



WYO-BRASKA AREA SERVICE COMMITTEE

P.O. Box 4263
Cheyenne, WY 82003



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help@wyo-braskana.org

WBASC Business Meeting Agenda 1/13/2024

Virtual Meeting

Abby opened the meeting with the Service Prayer

Readings:

The Twelve Traditions read by, Derek

The Twelve Concepts, read by Fox

Roll Call Executive Committee:

Chair: Abby, present / report submitted

Vice Chair: Gail, present / report submitted

Secretary: Tom, present

Treasurer: **Vacant** – Gail, present / report submitted

RCM 1: Derrick, present / report submitted

RCM 2: Rhonda, absent / report submitted

Roll Call Sub-Committees:

Activities Chair: Scott, absent / report submitted

PR Chair: Mark, absent / report submitted

School Panel: Jason, absent / no report

Web Servant: **Vacant** – Gail, present / report submitted

Ad Hoc Unity Days: **Vacant**

GSR's:

Anchors Away: Nile, absent / no report submitted

Live from Laramie: Chris, present / verbal report

Not Alone: Kristi, present / report submitted

On Life's Terms: Fox Alt GSR, present / report submitted

Recovery and Chill: Shiffa, present / report submitted

Serenity Seekers: Quinton, absent / no report submitted

Guests:

Concept Study – Concept 8:

Our service structure depends on the integrity and effectiveness of our communications.” The groups have joined together to create a service structure which develops, coordinates, and maintains services on behalf of NA.

NA Birthdays:

Derek: 7 years December 16th

Kristi: 3 months

New Groups:

Opening Treasury Balance: \$2,323.45

Approval of Previous Minutes: approved

Executive Committee Reports:

Chair: Abby

Hey family,

We continue to go through changes at area. It's always sad to see people go, but I think this only reinforces the point that we need to move to project based service. We simply do not have members willing to serve and commit to attending area every month. Whatever the reasons, all are valid. However, we still don't have enough members to continue sub-committees. We do have members willing to carry the message into jails and institutions, we do have members willing to plan events. This should be our focus, and as area serves the groups, it is vital that we look to their needs and adjust the way we do business as an area. I would like to see us continue meeting every month virtually for no longer than two hours, to discuss money matters and administrative issues. I think our focus needs to be on the groups, providing support for activities and workshops. If we don't like the way area looks, we have the responsibility to change it until we reach unity.

Love you all

Abby

Questions: none

Vice Chair: Gail

Hello Wyo-Braska Area Committee Members,

There is not much to report at this time, I am still covering the Web Servant and Treasurer and will provide separate reports for these positions.

We sold 3 more area shirts at Serenity Seekers birthday night meeting. Fox will give us the inventory and sizes left. Let's try to get these sold! The shirts are \$30.00 and are a limited edition. Once we get these sold, we can look at the next limited edition items we would like to offer.

The area has sent out a list of proposals and guideline changes and I am excited to see the direction our area will go once the results from the groups come back in.

ILS

Gail W. WBASC Vice Chair

Questions: none

Treasurer: Gail

Hello Wyo-Braska Area Committee Members!

The online banking for today (1.6.24) shows an available balance of \$2,320.45.

Attached to the email is the spreadsheet and statement from last month.

Learning Day – We still need to send a check for \$40.00 to the church, removed it from the learning day expenses until it has been sent and clears the account.

All transactions have been added to the spreadsheet, for some reason I am off by \$1.01, have no clue, I double checked formulas, double checked transactions, hopefully it will correct itself.

General Funds had expenses in the following:

Operating Costs:

Meeting space:	\$20.00
TracFone for Venmo:	\$19.63
PO Box:	\$0.00
Zoom Account:	\$0.00
Bank Service	\$0.00
Storage	\$0.00
Service Material	\$0.00

RCM travel expenses: \$90.00

PR expenses:

Fellowship Development:	\$0.00
H&I	\$0.00
Meeting Lists:	\$0.00
Website:	\$0.00

Budget adjustment \$0.00
 Supplies \$0.00
Unity Days expenses: \$0.00
Unity Day Income: \$0.00
Activities: \$0.00

Budgets:

The balance for each committee is below as of today:

