

**Wyo-Braska Area Service Committee Meeting
February 14, 2016**

Roll Call: Tommy O. – RCM, Chris M. – Clean and Free, Rob S. – Clean and Serene GSR, Tom F. – Anchor’s Away GSR, Karen M. – On Life’s Terms/Clean and Free GSR, Bridgett W. – Just For Today, GSR, Paige D. – Just For Today, H&I, Big Mike, Kyle L. – A Breathe of Life, GSR, Jim P. – Area Secretary

Vacant Executive positions - Chair, Vice-Chair, RCM2

Vacant Sub-committee chairs announced - Activities, H&I, Phone line, Public Relations

Treasurer’s Report: None

- \$1194.17 current balance

RCM Report: Tommy O.

- The Wyo-Braska Area hosted and area guidelines review on Jan. 16, 2016. Four members attended. It was decided to move the Area meetings from a formal “Roberts Rules of Order” methodology to a consensus based approach with a project based approach. Area Secretary Jim P. volunteered to rough up some ideas for new guidelines based on the meeting discussions. Jim said he will begin that process soon.
- Tommy O. did not attend the most recent Regional meeting. He did report that Region lamented the slowness of distribution of meeting minutes from the current secretary and that the secretary said he would improve.
- Wyo-Braska Area is to host the next Regional meeting on June 4th at 1:00 PM. It’s common for Area to host this meeting in Laramie as a courtesy to the furthest away Regional members hopefully at the new A Breathe of Life meeting location. Kyle L. is checking the availability of the location.
- Wyo-Braska Area is hosting the 2017 Regional convention. It’s time to select a chairperson for the convention. The proposed weekend for the convention is May 19-21, 2017.

Group Reports:

- **Anchors Away** – Tom F. – \$10 donation to area, attendance is up.
- **Clean and Free** – Karen M. – \$30 donation, nothing to report.
- **On Life’s Terms** – Karen M. – \$149.15 donation, meetings doing well averaging 2.5 pots of coffee per meeting
- **A Breathe of Life** – Kyle L. – no donation, meeting attendance is consistent but needs support. Kyle is going to Casper for a summer internship which might leave the meeting without an opener. This meeting is Tuesday, Thursday and Saturday at 7 PM in 107 S. 7th St in Laramie.
- **Clean and Serene** – Ron S. – the group recently distributed a large amount of literature to the local jail. Attendance is strong. No donation. Ron discussed ideas to increase **engagement** between Area and Scottsbluff/Panhandle. Mike pointed out that Area can hold a meeting in SB without going back to the rotating schedule.
- **Just For Today (Alliance)** – Bridgett and Paige – Attendance is steady, a business meeting was started including opening a bank account and purchasing literature, \$10 donation. This meeting is Tuesday, Friday at 7 PM, 708 Laramie Ave, Alliance, NE.
- **Live From Laramie** – Brian P (email) – attendance is strong, group hosted a New Year’s Eve party at a member’s home, no donation.

No Literature Report – Mike addressed the issue that Bill T. needed to be replaced as literature chair. It was agreed the literature would be picked up from Bill. At this time, Kyle L. volunteered to manage the Area website on an interim basis and this received consensus approval.

Men's Jail Meeting – Mike said attendance and interest are increasing, the women's jail meeting is steady. Mike asked for 3-4 more volunteers with a year clean and off paper for a year so the meeting can reach out to all the pods more often.

Break

Sharing Session:

- Annual Planning Assembly: discussed hosting Unity Days at Lions Park around Labor Day.
- The date for the next area meeting was decided to be May 15th.
- A literature audit needs to be conducted

New Business:

- There was a robust discussion about the Facebook page including limiting members to people in the area and/or that have attended meetings, limiting the FB page to active service members, creating two FB pages with one for Area committee members and the other similar to the existing page. Bridgett W. volunteered to administer the FB page. Consensus moved to table the issue until the next meeting.
- There was a discussion about the chairperson for the 2017 Regional convention. Area needs to seek nominees. The chairperson needs to attend Regional meetings. Nominees should attend the next Area meeting to discuss why they want to be Chairperson.
- There was a discussion about the value of sending the RCM (Tommy O.) to the Regional meetings and whether or not Region supports Wyo-Braska in a meaningful way. This included suspending travel reimbursement, encouraging Region to promote public information and H&I assistance. Tommy O. said he would bring up the issue at the next Regional meeting.
- There was a discussion to encourage meetings to improve making announcements where necessary. Area recognizes it cannot control or dictate to groups/meetings.
- There was a discussion to remind groups that some meeting locations are completely tobacco free inside and not just smoke free. Area recognizes it cannot control or dictate to groups/meetings.
- It was suggested that there be a treasury audit as one hadn't been done in a while. One will be performed when a new Treasurer is elected.

