

Basic Group of NA

Absent with no report

Awakening to Our Spirituality

Absent with no report

Spiritual Principal a Day.

Absent with no report

Saturday Night Live 2.0, Brandon T

Absent with no report

Clean & Serene (Scottsbluff), Dano G gave a verbal report

Donations are down, had to dip into prudent reserve to stay open

No area donation

No Matter What Group (Wheatland), Angie T read her report



Hello NA Family from the No Matter What Group of Platte County,

Here is our area meeting report for September 12, 2020. We were able to have 5 of our members go join the Live From Laramie campout for 1 day and enjoy the fellowship with other members of narcotics anonymous. We were so grateful to be a part of it. We have consistently had 7 to 10 people join us for our weekly NA meeting in Wheatland. We look forward to our group expanding in the future by sharing our experience, strength, and hope with others. We have a balance of \$83.05 in our treasury report. We are still looking into purchasing more little white books. We just had birthday night where we were able to celebrate 1 year clean (woop woop Tab!), two 6 months, and a 60 days. This was very exciting. The No Matter What Group is very excited to host our next area meeting October 10th 2020.

In Grateful Service
Angie, Josh, and Tab

Live from Laramie, Alyssa read her report



September 11, 2020
Live from Laramie Group Report

Hi Area!

Live from Laramie is thriving and well!

We have an average of about 10 members/visitors at each of our nightly meetings. We had a great campout and are grateful for all in attendance who came out to support!

We voted YES for election rotations as proposed in the guidelines, but we have a few questions.

Before we vote on the addition and description of literature chair, we are curious to know whether or not we are moving from a project based service structure to a subcommittee structure? We also feel that the description of literature chair seems less like a description of a service position and more like a description of a variety of motions, namely the proposal that a 10% upcharge would be included for home groups purchasing from literature in order to build a surplus.

We feel that as a home group, we already send money to area in the interest of self-support, and so are curious to know why would be charged 10% extra.

This, in effect, is also our response to the questions proposed in Guiding Principles in terms of being clear about how area serves us, and therefore the individual addict.

We gave a donation of \$50.00 to WBASC on September 11th, and we are grateful to be a part of such an amazing service body!

In loving service,
Alyssa C., Alt. GSR

Sub-Committees/Projects:

Activities Coordinator, Steve G, absent with no report

Web servant report Derrick T, read his report



Hey Fam,

I really don't have much to report this month. I guess if anybody has anything they would like for me to add to the area website. Please try and get it to me by e-mail preferably earlier than the day before an event. I do understand things sometimes happen last minute though, here in this fellowship.

If anybody is struggling to attend in person meetings and is looking to expand into a new experience. Virtual-na.org offers you many options to attend meetings virtually anywhere, at any time. I struggled accepting virtual meetings at first. Now I am loving checking out meetings around the country through Zoom.

I hope everyone is staying safe out there and doing well.

In Loving Service,
Derrick T.

Unity Days, Alyssa G, nothing to report at this time

Meeting of the month

Take back to groups

Kaleb H nominated Awakening to our spirituality group which meets at 8:30 am Friday Saturday and Sunday

Passed Unanimously

Old Business

Updated Guidelines

Kaleb H read the proposed changes to the guidelines

Alyssa G expressed that Live from Laramie did not understand the literature chair description and did not agree with the 10% surcharge

Peggy Z says 10% is to take care of taxes and shipping costs

Kaleb H suggested taking out second paragraph that talks about revising literature

Table literature chair part of guidelines

Allyssa said she would research difference between chair and coordinator and bring info to next meeting

Kaleb H made a motion to add election cycle to guidelines

Peggy Z seconded

Passed Unanimously

Serenity break from 2:16 – 2:21

Sharing Session

Activities

Karen L is concerned that events are not focused on fundraising even though area supplies are being used. Also, a lack of flyers and awareness

Kaleb H clarified that no area supplies were used, and no funds were collected at the most recent event in the park

New Business:

No new business

Region Donation

Dano G made a motion to send \$250.00 to region

Peggy Z Seconded

Passed Unanimously

Peggy Z will pick up check from Karen L before Region

Elections

Chair

Kaleb H nominated Dano for area chair

Dano Accepted and qualified himself

Passed Unanimously

Vice Char

Tabling until next month, no nominations were made

Secretary

up for vote next meeting!!

Spread the word

Disbursements

\$250.00 for regional donation

Closing Treasury balance \$4,310.00

Closed meeting at 3:07

Next Area Meeting:

Saturday October 10th, Wheatland WY at 12 PM

First Christian Church

Potluck



WYO-BRASKA AREA SERVICE COMMITTEE

P.O. Box 21
Cheyenne, WY. 82003

1-866-4NO-DOPE
(1-866-466-3673)

www.wyo-braskana.org
help@wyo-braskana.org



Area Minutes: October 10th, 2020

Ray B started the meeting at 12:02 with an announcement for the literature chair:

Anyone who needs an order needs to right it out on a piece of paper for Peggy Z as she forgot the order forms

We then had a moment of silence followed by the serenity prayer

The Twelve Traditions, read by, Dustin S

The Twelve Concepts, read by, Angie T

The Twelve Values of WBASCNA, read by, Greg B

Roll Call:

Chair, Dano G, Absent (Filled In by Ray B)

Vice Chair, Vacant

Secretary, Kaleb H, Present

Treasurer, Karen L, Present

RCM 1, Jason K, Absent

RCM 2, Dave W, Absent

Activities Project Coordinator, Steve G, Present

PI Coordinator, Alyssa C, Present

H&I Coordinator, Vacant

Literature Coordinator Peggy Z, Present

Web Servant, Derrick T, Absent

Introductions of guests

Greg B

Molly R

Steve G

Peggy Z

Angie T

Tabatha M

Josh M

Kaleb H

Dustin S

Karen L

Ray B

Alyssa C

Guiding principles workshop Chapter 3

Read tradition three from Guiding Principals (page 55-58)

Questions discussed:

1. What is the relationship between this service body and the still suffering addict?
5. How is this body welcome new trusted servants? What kind of support do we provide to new trusted servants? How do newcomers participate in service?