Prudent Reserve: \$300.00
 General Funds: \$484.54
 Chair: \$25.00
 Vice Chair: \$0.00
 RCM: \$160.00
 Secretary: \$49.26
 Treasurer: \$0.00
 Activities: \$145.04
 PR: \$159.32
 Learning Days: \$168.29
 Merchandise: \$330.00
 Unity Days: \$500.00
 Total: \$2,321.44 **does not match online balance**

Venmo (11.6.23 to 1.5.24):

Venmo Transfers (In): \$350.04
Venmo Transfers (Out): \$208.71
Cash Deposits: \$484.44

Group Donation Deposits (11.6.23 to 1.5.24): \$227.45

Free Bird	\$37.44
Anchors Away	
Clean and Serene	
Live from Laramie	
Nine Lives	
No Matter What Group	
Not Alone	

On Life's Terms	\$150.00
Recovery and Chill	
Serenity Seekers	
The Tried and True Group	\$40.00

Bank Transactions:

POSTED DATE	DESCRIPTION	AMOUNT	TRANSACTION REFERENCE NUMBER
1/5/2024	VENMO DEPOSIT	\$20.00	GROUP DONATION
1/3/2024	VENMO DEPOSIT	\$30.00	AREA SHIRT
1/2/2024	VENMO DEPOSIT	\$60.00	AREA SHIRT
12/26/2023	DDA CHECK	(\$20.00)	1310 AREA RENT
12/15/2023	TRACFONE	(\$19.63)	PHONE
12/13/2023	VENMO DEPOSIT	\$150.00	GROUP DONATION
12/11/2023	DDA DEPOSIT	\$484.44	VARIOUS
12/5/2023	VENMO PAYMENT	(\$145.71)	LEARNING DAYS
12/4/2023	VENMO DEPOSIT	\$50.00	LEARNING DAYS
11/17/2023	DDA CHECK	(\$90.00)	1309 RCM TRAVEL
11/15/2023	VENMO PAYMENT	(\$63.00)	LEARNING DAYS
11/13/2023	GODADDY	(\$99.99)	WEBSITE MIGRATION
11/13/2023	CUSTOM INK AREA SHIRTS	(\$443.44)	MERCHANDISE
11/13/2023	GODADDY	(\$251.76)	WEBSITE MIGRATION
11/13/2023	GODADDY	\$215.64	WEBSITE MIGRATION
11/6/2023	GODADDY	(\$215.64)	WEBSITE MIGRATION
11/6/2023	VENMO DEPOSIT	\$35.04	ACTIVITIES
11/6/2023	VENMO DEPOSIT	\$5.00	GROUP DONATION

Thank you for allowing me to be of service, Gail W

Questions: none

RCM 1: Derek

Hey Wyo-Braska,

I hope everybody is doing well. The Upper Rocky Mountain Region business meeting will be held on February 3rd, in Riverton WY. The workshop starts at 10 am and the business meeting will start at 1 pm. Old business, they are seeking suggestions and ideas for fellowship development. We will also be accepting nominations for the Web Servant position. A minimum 2 year clean time requirement and preferred experience with computer knowledge.

URMR convention XXIV registration is now available on the website and looks amazing! May 24th thru the 26th in Sheridan WY and is being hosted by Freedom

Seekers area. URMRNA.org is where to access information that the region offers to the areas.

Thank you all

ILS RCM Derrick T

Questions: none

RCM 2: absent

Greetings,

This is to let you all know that I will be working on Saturday for at least the next several months. Due to this, I will not be able to attend area in the foreseeable future. Please accept my resignation as RCM 2. Thank you for allowing me the opportunity to be of service.

Love ya'll,
Rhonda

Questions:

Group Reports:

Anchors Away: no report submitted

Questions:

Live from Laramie: oral report

Some new members, still growing, possible event in March will let us know more, will work on getting us the donation (probably mail it). 6-7 people per meeting

Questions:

No Matter What Group: Not participating currently, keeping on roll call.

Questions:

Not Alone:

For the month of December, we had a total of 8 attendees. Average of 2 per meeting. We do not currently have any donations to provide to the area. I brought back the area proposals to the group. Proposals 1-5 were agreed to and proposal 6 was preferred not to make the change.

(Proposal 6. Move from Sub-Committee Based Service to Project Based Service. This will remove Sub-Committee Chairs and replace them with Project Leaders /Coordinators.)

