

SUNDAY

- 3:00 PM** **Anchors Away**, First Christian Church, Northeast Corner entrance, located in basement., 219 W 27th St., Cheyenne, WY, 82001 **(O,D)**
- 4:00 PM** **Not Alone Group**, United Methodist Church, 1845 Broadway, Mitchell, Nebraska, 69357
- 7:00 PM** **Footsteps in Recovery (Men's Meeting)**, VOA, 2310 E. 8th St., Cheyenne, WY, 82001 **(C,D,M)**
- 7:00 PM** **Live From Laramie**, Rm. 116, 1215 E. Gibbon St., Laramie, WY, 82072 **(C,BT,D)**
- 7:00 PM** **Serenity Seekers**, Grace United Methodist Church, 2950 Spruce Dr, Cheyenne, WY, 82001 **(O)**
- 8:00 PM** **Clean and Serene**, Clubhouse, 14 W. 17th St., Scottsbluff, NE, 69361 **(O,D)**

MONDAY

- 10:30 AM** **Anchors Away**, First Christian Church, Northeast Corner entrance, located in basement., 219 W 27th St., Cheyenne, WY, 82001 **(O,D)**
- 6:00 PM** **On Life's Terms**, Unitarian Universalist Church of Cheyenne, 3005 Thomes Ave, Cheyenne, WY, 82001 **(O,RF)**
- 7:00 PM** **Live From Laramie**, Rm. 116, 1215 E. Gibbon St., Laramie, WY, 82072 **(O,D)**
- 8:00 PM** **Clean and Serene**, Clubhouse, 14 W. 17th St., Scottsbluff, NE, 69361 **(O,D)**

TUESDAY

- 10:30 AM** **Anchors Away**, First Christian Church, Northeast Corner entrance, located in basement., 219 W 27th St., Cheyenne, WY, 82001 **(O,D)**
- 6:00 PM** **Recovery and Chill**, Online Meeting - Zoom Platform, Meeting ID: 848 615 7250, **(O,D,VM)**
- 7:00 PM** **Live From Laramie**, Rm. 116, 1215 E. Gibbon St., Laramie, WY, 82072 **(O,D)**
- 7:00 PM** **Serenity Seekers**, Grace United Methodist Church, 2950 Spruce Dr, Cheyenne, WY, 82001 **(O,BK)** *Living Clean The Journey Continues*
- 8:00 PM** **Clean and Serene**, Clubhouse, 14 W. 17th St., Scottsbluff, NE, 69361 **(O,D)**

WEDNESDAY

- 10:30 AM** **Anchors Away**, First Christian Church, Northeast Corner entrance, located in basement., 219 W 27th St., Cheyenne, WY, 82001 **(O,D)**
- 7:00 PM** **Live From Laramie**, Rm. 116, 1215 E. Gibbon St., Laramie, WY, 82072 **(O,D,IW,St)**
- 7:00 PM** **On Life's Terms**, Unitarian Universalist Church of Cheyenne, 3005 Thomes Ave, Cheyenne, WY, 82001 **(O,RF)**
- 8:00 PM** **Clean and Serene**, Clubhouse, 14 W. 17th St., Scottsbluff, NE, 69361 **(O,D)**

THURSDAY

- 10:30 AM** **Anchors Away**, First Christian Church, Northeast Corner entrance, located in basement., 219 W 27th St., Cheyenne, WY, 82001 **(O,D)**
- 6:00 PM** **The Tried and True Group**, 2950 Spruce Dr, Cheyenne, Wyoming, 82001 **(D,St,Tr,BK,CP)**
- 7:00 PM** **Live From Laramie**, Rm. 116, 1215 E. Gibbon St., Laramie, WY, 82072
- 7:00 PM** **No Matter What**, 95 19th St., Wheatland, WY, 82201 **(O,D)**
- 7:00 PM** **On Life's Terms**, Unitarian Universalist Church of Cheyenne, 3005 Thomes Ave., Cheyenne, WY, 82001 **(O,RF)**
- 8:00 PM** **Clean and Serene**, Clubhouse, 14 W. 17th St., Scottsbluff, NE, 69361 **(O,LC)**