Take back to groups

NA Recovery Birthdays within the Past month

No NA birthdays

Recognition of New Groups

Middle of the boat

Friday nights at the Alano Club at 5:30

It Works How and Why book study

Sunday Night step working meeting

At the Alano Club

6:00 – 6:30 step working

6:30 – 7:30 meeting

Opening treasury balance \$3,492.12

\$1,000.00 of that reserved for Unity Days

Approval of September minutes

Peggy Z made a motion to approve previous minutes

Dustin S seconded

Passed Unanimously

Reports

Officers:

Dustin S read Dano G's Report 

Hey Ray,

I'm really not deliberately ignoring you. I've been distracted by a death of one of my close cousins.

I do however regret to inform you that I will have to take over the Area Chairperson position next month as I need to go to Firestone this weekend to help my Aunt sort some of my cousins stuff out. He was in recovery for quite a while and we think he may have relapsed due to significant other relationship issues.

So it's up to you guys if you want to keep me in the position I haven't even started in yet. Sorry for any inconvenience, but I have no agenda or Area Reports prepared.

Vice Chair Vacant

Treasurer Karen L, read her report 

Sept 2 2020
 444-222-2222-Service Committee
 Dear Tactful Servants,

Sorry my report(s) are late. I had to redo them, send them to Kaleb, and I had additional things going this week end. Do not have alot to share; I have been busy with service work. I haven't had a chance to get a hold of Unitarian church for DLT, however it is on my list of things to do this week. Literature was paid for and Domain was updated ~~and~~ and paid for the next year or so. Thank you for your help, Derrick and Gaeil. I also want to thank Ray and Terry for going above and beyond and handling the mailbox and getting things to me; and others. You are a blessing.

In Loving Service,
 Karen L.

Beginning Bal	\$3310.50	
	183.00	deposit 8/31/20 <small>not shown on statement</small>
	<u>3493.50</u>	
	\$ 50.00	Live from Laramie donation
	<u>3543.50</u>	
	\$ (250.00)	Area donation
	<u>3293.50</u>	
	\$ + 16.50	Lit sales
* \$	<u>3310.00</u>	adi. ^{new} end. bal

(accidentally added in an extr \$1.00 for Unity Day when it was already included so deducted it out)

RCM, Tabatha M read Jason K's Report 

RCM 1 REPORT
 Good morning fam, I really apologize about this but I won't be able to attend area today and I don't have a report. The region minutes were not completed there for I didn't have much to write the report off of. I have a meeting for work today. See you all next go round. In loving service.
 Jason K. WYOBASKA RCM1

RCM2, Ray B read Dave's Report 

Good afternoon family I do not have any reports for the Basic Group as I resigned as GSR and I apologize I won't be in attendance today as I'm in Ohio visiting extended recovery family. I hope area goes well and you accomplish great things today. I am thinking about you and am there in spirit.

In loving service,
Dave W. RCM2

Literature Coordinator, Peggy Z read her report



Literature inventory is growing and I am attaching both copies of the available Wyobraska Area Literature form. One is marked Online Literature Form. This one (WBASC Lit Online Order Form) you can save the master copy on your system and will calculate the individual and grand totals for you.

You can then save and rename the completed one to print off and bring to the Area Service Committee meeting OR send to me to fill ahead of time. If possible, I can arrange to meet you to collect the money or just have the order ready at the Area Meeting. It will be easier and quicker than try to do this at the Area Meeting.

The other copy (WBASC Lit Order Form) is just one that can be manually hand written and brought to the Area to be filled.

Please let me know if you have any questions.

ILS,
Peggy Z
Literature Chair
303-619-1377

PI Coordinator, Alyssa C, read her report



Hello WBASC!

Again, not much to report for Public Relations currently. I would like to pick up where we left off (formulating guidelines, positions and a service structure) for both Public Relations and Hospitals and Institutions. I imagine first, however, I will wait until we have a new H&I chairperson... or coordinator?

Speaking of chairpersons versus coordinators, the difference is namely the ways in which the service structure for each committee is organized and how labor is delegated. A project based service structure, which is led by appointed coordinators, are usually used if there isn't enough members to support a subcommittee to get specific projects done. Once those projects are completed, the committee dissolves (excluding the coordinator). A subcommittee is a structure with elected trusted servants that serve in whatever capacity for an agreed upon term. I don't mean to be a stickler, but I think for clarity and consistency for future members, it might be worthwhile to make our language consistent and to be clear about how, and for how long, our member serve in the positions for which we are drafting guidelines. I take no issue against the formulation of new committees for our Area, but I do care about consistency and clarity to support our current and future trusted servants.

I also want to mention that the reason I have been thinking about this is because, in prepandemic times, the Public Relations ad hoc was going to propose a subcommittee structure to Area and was developing service positions and guidelines *apart from* a project based service structure to support H&I and PI under the umbrella of PR.

I plan to reach out to the members I can recall having attended our ad hoc meetings for guidelines, etc. and move forward from there.

All the best and in loving service, Alyssa C.

H and I coordinator, Vacant

Alyssa is going to look into taking meetings into the jail via zoom

Group Reports:

Anchors Away,

Absent with no report

Clean & Free,

On hold

On Life's Terms, Derrick T gave verbal report

On hold

Basic Group of NA

Dave said he has resigned as GSR

Awakening to Our Spirituality

Molly read Tommy O's report



First off, we would like to thank the Area for naming our Group the **Group of the Month** for last month. Our group certainly appreciates the gesture, thank you.