Disbursements:

- \$15 to Anchor Club for the Area meeting.

Adjourned

Wyo-Braska Area Service Committee

P.O. Box 21
Cheyenne, WY 82003
1-866-4-No Dope

www.Wyo-BraskaNA.org
Help@wyo-braskana.org



Wyo-braska Area Service Committee Meeting May 22, 2016

Roll Call: Tommy O. – RCM and Clean and Free, Karen M. – Clean and Free GSR, Bill T. – Clean and Free, Haley G. – Clean and Free, Brian P. – Live from Laramie GSR, Ron S. – Clean and Serene GSR, Mike T. – No group affiliation.

Vacant Executive Positions: Chair, Vice-Chair, RCM2b

Vacant Sub-Committee Chairs: Activities, H&I, Phone Line, Public Relations

Treasures Report: Harvey absent read by Bill T.

- Current Balance - \$1413.53 in checking and \$100.13 in savings = \$1513.68
- Harvey would like to find someone to fill this position going forward.
- He would like to propose buying books for treatment and/or jail facilities in the area.

RCM Report: Tommy O.

- The World Service Conference took place in Woodland Hills, California, USA, from Saturday April 24 to Saturday April 30. I have a “first Draft” Summary of Decisions of what took place for each of our Area’s groups that attended our last ASC meeting in February.
- Attended the Regional Assembly, which took place Saturday April 2nd in Riverton. RCM will not be requesting travel expenses for this event as he coordinated his work schedule to be in Riverton at the time of the Assembly. The Delegate Team discussed the Conference Agenda Report and collected the conscious of our Region in representing us at the WSC.
- Haley contacted RCM in regards to some event proposals, which he included in Agenda. The first two are “events” or “functions” she would like our Area to sponsor, one is “Books For Crooks”, which was explained during sharing session. Additionally, there is a call for female volunteers. There is a flyer created that we can discuss and maybe attach the Area logo to and just announce and put out at our groups.

Group Reports:

- Anchors Away – Not Present.
- Clean and Free – Karen M. alive and well, no donation
- On Life’s Terms – Gave \$50.00 donation, growing pain with neighbor who hates smoking. Smoking now occurring at pond.
- Clean and Serene – Ron S. meetings continuing, difficulty with a.m. openers. 7th tradition stolen from safe so no donation. Planning an event in Scottsbluff on the 13th of August. Group has a couple questions: Having trouble with 13th step, what to do about/insight? Service animals versus pets, what are policies? Women support, need female outreach in the area what can do to assist from area perspective? Also,
- Just for Today (Alliance) – Not Present.

- Live from Laramie – Brian P. things plugging along \$60.00 donation.
- A Breath of Life – Not Present. Meeting has stagnated, only chair attending at this point. No donation.

Sub-Committees/Projects-

Literature Report: Mike T.

- Literature moving very slow because most of what is left, approximately \$600 of inventory.
- Looking for group, possible Clean and Free, to buy all of leftover literature.
- Turning in \$32.50 from sales.

H&I Report: Mike T.

- Men's Jail meeting is doing well, anywhere from 3 or as many as 16 inmates in attendance.
- NA literature is needed for the book carts for each pod as they have very little right now.
- Women's jail meeting doing well, both men/women groups need more members to get involved in H&I.
- The VA veterans meeting is slowly getting going, attendance there is inconsistent.
- The TRP Men's meetings are being attended regularly and the clients seem to be grateful we are there to help them.

Webservant Report:

- Updated multiple aspects of website: improved the code with comments and added readability some sections of the site. Also updated the meetings list to best of knowledge, as well as the events, and uploaded last area's minutes.
- The email account gets frequent (1/week) contact from people outside of Narcotics Anonymous. Webservant replies to them with the information they request as well as facilitating contact with members from our area.
- Would like to acquire an updated meeting list so I can verify the websites meeting list and modify that to match the current meetings locations and times.
- Events across the region: PR Fundraiser in Casper at the First United Methodist Church 302 E. 2nd Casper WY, Noon Miracle Annual Campout July 1- 4, Alcova Lake at Black Beach, and Solutions Annual Cottonwood Campout July 28-30 Alcova Lake at Cottonwood Campground.