Kindest Regards,
Kristi
Not Alone GSR

Questions: Tom: what about the guideline changes? Kristi: guideline changes were approved

On Life's Terms:

Hello humans,

There were a lot of things that were taken back to the groups from the last area meeting. Because of this I attached a document to this email with what the group concluded. If the proposed change is highlighted in green it was voted yes and anything in red was voted no.

At group conscience Anthony stepped down from the Thursday night chair. Derrick will be taking over Thursday night and Fox is taking over on Wednesday's. In the month of December we had a total of 11 newcomers and an average of 22 people in attendance per meeting. We have a donation of \$178.71 this month.

Thank you!
In Loving Service,
Anthony and Fox

Group Vote Results

- Group votes to stay hybrid
- Group rejects changing Area to every other month
- Yes to Area Meeting that isn't an Area meeting
- Yes to removing study portion
- Reject paring down services
- Yes to project based

Questions: Tom: why doesnt the OLT donation under treasurer match their report? Gail: b/c it has not cleared the bank yet. It will be in next months report as long as it clears.

Recovery and Chill:

Hi all,
 For the month of December we had a total of 44 Zoom attendees. We have no monetary donations to report at this time. At our group conscious we decided to start the meetings with introductions, so as to encourage participation and make the meeting more welcoming.

Fox took back the area proposals to the group and our feedback is attached in the doc "AREA" (thank you Fox!) Anything highlighted in green was voted yes and anything highlighted red was voted no. I will do my best to be in attendance at Area this Saturday, but if not, Fox will be alternate GSR and can answer questions.
 ILS,
 Shifa

Group Vote Results

- Group votes to stay hybrid
- Group rejects changing Area to every other month
- Yes to Area Meeting that isn't an Area meeting
- Yes to removing study portion
- Reject paring down services
- Yes to project based

Guideline Changes
 -The group accepts all of the changes

Serenity Seekers:

Spencer gave a brief overview. He wont be able to take the GSR role at this time unless his schedule changes. Rory is the alt-GSR

Questions: Tom: can your reach out to Rory and make sure he understands what is expected of him as the alt-GSR? Spencer: yes

Sub-Committee Reports:

Activities Chair: Scott

Hi all!! Not much to report since the holiday season has come and gone. I will probably go to work sometime Friday night, so hopefully I can zoom in for the meeting Saturday. Thanks to everyone for doing their best in service and their own recovery.

Questions:

Public Relations:

Hello WyoNeb family, after a lot of thought and praying to my Higher Power I have decided to step down from the PR chair and away from area for a while. I want to thank everyone for there support and guidance while I was involved with area, but at this time I feel I need to get back to the basics in the program and being more involved in my home group I can better help my fellow addicts.

Thank You, Mark H

Questions:

Big Mike (H&I): getting better numbers of attendance and they go in twice a day now every Tuesday. There is still talk about doing a face to face but it is taking awhile. They want to get the women's side going for the Laramie County jail. Big Steve goes into Harmony house on Sundays.

Gail: I have news about that. One female that got approved and has received training. There are two others who are still waiting to hear back. We know that the jail is supportive. We also know that the jail is supportive

PI School Panel: no report submitted

Questions:

Web Servant:

Hello Wyo-Braska Area Committee Members,

The area inventory results have been posted to the website, as well as any updates needed.

One page that I am not sure everyone knows about is the NAWS page, this is where you can connect to na.org to fill out surveys and input for the current projects that came out of the 2023 World Service Conference. It also has links to interesting items that include the Fellowship Intellectual Trust, the notice for the creation of the NA Survival Kit publications, and the Focus Group Volunteer form.

The analytics for the past 30 days are:

143 new users, 83 return users.