This report covers the meetings from August 7th through October 4th - 27 total meetings of which 6 had with either no coverage or zero in attendance. During this time, we had 112 members attend, which is an average of about 4 per meeting, 5 per meeting if you don't count the ones that didn't happen. Of those members, we had six who identified as newcomers. We collected \$201 in the Seventh Tradition and paid \$147 in rent, \$17.60 in literature, \$14 in supplies and a \$20 donation to the ASC. We ordered more of the IP #9 *Living The Program*, including some that are "large print" and also the new IP - #30 *Mental Health in Recovery*.

The ATOS group of NA meets on Friday, Saturday, and Sunday mornings at 8:30 AM at 1904 E. 15th Street in Cheyenne at the Alano Club in the NA Room. Our Friday meeting could use support. We understand many members work during this time but if you are off work, and/or are available, we would love the support. We also are in need of a GSR, a GSRA, a Group Secretary, and some Group Openers.

Each meeting we study the first, second or third Step of Narcotics Anonymous from either our **Basic Text**, the **It Works How & Why** or the **Narcotics Anonymous Step Working Guides** on a continuous and rotating basis. The format was designed for both newcomers and experienced members alike. As I sated earlier, we have a \$20.00 donation for Area this month.

TRUSTED SERVANTS:

open position – GSR

open position - GSRA

open position – Group Secretary

Tommy O. - Group Treasurer

This report submitted by the Group Treasurer,
TommyO

wharfrottommy@gmail.com

(307) 214-4289

\$20 donation given to Peggy Z

Spiritual Principal a Day, Molly gave a verbal report

5 -9 people in attendance

\$5 – 10 in donation

No permanent chair, been rotating chair

Saturday Night Live 2.0, Steve G gave verbal report

Getting bigger every week, last week there were 35 people

May have to look for a new facility

Clean & Serene (Scottsbluff), Kaleb H read Dano G's report



As far as a Clean & Serene Report, Beverly said she would be willing to go to Wheatland as the Alt. GSR to represent C&S. A quick report if she decides she can't make it is as follows. - Meeting attendance is down as well as donations, so last month we had to pull out over \$300 of prudent reserve to keep the hall open.

Serving Others To Serve Myself,
Dano M.

No Matter What Group (Wheatland), Angie T read her report 

Hello NA family! We want to welcome everyone today! We Do Recover group of Platte county doesn't have much to report this month. We have had attendance of 5-8 people each meeting. We hope that this number grows. We are holding strong though! We had a balance of \$91.15, but we will have to recalculate after our subway order for the meeting today. We do not have a literature order this month, but once we get our cash total up more we hope to add to our literature supply. We have started reading out of the Guiding Principals book during one meeting a month. We had good feedback the first time we started this. Our trusted servants have not changed but we are encouraging members that have been coming consistently to look at joining. We are so happy to have you here with us today!

In loving service
Angie Tsukas GSR

Middle fo the boat group, Ray B gave a verbal report
Meeting is going well have met three times

Live from Laramie, Dustin S read his report 

Hello Area,

We are still alive and kicking over in Laramie. Meetings seven days a week with a regular attendance of 10-15 people per meeting. We are waiting back from the Albany County Jail to see if zoom meeting would be possible. We are still having speaker meetings every 2ns Friday of the month at 8pm. Molly from Cheyenne will be speaking on November 13, 2020. Our campout was a major success with about 46 people in attendance, 3 of them being newcomers. We donated \$100 to World instead of Area this month to help the severe lack of income NAWS has been having.

Love you all,

Dustin S.

Sub-Committees/Projects:

Activities Coordinator, Steve G, Gave a verbal report

Had a BBQ on Labor day

Made a flyer so CTC people could attend

Planning a Halloween party 24th

Still looking for a location

Molly found a place for \$50 an hour (the Beast Foundation in Cheyenne)

Also require a \$150 deposit

Planning for a three-hour event

50/50 raffle and potluck

Steve G would like financial help with this event

Web servant report Dustin S read Derrick T's report ↓

Hey fam! Sorry I am unable to attend today. We are celebrating my son's birthday party today.

Not much to report for the last month. The Saturday URM RNA 5:30 meeting has been removed from the meeting list due to lack of participation. Thanks for your continued service with that meeting Jason K. We would love to see if we could get a hybrid meeting going between the groups and zoom. I would be willing to be a co-host for one of these meetings on the zoom side, if someone else would host/chair from the in person meeting. I think it would be a great way to involve the 2 into one. Unity right?

ILS
Derrick T

Unity Days, Alyssa G, read her report ↓

Hello again WBASC!

I write now to report as the Unity Days Chairperson for 2021. I found some great venues! Booking doesn't open until next month for most. I tried to avoid areas that will be or are already damaged by wildfires, because who knows if they'll be open for safe booking anytime soon. As is custom when trying to arrange group camping in my experience, a lot of sites won't take reservations for campgrounds.

These are those sites:

Vedauwoo, which has 28 campsites, bathrooms and potable water. The campsites are mostly tent sites, with some sites for "camping trailers." It's gorgeous with hiking and rock climbing, as many of you surely know.

Sugarloaf Campground in the Medicine Bow National Forest, with 16 sites (and more around the area), potable water, toilets, fishing, hiking, and both tent and trailer camping. Also gorgeous with plenty of fun things to do.

Alyssa's Report Continued....



Here are sites we *can* reserve:

Cutthroat Bay on Lake Granby in Colorado, \$115/night with some 40-60 campgrounds, a pavilion and bathrooms with both RV and tent camping. There's trout (obviously) in the lake and swimming allowed, but no boating.