Old Business:

- There has been no movement on the new guidelines for the Wyobraska Area. Jim P. is supposed to be drafting up ideas going forward in this process. He is not in attendance so this will be discussed at next meeting.
- Bridgett W. was not in attendance to discuss new Facebook page. Bill T. will create a Wyobraska Area Business group on Facebook limited to those that are currently participating in area service.
- Joanne G. would like the area stock to be removed from her storage unit. She is not going to continue renting this unit so this needs to be picked up and stored somewhere new. Mike, Karen, and Haley will meet 05/28/16 at noon to pick-up this stock and decide what to keep and what to discard.
- Mike wondered where the area laptop is, Haley has it as home would like to get rid of it. As Jim P. is area secretary he needs to keep this in his possession.

Sharing Session:

- To address Scottsbluff issue with women in the program being able to use the current Facebook page may help alleviate the issue. Cheyenne area women in service may try to attend “women’s group” in Scottsbluff to help this issue.
- The issue with service animals in meeting should be handled at a group level. Area groups shared that a “No Pets Allowed” sign is what we use at local groups to help in this area.
- Haley spoke about needing more women for H&I for Cheyenne. She and Michelle are the only women taking meeting into the jail at this point. She would like it discussed in meetings. Mike suggested that qualifications should be on flyer and area suggests that area logo should be on the flyer as well.
- “Books for Crooks” setup system where books can be purchased and can be donated back into H&I facilities. This could be accomplished via a booth where donations could be made or a flyer of how to make donation to this project. Mike suggests to a facilities library rather than specifically to an individual. Motion was made to donate all books, including behind the walls booklet, in current stock to this project. Haley will facilitate creating project and getting members to contribute at different locations throughout the area. She will create flyer and post it to new Business Facebook page for approval. This will be discussed further at next area meeting.
- The following event would like approval “Addict Fun & Field” proposed by Devin W. Motion made by Bill T. to provide \$200, it was seconded with no opposition. Haley will have Devin get date for event and get flyer out to webservant and groups ASAP. This will be a Convention fundraiser, Harvey D. will help drive revenue.
- The next event “New Year’s Eve Bash” would like approval. Angie T. with Haley G. are proposing this event. No motions concerning this were made, proposal will proceed and exact funding will be determined later. This will also be a Convention fundraiser.

New Business:

- The area would like to put up Gale W. as the prospective nominee for Convention Chair. All members were in agreement to this nominee.
- Mike T. was elected as the new area treasurer. Accounts will be transferred to his name.
- Kyle C. will continue as webservant, he is willing to do this per his webservant report.
- Ron S. nominates Tommy O. for RCM and Karen M. for RCM2. Both elections were approved unanimously.

Disbursements:

- \$15 to Anchor Club leaving a total of \$1,641.18.

Adjourned

Attending Members Contact Info:

Name	Email Address	Phone Number	Location
Bill T.	bill.trebelcock@gmail.com	307-421-1137	Cheyenne
Karen M.	karenmiller1562@yahoo.com	480-370-7297	Cheyenne
Mike T.	mtaylor8991@yahoo.com	307-214-3156	Cheyenne
Tommy O.	wharfrattommy@gmail.com	307-214-4289	Cheyenne
Haley G.	cleananfree@gmail.com	307-275-5725	Cheyenne
Brian P.	petersenbrian49@gmail.com	307-212-2319	Laramie
Ron S.	cleanserene@outlook.com	308-765-0323	Scottsbluff

Area Business Meeting Agenda

Date: November 13th 2016

- I. Moment of Silence, Serenity Prayer. Tommy
- II. 12 Traditions- Amber
- III. 12 Concepts- Kyle
- IV. 12 Values of WBASCNA- Tom
- V. Roll Call
 - a. RCM- Tommy present
 - b. Alt RCM- vacant
 - c. Secretary- vacant
 - d. Treasurer- vacant
 - e. Web servant- Kyle present
- VI. **Secretary**- Approval of minutes- no minutes were available due to position being vacant.
- VII. **Treasurer Report**- Approval of report- no verbal report due to position being vacant, please see the attached printed report.
- VIII. **RCM Report**- Tommy O
- IX. **Home Group Reports** (Please utilize provided report form, submit electronically and / or in writing to Amber B.)
 - a. Anchors Away- Tom *present*
 - b. Clean and Free- Brian (*absent*) report given by Tommy
 - c. On Life's Terms- *vacant*
 - d. Clean and Serene- Ron *present*
 - e. Just for Today- *vacant though status of group is unknown*
 - f. Live from Laramie- Amber *present*
 - g. Breath of Life- *group has dissolved as of beginning of November*
 - h. A Vision for You- *vacant, status of group unknown.*
- X. Special Project/Committee Reports
 - a. **Web Servant**- see report -*Discussion regarding an update to the meeting database for the region. Kyle shared that this would be a lot of work and he would like to enlist the help of members who are willing to input the coordinates could be brought to the group. Please note that Kyle is seeking a replacement for this position. **Please announce at your meetings that this position is available.** Kyle requested reimbursement of his travel expenses in the amount of \$30.0. →Tom made a motion to reimburse Kyles expenses, Ron 2nd the motion and it passed with a unanimous vote.*
 - b. **Phone Line**- Position is vacant- *The phone line was updated by another member; however further updates are needed to reflect the address of change for the Anchor Club and meeting times.*
 - c. **H & I**- position is vacant. *4-5 people are attending the 3pm Monday meetings. Other meetings being held are on Sun and Wed.*
- XI. Old Business:
 - a. **Rough draft of the new guidelines**- *The minutes regarding this discussion are with the former secretary and need to be obtained for the body to move forward with the changes. Tommy said he will make contact and get a copy of the minutes.*