The pages visited the most in the past 30 days:

	Page title and screen class ▾ +	↓ Views -----	Users -----	Views per user -----	e
		637 100% of total	98 100% of total	6.50 Avg 0%	
1	Meeting List - Wyo-Braska Area of Narcotics Anonymous	375	60	6.25	
2	Home - Wyo-Braska Area of Narcotics Anonymous	161	52	3.10	
3	Contact - Wyo-Braska Area of Narcotics Anonymous	21	6	3.50	
4	Events - Wyo-Braska Area of Narcotics Anonymous	16	6	2.67	
5	Group Flyers - Wyo-Braska Area of Narcotics Anonymous	13	5	2.60	
6	Area Inventory - Wyo-Braska Area of Narcotics Anonymous	12	2	6.00	
7	About - Wyo-Braska Area of Narcotics Anonymous	8	4	2.00	
8	Links - Wyo-Braska Area of Narcotics Anonymous	8	3	2.67	
9	NAWS - Wyo-Braska Area of Narcotics Anonymous	6	2	3.00	
10	Page not found - Wyo-Braska Area of Narcotics Anonymous	6	1	6.00	

Questions: none

Ad Hoc Unity Days: vacant

Sharing Session:

Old Business:

- Budgets
 - Table until we get feedback regarding how we run the Area.
- Did Fox get with Mark regarding the printer/printing of meeting lists?
 - That was Mark's printer and the ink Area paid for only works with that printer.
 - We will discuss this more after the proposals come in.
- Did someone reach out to Nile regarding the Area laptops?
 - Dave said he brought it to my house, but I couldn't find it. (I do have a big pile of "orphan" laptops that one of may be the areas, but Dave couldn't tell me anything about it (brand, model, color) if anyone knows any of these details it would be extremely helpful in tracking it down.
 - call it done
- Ad-Hoc Unity Days: Chair nominated Fox

Proposal 1.

Take back to groups, regarding the virtual side of the business meeting:

Should the area change the way they conduct their business meetings?

Currently, area provides a hybrid format.

Should area keep the hybrid format? **VOTES:** Recovery and Chill, OLT, RCM

Should area remove the hybrid format?

Should the area meet virtually only? **VOTES:** Live from Laramie, Not Alone, Vice Chair, Secretary

Should area meet in-person only?

Or should the area decide?

Reason: To create an atmosphere of unity, if we are all attending the same way, we would feel less disconnected.

-LACK OF STRONG SUPPORT, proposals fail. We will try to revise what we ask the groups.

-
- Some back story on why hybrid is so difficult:
 - It is not truly hybrid since someone has to be there to set everything up
 - It is a very stressful responsibility and the secretary was using his own computer and equipment since the Area laptop, which we do not currently have, rarely worked.
 - There were constantly problems with getting Zoom up and running such as internet connectivity issues at depending on the location, sometimes the hardware would not connect properly and that needed to be trouble shot
 - The secretary was showing up to Area meetings 30 minutes early and due to problems with Zoom or the hardware the meeting was still starting late
 - After discussion RCM felt that he wants to change his vote to FOR virtual after hearing about the difficulties associated with it
 - Spencer, Serenity Seekers GSR felt that he and the group would be in favor of virtual, however they did not vote on it during their group consciousness.
 - The alt-GSR for OLT and Recovery and Chill decided to change the vote after hearing about difficulties associated with the hybrid side of things. They felt that with this new information their groups would feel differently
 - Tried and True group, non voting group until February, had also decided virtual only
 - Chair asked for another roll call: **VOTE:** (yes) Live from Laramie, (yes) Not Alone, (yes) OLT, (yes) recovery and chill, (yes) Vice Chair, (yes) secretary, (yes) RCM
 - UNANIMOUS, motion passes

Proposal 2.

Changing the area meeting to every other month instead of monthly. **VOTE:** (yes) Live from Laramie, (yes) Not Alone, (no) OLT, (no) recovery and chill, (no) Vice Chair, (no) secretary, (no) RCM

Reason: Lack of participation from groups and committee members.

-LACK OF STRONG SUPPORT, proposal fails

Proposal 3.

Create a schedule of events outside of area business meetings that would be workshops and informational discussions. (a Not Area, Area Meeting) . **VOTE:** (yes) Live from Laramie, (yes) Not Alone, (yes) OLT, (yes) recovery and chill, (yes) Vice Chair, (yes) secretary, (yes) RCM

Reason: To generate interest in area positions and create a sort of mini-learning day.

-UNANIMOUS, motion passes

Proposal 4.

Removing the study portion of the business meeting. (12 Traditions, 12 Concepts) **VOTE:** (yes) Live from Laramie, (yes) Not Alone, (yes) OLT, (yes) recovery and chill, (yes) Vice Chair, (yes) secretary, (yes) RCM

Reason: To shorten the length of the business meeting.

-UNANIMOUS, motion passes

Proposal 5.