Camp Rendezvous, which is just outside of Tie Siding, Wyoming and seems to be someone's private land. There are 15 sites with up to 6 people per site and is \$45.00/night. No bodies of water, but gorgeous and open land!

Glendo Reservoir, with multiple group campsites that can house up to 50 people and ranges from \$15.00-\$20.00 per night. It's RV and tent camping with ATV and hiking trails galore. The lake has boating, swimming, and fishing, and Glendo is right there for groceries, etc. This also might be a good middle ground geographically for those inside and outside of our area?

I think it would be great if today we could decide if we want to reserve a group campsite or not, and did we decide on dates for 2021? I can't remember, nor do I remember what the ad hoc this Spring decided.

Doesn't Unity Days usually fall somewhere specific during the summer? First weekend in August? Anyhow, once I have group consensus or input on money matters for either reservation or first come first serve spots, I will move forward and book a venue!

All the best and in loving service, Alyssa C.

Discussed reserving a group camping sight.

Body likes the idea

Ray B, Kaleb H, and Molly R all are willing to help Allyssa C plan

Meeting of the month **Take back to groups**

Dustin S nominated Clean and Serene group which meets 10 am and 8:00 pm everyday

Passed Unanimously

Old Business

Updated Guidelines

Ray B made a motion to change coordinator in the guidelines to say chair

Peggy Seconded

Passed Unanimously

Serenity break from 1:35 – 1:54

Sharing Session

Basic Text for Laramie Jail

Peggy Z gave 8 of the 10 soft cover basic text area bought for Albany county jail to Dustin S. Peggy Z will bring the other 2 over November 13th

New Business:

Halloween Party

Steve G made a motion to ask for \$150 for the security deposit and another \$250.00 for rent for room and additional supplies

Kaleb H seconded

Passed Unanimously

Area zoom account to be used for hybrid meetings

If any group conscience at the group level would like to have a hybrid meeting the area account is available

Any group wanting to do this can get with Derrick T for the zoom information

Elections

Secretary

Kaleb H nominated Molly T

She accepted the nomination

Passed Unanimously

Vice Char

Kaleb H nominated Dustin S

Dustin S did not accept nomination at this time

Treasurer will be voted on next month

H and I also needs to be filled

Take back to groups

Region Donation

Ray B just sent two old checks to region, one from July and the other from September totaling \$550.00

No Regional donation this month

Disbursements

\$150 cleaning deposit for party

\$250 for rent and supplies for party

Closing Treasury balance \$3,112.12

Closed meeting at 2:47

Next Area Meeting:

Saturday November 14th, at 12 PM In Laramie WY

1215 E Gibbon St

Laramie, WY 82070

Potluck



WYO-BRASKA AREA SERVICE COMMITTEE

P.O. Box 21
Cheyenne, WY. 82003

1-866-4NO-DOPE
(1-866-466-3673)

www.wyo-braskana.org
help@wyo-braskana.org



Area Minutes:

Meeting starts at 1215 by Jason K. with a moment of silence followed by the serenity prayer

The Twelve Traditions read by Dustin S.
The Twelve Concepts read by Karen L.
The Twelve Values of WBASCNA read by Ray B.

Roll Call:

Chair: Vacant
Vice Chair: Vacant
Secretary: Not in attendance
Treasurer: Karen L
RCM 1: Jason K
RCM 2: Dave
Activities Chair: Not in attendance
PI Chair: Alyssa C.
H&I Chair: Vacant
Literature Chair: Peggy Z
Web Servant: Derrick T

Introductions of guest:

Guiding principles Workshop:

Chapter 4

Read tradition 4 from Guiding Principles pages 73-75 In Service Questions discussed: 9 & 11

Take back to groups

NA Recovery Birthdays within the past month: Abby L. 9 months; Robert K. 16 years

Recognition of New Groups: Conscious Contact 108 East 18th Street Cheyenne, WY 82001 Zoom ID: 91823350650 Passcode: 3072020. We meet every Monday and Friday from 630pm to 730pm. On Mondays we are not going to have the in person meeting at this time.

Opening treasury balance: \$1,942.20
\$1,000.00 of that reserved for Unity Days

Approval of October minutes by: Alyssa and Peggy motion passed unanimously

Officer Reports:

Chair: Acknowledgement of Dano M. stepping down as Chair because of personal issues

Vice Chair: none

Treasurer: Karen L.-Concerns about lack of receipts for \$400 from Activities. Questions about double charge on literature from September. Peggy Z. agreed to call NAWS to fix this issue. Need more communication and receipts given for all monies given and taken from account.

RCM and RCM2: Dave-3 new meetings to the area. Fellowship is doing well and everyone is adapting to the COVID restrictions. Next Region meeting is in February.

Group Reports:

Cheyenne

Anchors Away: not present

Awakening to Our Spirituality: not present

Basic Group of NA: not present

Clean & Free: closed due to COVID

Conscience Contact: New meeting doing well. Meet Monday and Friday 630-730pm. Zoom only on Monday. Hybrid on Friday. 7th tradition is through Venmo. We will begin to pay service structure once we get 3 month prudent reserves.

On Life's Terms: Closed due to COVID

Middle of the Boat: Not present

Saturday Night Live 2.0: Not Present

Spiritual Principal a Day: Not Present

Sunday Step Working Group: Not Present

Scottsbluff

Clean & Serene: Not Present

Laramie

Live from Laramie: Meets 7 days a week. Average 10-15 people. Have a speaker on Fridays. Starting jail meetings. Asking for PR to do workshop for chairpersons. Donation of \$50 to area.

Wheatland

No Matter What Group: Not Present

Subcommittee Reports:

Activities Chair: Not Present

H&I Chair: Vacant

Literature Chair: Peggy Z.-Not a whole lot of activity. Very few orders at this point. No additional orders at this point. Will make orders when people begin to order more from area. Need better communication between Literature and Treasurer.