- b. **Prudent reserve update-** *A discussion was held on the monthly expenses needed to support the Area group; the monthly totals were: Rent \$15.00, Storage unit \$50.00, Phonenumber \$10.28 and our Website \$5.00.*
→Tom made a motion to update the prudent reserve to \$300 to be kept in the savings account. Ron 2nd the motion and the motion passed with a unanimous vote.

XII. New Business:

- a. **Web servant position-** Discussion was had on the topic of potential replacement for Kyle. It was suggested that if no replacement could be found that the body would hire out for the position. Kyle was asked if he would be interested in maintaining the post once he moves out of the Area if he was paid. Kyle shared that he would consider the option. No final decision was made as of yet, the groups are being encouraged to seek a replacement from within their homegroups.
- b. **Secretary Election-** Amber qualified herself sharing that she has been clean since 1/7/2005, has held multiple service positions within NA/AA as district secretary, area treasurer, GSR, Alt GSR in various groups in other states. Current GSR at the Live from Laramie Group.
→Tom made a motion to elect Amber as the Area Secretary, Ron 2nd, the motion passed unanimously.
- c. **Locations of future Area meetings-***Ron suggested that rotating the Area meeting may spark more interest for participation from the members.*
- *Ron requested that the next meeting be held in Scottsbluff in hopes that members from his group who are interested might attend.*
 - *Kyle shared that the issue was brought forward by the Laramie group 1.5 years ago,. Descending votes for rotating the meetings came from the outlying areas.*
 - *Tommy shared that discussion was held that the drive from outlying areas would be a very long drive. Skype would be an option*
 - *Tom shared that skype doesn't allow for the personal touch. Perhaps outlying meetings could meet with people along the way to share the drive (ie: Laramie members could meet up with Cheyenne members and carpool to Scottsbluff)*
 - *Tommy suggested that the issue be brought up at February's meeting because that is the annual planning meeting. Perhaps a plan could be discussed, voted on and planned for the upcoming meetings.*
 - *Tom shared that traveling on the roads in the winter is a primary concern. He stated that he felt a meeting to be coordinated in the future, perhaps the May or August meetings.*
- The topic was tabled until the next meeting in February.**

- d. Disbursements/Closing Treasury balance
- | | |
|------------------------|---|
| Opening balance | \$997.15 |
| Expenses paid | \$15.00 rent |
| | \$30.00 fuel reimbursement to Kyle |
| Donations | \$40.00 |
| Closing Balance | \$992.15 |

Next Meeting: February 12th 2017

November Treasurer's report

WBASC

1108 Logan Ave.

Cheyenne, WY 82001

1-866-466-3673

www.wyo-braskana.org

The following are all the bank transactions since our last ASC meeting of August 14, 2016.

DATE	CHECK #	REFERENCE	CHARGES	CREDITS	BALANCE
8/14		ASC beginning balance			1335.38
8/15		Automatic monthly transfer	150.00		
8/15		Return transfer		150.00	
8/17		Deposit from last Area		290.53	
8/18	2156	Reimbursement to Mike	14.09		
8/18	2155	Reimbursement to Mike	19.76		
8/26	2154	Reimbursement to Mike	15.00		
8/31		NAWS (lit for PR first event)	104.31		
9/2		Freedom Voice	10.28		
9/2		Security Storage	50.00		
9/6		Safeway	4.00		
9/15		Automatic monthly transfer	150.00		
9/15		Return transfer		150.00	
9/21		NAWS (lit for PR 2 nd event)	88.81		
10/3		Freedom Voice	10.28		
10/4		Security Storage	50.00		
10/7	2158	RCM Travel	195.30		
10/11	2157	St. Peter Promotional (table cover)	106.80		
10/17		Automatic monthly transfer	150.00		
10/17		Return transfer		150.00	
11/2		Freedom Voice	10.28		
11/2		Security Storage	50.00		
11/13		November beginning balance checking			897.00
11/13		November beginning balance savings			100.15