Pare down services offered in the area. Area offers basic services only, such as the virtual platform for the virtual meetings, the website and maintaining the meeting list. If a group needs something they can contact the area with their request to be considered. Move area meetings to less frequent, to consider requests and give an overview of the area.

Reason: Lack of participation from groups and committee members. **VOTE:** (no) Live from Laramie, (yes) Not Alone, (no) OLT, (no) recovery and chill, (no) Vice Chair, (no) secretary, (no) RCM

-CONSENSUS NOT TO SUPPORT, motion passes

Proposal 6.

Move from Sub-Committee Based Service to Project Based Service. This will remove Sub-Committee Chairs and replace them with Project Leaders / Coordinators.

This will not affect projects already in place, such as school panels and H&I efforts. It just removes them from the PR Umbrella and focuses on the specific project.

It changes the structure of how events are created, planned and put into motion.

Reason: Lack of interest for volunteers and there are too many layers for a PR Chair to monitor over the large demographics of our area. Brings more investment and interest to the groups and individual members to participate.

If we allow members to focus on the specific areas they want to as a project-based service, we could still fill needs in the Area.

Examples:

- Web Servant becomes Web Site Project Coordinator, and reports directly to the area instead of PR.
- School Panel Leader becomes School Panel Project Coordinator and reports directly to the area instead of PR.
- Activities Chair becomes Activities Project Coordinator, does not plan events, but takes requests from groups or individuals who want to create a specific event as a project. The Activities Project Coordinator only brings the request to area and the group or individuals creating the event report to the Activities Project Coordinator.

VOTE: (yes) Live from Laramie, (no) Not Alone, (yes) OLT, (yes) recovery and chill, (yes) Vice Chair, (yes) secretary, (yes) RCM

-CONSENSUS TO SUPPORT, motion passes

Section 2

Current:

An NA group is any meeting which meets regularly at a specific place and time, and which follows the Twelve Traditions of NA. The primary purpose of an NA group is to carry the message of recovery to the addict who still suffers.

Proposed change:

An NA group is any group that meets and follows the suggested requirements stated in the current published version of The Group Booklet. This booklet can be found and downloaded for free at: [GroupBooklet_Final_Aug23.indd](#)

The primary purpose of an NA group is to carry the message of recovery to the addict who still suffers.

-(yes) Live from Laramie, (yes) Not Alone, (yes) OLT, (yes) recovery and chill, (yes) Vice Chair, (yes) secretary, (yes) RCM
-CONSENSUS TO SUPPORT, motion passes

Current:

Treasurer

The Treasurer will make a report of all the contributions and expenditures at every WBASC meeting as well as an end of term(s) of office report. It is suggested that the WBASC Treasurer have a minimum of three (3) years continuous clean time, has demonstrated a working knowledge of the Twelve Traditions and the Twelve Concepts for NA Service, and presents a history of completed NA service positions, preferably at the area level. It is strongly suggested that waiving clean time for this position be discouraged. (02/12/22)

It is the duty of the WBASC Treasurer to:

- Be the custodian of the WBASC funds
- Maintain a comprehensive ledger that records all transactions and budgets and use the approved spreadsheet as a tool 1/23/22
- Be one of the signers on the WBASC bank account
- Report income and disbursements at each regular WBASC meeting, followed by a written report in the minutes
- All reports should include a reconciling to the bank statement and a copy of that month's statement (02/12/22)
- Disburse funds as directed by the WBASC
- **All disbursements must be in check format for tracking purposes**
- All persons requesting reimbursements which have been approved must submit receipts before being reimbursed – **no exceptions** (02/12/22)
- A Treasurer shall keep receipts for all contributions and disbursements
- All cash contributions and proceeds from WBASC functions or committees will be deposited to the WBASC bank account within 2 weeks from the function or business meeting
- Automatic disbursements are those expenditures made on a continuous and approved basis by the WBASC (i.e., rent for facility hosting ASC, travel expense for RCMs, P.O. Box and website expenses)
- **Checks will be written directly to businesses or those providing services to the WBASC**
- There will be one (1) debit card issued to the treasurer and can also be used for the purpose paying for services related to business for the WBASC
- There will be no cash withdrawals from the bank account in order to maintain accurate records of any and all transactions
- All checks received are to be deposited into the WBASC bank account within five (5) working days
- Attend every regular WBASC meeting
- Submit all records, information, forms, and archives to the next Treasurer when term(s) of office is/are done