PI Chair: Alyssa-Answering Service is going and healthy. Wants to finish drafting guidelines for the area and needs help and support from the subcommittee. Please reach out to if you would like to help with this. 307-262-0157 or send an email to leadhead5977@gmail.com. There is a lot of interest and need for PR in our area.

Unity Days Chair: Alyssa-Need Unity Day subcommittee. Please text your email to; 307-262-0157 or send an email to leadhead5977@gmail.com. Need email from everyone interested so I can get a poll setup to get a good time for everyone to meet. Will send a zoom link and or meet up in person. Would like to setup a location soon.

Web Servant: Derrick T.-Need money for domain renewal 267.64 on 11/28 for a term of 3 years. Change to Monday Zoom meeting. Time changed from 7pm to 630pm and the Conscious Contact to absorb it and change name as such.

Meeting of the month: Conscious Contact- 108 East 18th Street Cheyenne, WY 82001
Zoom ID: 91823350650 Passcode: 3072020. We meet every Monday and Friday from 630pm to 730pm. On Mondays we are not going to have the in person meeting at this time. On Fridays at in person meeting must wear masks, socially distance, and sanitize among entering the building.
Park in North Parking lot off 19th street

Old Business: Funding for the Halloween party was asked for and pass unanimously. If anyone would like to have zoom access for hybrid meetings reach out to Derrick T. Talked about guidelines for Literature Chair agreed to only have first 3 sentences.

Serenity Break: (time break started and reconvened)

Sharing Session: Concerns that we are not having the level of participation at area even with there being a zoom platform. Would like to see more people on Zoom if they cannot make it to the in person meetings. Understanding that COVD has changed the dynamic of involvement in Area. Would like to start a new newsletter to help bring group and area service body together and encourage those who cannot make it in person to do so via Zoom Platform. More communication between area and groups throughout the month. More motivation.

New Business: Live From Laramie request possible funding for PR help in Laramie to get more people to their meetings. Was agreed to table and discuss at next meeting when they come back with a budget that includes all costs for what they need.

Conversation about representation from Anchor Club meetings and them being all as one. Was discussed that they would all have to be one group in order for that to happen.

Motions: None

Elections: H&I Chair: Dustin S; Treasurer: Bailey; Vice-Chair: Robert K.

Disbursements / Closing Treasury balance: Need to get with Derrick to pay for website. Closing balance is \$1942.20

Adjournment/Next Area Meeting: Meeting Adjourned at 315pm/Next Meeting is in Cheyenne, WY location TBD and on Zoom.



WYO-BRASKA AREA SERVICE COMMITTEE

P.O. Box 21
Cheyenne, WY. 82003

1-866-4NO-DOPE
(1-866-466-3673)

www.wyo-braskana.org
help@wyo-braskana.org



Area Minutes: October 10th, 2020

Robert K started the meeting at 12:01 with the NA service prayer

The Twelve Traditions, read by, Sam P
The Twelve Concepts, read by, Jason K
The Twelve Values of WBASCNA, read by, Kaleb H

Roll Call:

Chair, Vacant
Vice Chair, Robert K, Present
Secretary, Vacant, Kaleb H filling in
Treasurer, Bailie A (AKA Baybles), Present
RCM 1, Jason K, Present
RCM 2, Dave W, Present
Activities Project Coordinator, Steve G, Present
PI Coordinator, Alyssa C, Present
H&I Coordinator, Dusting S, Present
Literature Coordinator Peggy Z, Present
Web Servant, Derrick T, Absent
Activities Chair, Steve G, Present

Guiding principles workshop Chapter 5 (from 12:07 – 12:50)

Robert K read tradition Five from Guiding Principals

Questions discussed:

- 3. How do we support groups in carrying an inclusive message? how do we support groups in addressing challenges?
- 5. How well are we carrying the message of recovery? What limits are there in our efforts? How much do we rely on facilities in our community to get addicts into our meetings?

Take back to groups

NA Recovery Birthdays within the Past month

John D had two years on the 4th
Kaleb H had three years on the 4th
Sam P had one year on the 15th

Serenity Break 12:52 – 1:02

Recognition of New Groups

No New Groups

Opening treasury balance \$1,030.81

\$1,000.00 of that reserved for Unity Days

Approval of November minutes

Peggy Z made a motion to approve previous minutes

Baybles seconded

Passed Unanimously

Officer Reports

Chair, Vacant

Vice Chair, Robert K read his report 

Hello all,

This month was a busy month of helping where I could. I helped facilitate the changing of the Treasurers. We were able to get the bank changed over. I reached out to all of the chairman at the area level to see how I could help and understand next steps for our area. I also reached out to a few GSR's in hopes to get more attendance at our area meetings. I look forward to being a part of the area and helping however I can in the future. Thank you for allowing me to be of service.

Robert

Treasurer, Baybles, read her report 

WyoBraska Area Service Committee MTG

Treasurer Report Prepared by Bailie A.

Nov. 14 to Dec. 11, 2020

Hello NA family,

As the incoming Treasurer of the WyoBraska Area of NA I would like to say thank you for the trust and support of coming from each of you, I am grateful for the opportunity to serve our Area to the best of my ability. As I have just been given authorization to the account, I would like to do a full audit of the past couple of months and hope to have this done by the next Area meeting. For the time being, the following summary is focused fully on the time between the last Area meeting and today, 12.11.2020.

I have received receipts for the Harvest Party, however, will wait until I receive the funds raised at the Harvest Party to place this information in the account summary. If you have any questions before the meeting please do not hesitate to reach out to me at 307.761.2449 or by email at ba444life@gmail.com.

Well Wishes,
Bailie Allemand

Baybles' Tresurer report continued... 