FRIDAY

- 10:30 AM** **Anchors Away**, First Christian Church, Northeast Corner entrance, located in basement., 219 W 27th St., Cheyenne, WY, 82001 **(O,D)**
- 7:00 PM** **Footsteps in Recovery (Men's Meeting)**, VOA, 2310 E. 8th St., Cheyenne, WY, 82001 **(C,D,M)**
- 7:00 PM** **Serenity Seekers**, Grace United Methodist Church, 2950 Spruce Dr, Cheyenne, WY, 82001 **(JT)**
- 8:00 PM** **Clean and Serene**, Clubhouse, 14 W. 17th St., Scottsbluff, NE, 69361 **(O,D)**
- 8:00 PM** **Live From Laramie**, Rm. 116, 1215 E. Gibbon St., Laramie, WY, 82072 **(O,CL,D)**

SATURDAY

- 10:00 AM** **Clean and Serene**, Clubhouse, 14 W. 17th St., Scottsbluff, NE, 69361 **(O,D)**

SATURDAY (CONT)

- 10:30 AM** **Anchors Away**, First Christian Church, Northeast Corner entrance, located in basement., 219 W 27th St., Cheyenne, WY, 82001 **(O,D)**
- 7:00 PM** **Live From Laramie**, Rm. 116, 1215 E. Gibbon St., Laramie, WY, 82072 **(O,D,IW,St)**
- 7:00 PM** **Serenity Seekers**, Grace United Methodist Church, 2950 Spruce Dr., Cheyenne, WY, 82001 **(JT)**
- 8:00 PM** **Clean and Serene**, Clubhouse, 14 W. 17th St., Scottsbluff, NE, 69361 **(O,D)**

Meeting Format Legend

- BK** (Book Study) Approved N.A. Books
- BT** (Basic Text) This meeting is focused on discussion of the Basic Text of Narcotics Anonymous.
- C** (Closed) This meeting is closed to non-addicts. You should attend only if you believe that you may have a problem with substance abuse.
- CL** (Candlelight) This meeting is held by candlelight.
- CP** (Concepts) This meeting is focused on discussion of the twelve concepts of NA.
- D** (Discussion) This meeting invites participation by all attendees.
- IW** (It Works -How and Why) This meeting is focused on discussion of the It Works -How and Why text.
- JT** (Just for Today) This meeting is focused on discussion of the Just For Today text.
- LC** (Living Clean) This is a discussion of the NA book Living Clean -The Journey Continues.
- M** (Men) This meeting is meant to be attended by men only.
- O** (Open) This meeting is open to addicts and non-addicts alike. All are welcome.
- RF** (Rotating Format) This meeting has a format that changes for each meeting.
- St** (Step) This meeting is focused on discussion of the Twelve Steps of NA.
- Tr** (Tradition) This meeting is focused on discussion of the Twelve Traditions of NA.
- VM** (Virtual Meeting) Meets Virtually

We Do Recover

When at the end of the road we find that we can no longer function as a human being, either with or without drugs, we all face the same dilemma. What is there left to do? There seems to be this alternative: either go on as best we can to the bitter ends—jails, institutions or death—or find a new way to live. In years gone by, very few addicts ever had this last choice. Those who are addicted today are more fortunate. For the first time in man's entire history, a simple way has been proving itself in the lives of many addicts. It is available to us all. This is a simple spiritual—not religious—program, known as Narcotics Anonymous.

Reprinted from the White Booklet, Narcotics Anonymous.
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Area Service Committee Meeting

We meet the 2nd Saturday of every month in rotating cities in our area.

Contact help@p0a.d8e.myftpupload.com for more info.

PHONE NUMBERS



WYO-BRASKA MEETING LIST NOVEMBER 2023

Wyo-Braska Area Service Committee of Narcotics Anonymous
PO Box 4263
Cheyenne, Wyoming 82003
www.wyo-braskana.org

The Wyo-Braska Area serves the Southeastern Corner of Wyoming and the Nebraska Panhandle.

KEEP COMING BACK. IT WORKS

Meetings Weekly: 35

What is our message?

The message is that an addict, any addict, can stop using drugs, lose the desire to use, and find a new way to live. Our message is hope and the promise of freedom.