WYO-BRASKA AREA SERVICE COMMITTEE

P.O. Box 21
Cheyenne, WY. 82003

1-866-4NO-DOPE
(1-866-466-3673)

www.wyo-braskana.org
help@wyo-braskana.org



Regional Committee Member Report

November 13, 2016

Tommy O. – RCM

Good afternoon,

I attended our RSC meeting on October 1st in Sheridan as the representative of this Area. The minutes for this RSC meeting are available online at our regional website, www.urmrna.org under the service tab. Delynda, our RD for the last four years, term had ended and Carla from Powell, our AD, was confirmed as our new RD. Also, elected as our new Regional Chair, after some confusion at the previous RSC meeting in Laramie in August, was the former Vice-Chair Katina from Casper.

Since our last ASC meeting our newly elected Treasurer stepped-down from the commitment. I did receive the Treasury supplies from Mike and as a co-signer on the Area bank account I report on all the bank activity since our last meeting. Also, since the Area approved attending both PR events in Cheyenne, I will make a report for PR also.

Since Jim has basically dropped-out as our Area Secretary, and he had all the notes of the approved Guideline changes for our Area, I'll see what I can come up with to present to the Area for approval. I will get with Karen M. on this as she had also taken notes at the two Guideline Workshops earlier in the year to see what we can come up with as I believe this should be a priority.

Our next Regional Service Committee meeting will be in February, the first Saturday, and our next Area Service Committee meeting will also be in February, the second Sunday, which will also be our Annual Planning Committee, so please get the word out that anything activity or event you would like to see the Area do or participate in in 2017 this next ASC will be the time to bring it to the body to discuss and approve.

In loving service,

TommyO, RCM
wharfrattommy@gmail.com
307-214-4289



WYO-BRASKA AREA SERVICE COMMITTEE

P.O. Box 21
Cheyenne, WY. 82003

1-866-4NO-DOPE
(1-866-466-3673)

www.wyo-braskana.org
help@wyo-braskana.org



WBASC PR Report

November 13, 2016

Tommy O. – RCM

Good afternoon,

This Area attended it's very first PR event on Saturday September 10th at the Cheyenne Depot Plaza and Tom F., GSR of the Anchor's Away Group and myself, your Area's RCM, manned our table. It was exciting, to say the least, as I'm sure Tom will vouch for. We had our table with a lit rack and our books, supplied by the Clean and Free group and the rack was stocked with NA literature which our Area supplied. We had several people stop, and Tom and I answered questions about Narcotics Anonymous and our Area's meetings. There were tables set-up by various recovery organizations and others, including LCCC, which invited us (NA), to a recovery event they were hosting in the coming month at the college. The event at the Depot Plaza was from 1:30 to 4:30 that afternoon and I certainly believe it was an excellent opportunity to get NA's name out as a viable recovery option and was thrilled that we, the Wyo-Braska Area, had a presence at this event.

The next event was on Wednesday, October 19th at the Community College and our table was manned by Karen M. and myself. This event was smaller and geared towards the College student. There were not as many recovery organizations in attendance at this event as the last one at the Depot Plaza but once again I was thrilled that our Area was in attendance to give the LCCC students, who may have or know someone with a drug problem, to present NA as a viable recovery option. This Area will be prepared for any future PR events as we now have plenty of literature, our own Lit rack and even a very professional-looking table cover to present NA as a viable recovery option for drug addicts in our community.

In loving service,

TommyO, RCM
wharfrattommy@gmail.com
307-214-4289

GSR Reports

Group: Anchors Away

GSR: Tom

Attendance: 5-8 members

Financial: Solvent

Changes: 1st of November group moved to the Anchor Club at 1108 Logan. The group is working to stabilize and to let everyone know we are here. Working to get the meeting announcement changed on the schedule.

Upcoming Events: None

Group: Clean and Free

GSR: Tommy O the alt GSR gave report

Attendance: 5-10 members, varies

Financial: Solvent

Changes: Changed format Tuesday: Living Clean, Weds: It Works how and why, Friday: Basic Text, Saturday: Guiding Principles.

Upcoming Events: None

GSR Reports

Group: Clean and Serene

GSR: Ron

Attendance: 12 average

Financial: Solvent

Changes: None

Upcoming Events: Possible New Years Eve, TBA

Group: Live from Laramie

GSR: Amber

Attendance: 4-8 members

Financial: Solvent

Changes: Amber B- GSR Brian- Alt GSR

Upcoming Events: None