Account Summary		
Date	Description	Amount
	Opening Balance (closing balance as of 11.07.2020)	1,981.14
	Credits:	
12.09.2020	NAWS reimbursement (double charge)	516.43
12.11.2020	Area Donation from Live from Laramie	<u>50.00</u>
	Total credits	566.43
	Debits:	
11.12.2020	Bank Charge (due to inactivity)	25.00
11.17.2020	Freedom of Voice (phoneline?)	10.56
11.30.2020	EIG*IPAGE (Advertising)	178.20
12.07.2020	Bank Paper Statement fee	<u>3.00</u>
	Total debits	216.76
	Pre-Closing Balance	<u>2330.81</u>
	LESS:	
	Prudent Reserve (need to discover)	????
	Unity Days Reserve	1000.00
12.11.2020	Closing Balance (Prior to 12.12.2020 Meeting)	\$1330.81
	Notes: Pending CK no.1215, \$250.00 for Harvest Party (Halloween)	

RCM, and RCM2, Dave W read Jason k and his report 

Hello WBASC this is the RCM/RCM2 report.

Times are changing again as we prepare for another wave of coronavirus and its impact on NA as a whole and our area. As of right now all the meetings that have been going on are still meeting in the WBA. However there has been a temporary closure adleast one day this month. We've become accustomed and adjusted well to the circumstances.

We nearly let Sponsorship Day slip away because, well a lot of things have changed but as an Area managed to put together a zoom link NA event honoring Sponsorship Day where Gail W. And Karen M. Spoke on there co sponsor relationship amd than gave time to our 30 or so participants from WYOMING, Colorado and Arizona a chance to speak. It was an amazing event.

We are still looking for participants to volunteer for PR and Unity Days. Please speak with Alyssa if you are interested.

Gail has been working with a global zonal forum and the US zones are presenting a 3 day event Dec. 31st through Jan. 2nd featuring workshops, speakers, and a talent show. There is a flyer up in The FB group and on our page.

All in all we are fairing well and will continue to do so.

In loving service
 Dave W. RCM2
 Jason K. RCM

Also, Region is first Saturday In February on zoom

Group Reports:

Anchors Away, John C gave a verbal report
Very low attendance (1 or two addicts present)
Doors will continue to stay open
No Area donation
Conscious Contact Hailey G read her report 

LOCATION: 108 East 18th Street Cheyenne, WY 82001
Zoom ID: 91823350650 **Passcode:** 3072020.
TIME: 6:30pm -7:30pm
DAYS: Monday's zoom only and Friday's HYBRID

CONCERNS: After review of the Tradition 4 questions; specifically the 2nd ½ of question 11: What could Area do differently to better carry out their services? Conscious Contact has concerns about Area finances and the lack of accountability for example the lack of receipts and paper trail.

NEEDS: Upon entering the building everyone must sanitize their hands. Also Masks and Social Distancing are required while attending this meeting in person.

ATTENDANCE: Average attendance ranges from 3-6 addicts in person and 9-15 addicts on zoom.

VOTES ON MOTIONS/NOMINATIONS:

AREA DONATION: 0 **OTHER DONATION:** 0

TRUSTED SERVANTS:

GSR: Haley G **GSRA:** Abby L **TREASURER:** Robert K **SECRETARY:**

NEW BUSINESS: Our group would like to request an audit of the Area's finances. We would also like to see an annual audit in the guidelines.

Clean & Free,
On hold
On Life's Terms
On hold

Basic Group of NA Steve G gave a verbal report
10 -12 people everyday
Everyone is wearing masks
Havent had a group concious in a couple months
Struggleing to get people involved with group service
No area donation
No GSR

Awakening to Our Spirituality, received late, was not read in meeting 

This report covers the meetings from November 7th through December 5^h - 13 total meetings of which 1 had with either no coverage or zero in attendance, again on a Saturday. During this time, we had 74 members attend, which is an average of about 5 per meeting. Of those members, we had 5 who identified as newcomers. We collected \$70 in the Seventh Tradition and paid \$51 in rent, which left us with a \$19 donation to the ASC, which was given to Jason K.

The ATOS group of NA meets on Friday, Saturday, and Sunday mornings at 8:30 AM at 1904 E. 15th Street in Cheyenne at the Alano Club in the NA Room. Our Friday meeting could use support. We understand many members work during this time but if you are off work, and/or are available, we would love the support. We also are in need of a GSR, a GSRA, a Group Secretary, and some Group Openers.

Each meeting we study the first, second or third Step of Narcotics Anonymous from either our **Basic Text**, the **It Works How & Why** or the **Narcotics Anonymous Step Working Guides** on a continuous and rotating basis. The format was designed for both newcomers and experienced members alike. As I sated earlier, we have a \$20.00 donation for Area this month.

TRUSTED SERVANTS:

open position – GSR
open position - GSRA
open position – Group Secretary
Tommy O. - Group Treasurer

This report submitted by the Group Treasurer,
TommyO 

Middle of the boat

Meeting attendance around 5–8 people

Mask and social distancing happening

\$5 area donation

Spiritual Principal a Day, Robert read Sara R's report 

12 December 2020

Location: Alano Club
1904 E. 15th Street
Cheyenne, WY 82001

Meetings Date/Time: Tuesdays and Wednesdays/5:30-6:30 p.m.