Proposed changes:

- All disbursements must follow the rules of disbursements located in Money Matters

Remove:

- **Checks will be written directly to businesses or those providing services to the WBASC**

-(yes) Live from Laramie, (yes) Not Alone, (yes) OLT, (yes) recovery and chill, (yes) Vice Chair, (yes) secretary, (yes) RCM
-CONSENSUS TO SUPPORT, motion passes

Current:

Regional Committee Members (RCMs)

The two (2) RCMs are the WBASC's representatives at the regional level. The RCMs link the WBASC with other area service committees within the Upper Rocky Mountain Region. The primary responsibility of the RCMs is to work for the good of the WBASC, providing two-way communication between the WBASC and the rest of NA. They represent the WBASC groups' consciences at the regional level.

The RCMs attend all WBASC and all URMRSRSC meetings. They take part in any discussions and in all decisions affecting the region, speaking as the voice of the WBASC groups' consciences. It is suggested that the RCM(s) have a minimum of three (3) years clean time, has demonstrated a working knowledge of the Twelve Traditions and the Twelve Concepts for NA Service, and presents a history of completed NA service positions, preferably at the group and area level.

It is the duty of the RCM(s) to:

- Represent the interests of the WBASC at the URMRSRSC and to carry the WBASC's groups consciences and work for the primary purpose of NA
- Report to the WBASC verbally and in writing the activities of the URMRSRSC
- Report to the URMRSRSC verbally and in writing the activities of the WBASC
- Submit a written report of activities of the WBASC as RCM and a copy of the information submitted to the URMRSRSC at the following WBASC meeting
- Topics sent to region need to be discussed at the WBASC before reporting to region (12/11/21)
- Act as the URMRSRSC Liaison, making sure the WBASC is kept up to date on all convention information and efforts of the convention (02/12/22)
- Attend all WBASC meetings, URMRSRSC meetings and Upper Rocky Mountain Regional Assemblies
- Reimburse travel expenses to regional meetings and assemblies at \$0.35 cents per mile (07/09/2022)
- Will be signers on the WBASC bank account
- Will each serve one two-year cycle, with the option of serving two two-year cycles, thus committing to up to eight years and four cycles in total
- The "second" RCM is "in training" for a two-year term and will need to be nominated and voted into the RCM position when the term has been met (12/11/21)

Proposed change:

Remove:

- Will be signers on the WBASC bank account

Change:

- Will each serve one two-year cycle, with the option of serving two two-year cycles, thus committing to up to a possible eight years and four cycles in total **(or remove the option and just make it two years only for each position)**

-(yes) Live from Laramie, (yes) Not Alone, (yes) OLT, (yes) recovery and chill, (yes) Vice Chair, (yes) secretary, (yes) RCM
-CONSENSUS TO SUPPORT, motion passes

New Business:

- Rewording what we send back to the groups regarding how Area meets
- Decided to have another roll call regarding Proposal 1 after discussion
 - UNANIMOUS support, motion passes
- Capture the flag: OLT has everyone's flag
 - OLT and Live from Laramie talked and they will talk and figure out what they want to do
- Limited Inventory Shirt Availability:
 - 1 (S)
 - 4 (L)
 - 2 (XL)

Elections:

Annual Elections:

January No Election

February RCM and RCM2 (two-year position each) Derrick and Rhonda elected?

March Activities Chair (two-year position each) Scott elected?

May PR Chair (two-year position each) Mark elected?

June Secretary (two-year position each) Open since?

July Treasurer (two-year position each) Open since?

August Unity Days Chair (1-year position) – Appointed only. Open now.

September Chair and Vice Chair (two-year position each)

- **Chair was elected December 2022 – next election for Chair will be September 2024**
- **Vice Chair was elected November 2023, next election for Vice Chair September 2025.**

October No Election

November No Election

December No Election

RCM 2 - vacant

Secretary – Tom G, Ad-Hoc Interim

Treasurer – Gail, Ad-Hoc Interim

Web Servant – Gail, Ad-Hoc Interim

Unity Days Ad Hoc – Fox

Disbursements:

Next area meeting: February 10th, 2024 virtually on Zoom

Close meeting with prayer.