Attendance: Average 12-15 members/meeting

Treasurer's Report: Pending (8% of 7th Tradition is given to the Alano club for rent)

Trusted Servants:

GSR: Sara Rock

Treasurer: Sara Rock

Secretary: Open

Chairs: Sara Rock (Tuesday) Brandon Tyrrell (Wednesdays) |

New Business: In-person meetings may be suspended due to Covid-19 Restrictions

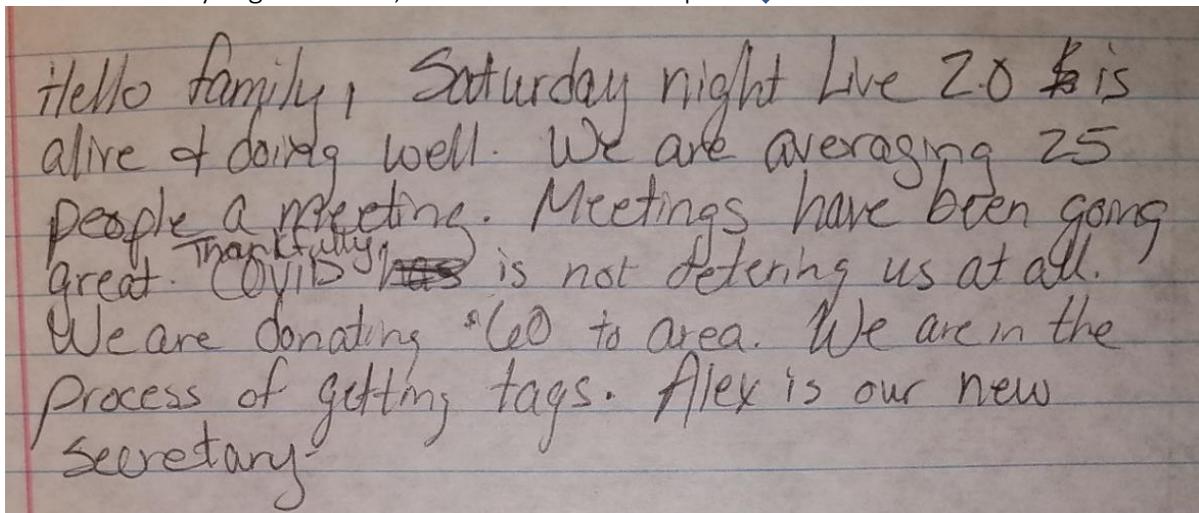
Clean & Serene (Scottsbluff), Absent with no report

No Matter What Group (Wheatland), Angie T read her report 

Hello service family and good afternoon. This report is for the No Matter What Group of Narcotics Anonymous in Platte County. We have continued to hold strong with a consistent attendance of 6 to 10 people. We have had 5 newcomers join via zoom and in person.. Our total balance is \$ 74.82, after our rent and donation to area our balance for December as of right now is \$60.82. Our exciting news is that we have been able to share our meeting through zoom with others in recovery in Guernsey and Torrington as well as one person in Cheyenne who was referred to meeting here in cheyenne but wanted to start with familiar faces first. We have a donation to area today in the amount of \$25.00.

In loving service
GSR Angie

Live from Laramie, John O gave a verbal report
Social distancing and wearing masks
Church is letting them use larger room when more people attend
10 – 12 people on average
\$10 area donation
\$10 world donation
Requesting two remaining books for Laramie jail from Peggy Z
Saturday Night Live 2.0, Brandon T read his report ↓



Sub-Committees/Projects:

Activities Coordinator, Steve G, Gave a verbal report
No activities to plan
stepping down as activities chair

Web servant report Kaleb H read Derrick T's report ↓

I hope everyone is safe and well.

This month we were able to renew our web page domain through I-PAGE. We had first received a quoted amount of \$267.64. Which was for a 3 year term. After getting on to make this payment. We decided this was way too much to be spending. Considering it was much cheaper for the previous 3 years. We got on with a representative and were able to talk them down to a total amount of \$178.20 for the next 3 years. We also searched around to see if we could move from I-PAGE. But not only do they have rights to our current domain. We also could not find a cheaper option. But we saved nearly \$100.

Our current meeting list is up-to-date. Although our printable meeting list is currently unable to fit on 1 page front and back. I will be getting on tomorrow to see if I can edit this to fix the issue. If anyone needs printable meeting lists to make available for their groups. Please contact me so we can make these available to newcomers or any addict in need of a meeting list.

The Tuesday 6:00PM URM RNA virtual meeting is still active and is currently being hosted by Jason K. Thank you for stepping up Jason.

They're has been discussion to make our recorded zoom meetings for WBASC available in our minutes. If this is something we agree upon. Let me know, so we can make this happen.

We currently have no new emails to report.

Thank You,
ILS Derrick T.

Unity Days, Alyssa G, read her report



Hi Wyo-Braska Service Members,

I have little to report for Unity Days. I received only one response about an interest in helping set up this event, so:

I am scheduling a Zoom meeting on January 3rd at 12:00pm for open attendance! Anyone who might have interest or wants to come help plan for Unity Days 2021, I look forward to seeing you. (We need help picking: a location, activities and speakers, a theme, logo design, etc. so if you have experience or interest in any of this, SHOW UP!)

The link for this meeting is:

<https://uwyo.zoom.us/j/99577193502>

Please share this information with your home groups! I will continue to remind us in our Area but would love your help in this effort.

In loving service,
Alyssa C.

Literature Coordinator, Peggy Z read her report



Hello all,

There have been no recent orders to NAWS. I contacted NAWS regarding the duplicate charge in September and it was recently credited back to our account.

Robert requested an inventory and that is included with this report. This will allow groups wanting to purchase literature knowledge of what is currently on hand. With limited funds and the minimum order of \$500, it is difficult to keep some of everything on hand. There have been very few orders in the last couple months.

I am including the literature orders forms again with this email to make it convenient for people to print out hard copies or to complete an online form to be returned to me to fill. I have the boxes of literature in my trunk in case there are any orders given to me at the area meeting.

In Loving Service,

Peggy Z., Literature Chair

PR Chair, Alyssa C, read her report ↓

Hi Wyo-Braska Service Members,

I only received one message about interest in PR so...

Public Relations will meet on January 17th at 12pm via Zoom to discuss subcommittee structure and guidelines. We have positions to fill and guidelines to finish! If you have experience or interest, and even if you don't, SHOW UP!

Here is the link to the meeting:

<https://uwyo.zoom.us/j/96798074730>

Attached you will find a draft of an Area newsletter. Please review this draft. Then, help me fill in our monthly anniversary celebration list (incidentally, there is one listed that I knew for sure ☺)! Then, let's add the Meeting of the Month once we vote on it. We will also need to change information about open/recently filled service positions after today. But, this is a general format for what we can put out every month. I would love feedback and suggestions for revision!

Also, a huge thanks to Abby and Robert of Cheyenne for their contributions!

A couple more things I want to add:

1. I would love to get a report on the phoneline (this is my job, but I need to figure it out and I hope I will have more information next Area) and I want to update the meeting information...
2. That said, I have a few suggestions for our meeting list information. First, the Zoom links don't always work. And, should we include the passcode? How are people getting that information to attend meetings? Just curious. I also really think we need to update our meeting lists to reflect mask mandates/social distance guidelines per meetings so newcomers AND members know what they are supposed to be doing. I also think that if there are meetings that are violating county/city/state/facility mandates and are not wearing masks or practicing social distancing guidelines, we consider our affiliation with these groups as a fellowship. We want to be a reputable and socially respectable option for addicts who seek recovery and we want to ensure we are following spiritual principles everywhere we are. This is a Public Relations effort absolutely. Let's treat it as such!

Alyssa G's PR Report Continued... ↓

3. Is anyone interested (as has been expressed) in a Learning Days for home groups/area and if so, email me! What would you like specifically? Dates and times? You can email at ledhead5977@gmail.com or at wyo-braska-pr@gmail.com.
4. I reached out to get information about the Wyo-Braska NA Facebook page. The member to whom I reached out didn't have the administrator log-in information. I think this site needs to be monitored by Public Relations, and at the very least, by members of NA to ensure our traditions are being protected. I think we can consider the option of opening new social media sites, as well, under our wyo-braska-pr@gmail.com account. This way, the issue we are currently experiencing can be avoided and the account information can move through the PR subcommittee instead of various addicts.

That's all for now, and we can revisit all this in new business!

In loving service, Alyssa C.

H and I coordinator, Dustin S read his report 

Hello Wyo Braska Area,

I am grateful for this new experience and am excited to grow along side some new faces at the area level. I have been in contact with the Alt. Chair, Robert, and well as the PR Chair, Alyssa, about the needs that our area faces as far as H&I goes. Zoom meetings are becoming a real and viable option to take meetings into facilities that are unable to get regular meetings. Before we start taking meetings into any facility, I believe we should be sure that we are able to sustain a consistent meeting with that facility through our own efforts. I am currently trying to compile of a list of NA members that are willing to be an H&I member as well as a list of facilities that need H&I meetings. I would greatly appreciate all information pertaining to either of these. I tried to reach out to our old H&I chair, but he has little information as far as these things go. I appreciate the patience and understanding.

Love you all,

Dustin

Started taking zoom meetings into Albany Country Jail on the Last Tuesday of every month

People who are interested in going into the Laramie county jail should get with Dustin S

Meeting of the month

Take back to groups

Peggy Z nominated Anchors Away

Passed Unanimously

Old Business

Live from Laramie is request funds for PR i

Still working on budget

Starting to put ads in the local paper

Will bring back completed budget proposal next meeting

Serenity break from 1:59 – 2:13

Sharing Session

Nothing to share

New Business:

Audit of this year

Conscious contact would like an audit of previous year done now

Due to a lack of accountability with recites

Kaleb H made a motion to go ahead with the audit for the previous year

Peggy Z Seconded

Passed Unanimously

Annual Audit added to the guidelines

Peggy Z suggests we table an annual audit

Robert K suggested we do add this to increase accountability and help incoming treasurers

Proposed Change to Guidelines

Every November, upon transition of a new treasurer, the previous and new treasurer would work together with Chair and vice chair to perform an audit

Take Back to Groups

Meeting lists

Adding passwords on meeting list for zoom meetings

Kaleb made a motion to add passwords to meeting list

Abby L Seconded

Passed Unanimously

Alyssa C will reach out to Derrick T about this

downloadable virtual meeting list on Wyo-Braska website

Alyssa C will ask Derrick T to upload one from Region website on Wyo-Braska site

Facebook Group

Concerns with issues on this page

Dustin S believes since it is a Wyo-Braska page it should be ran by the area

Dave W enlightened us on how it is a private group that only members can see

Alyssa C will reach out to Harvey D to get more information about the Facebook group, as he is one of the administrators of the group

PR Chair, Alyssa C would like to make an official Wyo-Braska Facebook Page

Take Back to Groups

Email List

GSR's bring lists of emails to next area meeting of anyone who wants to be a part of Wyo-Braska business

Take Back to Groups

Elections

Secretary

Kaleb H nominated Karen L for secretary

Karren L Accepted

Passed Unanimously

Char

Kaleb H nominated Robert K

Robert K accepted the nomination

Dave W nominated Jason K

Jason K did not accept nomination

Allyssa C nominated Angie T

Angie could not accept

Robert K was voted in unanimously

Web servant, Activities Chair, and Vice Chair will be voted on next meeting

Take back to groups

Region Donation

No Regional donation this month

Disbursements

No disbursements

Baybles made a motion to send a \$250 donation to World

John O Seconded

Passed Unanimously

Closing Treasury balance \$780.81

over Prudent reserve of \$300 and Unity Days prudent reserve of 1,000

Closed meeting at 3:27

Next Area Meeting:

Saturday January 9th, at noon

Location TBD, Robert K will let everyone know ASAP